



The Triangle

Auxiliary of the Fleet Reserve Association

June 2026

2025-2026

National President

Kelly M Pena
408-642-7722
Penakelly66@gmail.com

National Vice President

Laurie A Starkey
856-294-1282
lafrastarkey@outlook.com

National Executive Secretary

PNP Doris C Fri
816-878-1720
doriscfri@gmail.com

National Financial Secretary

PNP Pat Suckow
843-452-4719
lafranfspat@gmail.com

National Treasurer

Sharon Lippitt
908-507-0345
lafrasharonlippitt@gmail.com

Jr Past National President

Veralyn Thomas
904-507-0345
Nplafra2023.24@aol.com

National Chaplain

Eimile Jordan
410-533-7848
eimilehasfuntimes@gmail.com

National Parliamentarian

PNP Helen Courneya
775-882-9201
vpc-hac-patches@att.net

National Sgt-at-Arms

Diane Mendoza
408-605-7915
dianevmendoza@att.net

For Membership & Supplies

Contact NFS
PO Box 706
Goose Creek SC 29445



From the desk of the National President

Dear Auxiliary Members,

As we embrace the arrival of summer, I hope you are relishing the delightful warmth as much as I am. This month presents us with the opportunity to honor several significant occasions. On June 6, we honor the courage and sacrifice of service members during D-Day in World War II, followed by Flag Day on June 14, a moment for Americans to reflect on the ideals of our nation's freedom. On June 21, which is Father's Day, is a moment to recognize the invaluable contributions fathers make in the lives of their children.

In the coming months, I will be traveling extensively across various regions and units. I recently had the profound honor visiting Arlington National Cemetery for the annual Pilgrimage, which this year coincided with the FRA mid-year business meeting. It was a privilege to engage with shipmates during the visit to Capitol Hill, an experience that truly touched my heart. I extend my heartfelt gratitude to everyone who participated, especially to those who attended my National President's Tea. A special thank you goes to PNP Diane Hoover, PRPEC Loretta Jordan, and RPEC Virginia Jordan for their unwavering time and efforts in making this event a resounding success. I am deeply appreciative of all your support.

I also had the honor of installing the incoming offices of Unit 261 in Lemoore, California and Unit 287 in Livermore, California. The hospitality by both units was truly delightful. Additionally, I was privileged to attend the Memorial Day ceremony at Arlington National Cemetery with FRA National President Richard Fetro. This month, I am eagerly anticipating my visit to Carson, California for the installation of Unit 302.

ATTENTION ALL MEMBERS! We are currently seeking candidates for the positions of National Financial Secretary and National Vice President. If you are interested, please submit a resolution so the units can discuss the qualifications prior to National Convention in Las Vegas, Nevada. While nominations can be made from the floor, we strongly encourage submitting resolutions beforehand to streamline the process and allow the units to know the qualifications.

As we navigate through June, I want to remind everyone that the unit elections should be completed and installations scheduled promptly. Please ensure that the Unit Officer Information form is filed out and submitted

CONTINUED: without delay; this form is a fillable form available on our website. Congratulations to all newly elected and installed unit officers! Thank you to those who continue to serve and those stepping into leadership roles for the first time. Your commitment to the Auxiliary is both invaluable and essential for the vitality of our association.

Please be mindful that the deadline for the chaplain reports is approaching, so be sure to submit them to your regional chaplain soon. Additionally, Unit reports should be directed to your regional Unit Report committee. Share the wonderful initiatives your units are undertaking!

Regional conventions are on the horizon, and I strongly encourage your participation. These gatherings provide an excellent opportunity to gain insights and reconnect with friends. The committees that plan these put a lot of effort and time in them and the Regional Officers need the support and attendance from many. I am looking forward to attending several regional conventions and rekindling those connections. Keep an eye out for the regional and national delegate forms, which will be distributed shortly by your regional president. Ensure these forms are completed accurately to validate your participation. I no unit members can attend the conventions, please submit proxy letters to your proxies listed.

For those Units proposing a resolution for an honorary member, please remember that it is due 120 days prior to the National Convention. Kindly submit these resolutions to the Honorary Chairman Mary Archer of Unit 59. Her contact information is maryarcher@bresnan.net or 942 Sun Valley Drive, Cheyenne, WY 82001.

I would like to express my sincere appreciation to all who have contributed to the National President's Project, "Stop Soldier Suicide." If you wish to support this vital initiative, your donations would be immensely appreciated. Please make checks payable to Auxiliary of FRA and mail them to Auxiliary of FRA, attention NFS, PO Box 706, Goose Creek, SC 29445, with "NP Project" noted in the memo line.

In closing, I extend my thoughts and prayers to our members and families facing illness or mourning the loss of a loved one. I wish the absolute best to all celebrating birthdays, anniversaries, or any special occasions—may you enjoy many more joyous celebrations in the future!

In Loyalty, Protection, & Service,
Kelly Marie Pena
National President
Auxiliary of the Fleet Reserve Association

Donations

NP Scholarship

Unit 137, Gail Johnson, Unit 162, in memory of PNP Sandra Sweeney, and PNP Arlene Hemingway, Unit 161

Auxiliary Scholarship

Unit 137, 22

Pilgrimage

Members at Pilgrimage
Unit 137, 59, 41, 302,
290, 162

NP Project 24-25

NP Project 25-26

Frances Niczewicz Unit 289
Branch 13, 57, 14
PNP Gail Johnson
Unit 162, 22, 161,

Welfare

PNP Helen Courneya in memory
of Beverly Shaffer, and PNP
Sandra Sweeney

ALL donations **SHALL** be sent to the NFS, PO Box 706, Goose Creek SC 29445. Checks/Money orders made **payable** to the **Auxiliary of the FRA**. Please write in the memo section what the donation is for. Just a reminder of the **NP Project 2025-2026** is "Stop Soldier Suicide".

Membership Stats as of May 31, 2026







As of 4/1/26

As of 5/31/2026

MEMBERS	REI	NEW	TI	TO	RES	NP	DEC	INE	OTHER	ACTIVE MEMBERS
4227	15	39	1	1	0	47	6	0	0	4228

REI – Reinstated TI – Transfer in TO – Transfer Out RES – Resigned NP – Non-Payment
 DEC – Deceased INE – Ineligible

In Loving Memory of our Departed Members

 NATIONAL PRESIDENTS	 ALL OTHER NATIONAL OFFICERS/REGIONAL PRESIDENTS	 MEMBERS
 Margaret Mullen Unit 31	 PRPNW Sharon Holloway Unit 59	 Heidei Muller Unit 50

CANDIDATES FOR OFFICE 2026

NATIONAL PRESIDENT 2026-2027	NVP Laurie A Starkey Unit 31
NATIONAL VICE PRESIDENT 2026-2027	OPEN
NATIONAL FINANCIAL SECRETARY 2026-2029	OPEN
REGIONAL PRESIDENT (HEARTLAND REGION) 2026-2027	RPHL Joseph Neal Unit 162
REGIONAL VICE PRESIDENT (HEARTLAND REGION 26-27	RVPHL Deborah Baker Unit 161



PICTURES

If your Unit is doing Installations, Presentations, or other special events, send us a couple of pictures to be posted in the Triangle. 1 or 2 would be great. 1. **WHO** (is in the picture) **WHAT** (the Event is) **WHERE** (the event is being held). You may email them to me at doriscfri@gmail.com.



From the desk of the National Parliamentarian Helen Courneya

Auxiliary Members,

With four months left of this association year I found it incredibly discouraging that not one resolution has been submitted either for National positions or resolutions to correct the Constitution and Bylaws.

Article 6 Nominations Section 609 (a) All candidates for elective office in the Auxiliary shall be members in "Good Standing."

Article 6 Section 609 (b) Units may nominate or endorse the nominations of an eligible member for a national office.

Article 6 Section 609 (e) Nominations for an office may be made from the floor by any accredited delegate provided the nominee is present, or written permission for the nomination is in the hand of the National President.

There seems to be a widespread belief that resolutions do not need to be submitted in advance and can instead be introduced from the floor. But how can candidates seek office if their qualifications for the positions they hope to hold have not been shared?

Why is this important? Members must read, understand, and follow the Constitution and Bylaws. They should avoid making statements based on assumptions rather than what is required.

What is the Auxiliary's purpose? It is grounded in the values of being nonprofit, nonpartisan, and nonsectarian. However, I have heard concerns from some members that the Auxiliary may be overlooking these principles. If members see this as a concern, we need to hold a roundtable discussion to hear their perspectives, address the issues, and ensure everyone feels comfortable speaking up.

As the Auxiliary moves forward, members should avoid speaking negatively about one another without understanding the issues. Instead, we need to express concerns respectfully and appropriately. If you need to speak out, do so in a constructive way.

In Loyalty, Protection, and Service,

Helen A Courneya PNP
National Parliamentarian

ANNUAL REPORTS

REMEMBER! Annual Conventions, Regional & National, are approaching rapidly. All the Report forms are on the Website. **National Officers, Committee Reports, Unit Chaplain, Generic Regional Delegate Form, National Delegate Form, Regional President & Vice President Reports, Regional & National Chaplain's Report etc.** **NOTE!** If you do not see the report, you need in the Forms Section, **BE AWARE** There are two layers of forms, if you do not see the Report you need "Click On" **NBOD ANNUAL REPORT FORMS** at the top of the right-hand column. Be sure you download the form to **your computer, and save it, before you attempt to fill it out, save it, and print it.** **DON'T FORGET** ALL forms require the signature of the President and Secretary. Forms received without the proper signatures **will be returned.**

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COMING EVENTS

Southeast Regional Convention: July 27-July 31, 2026, Marriot, 589 Carl Vinson Parkway, Warner Robbins GA. Contact Bill Thornton billmail101@gmail.com

Heartland Regional Convention: August 23-27, 2026, University Plaza Hotel & Convention Center, 333 S John Hammons Pky, Springfield MO 65806 – 417-864-7333. Contact Chuck Ewy, Branch 316, cmewy@sbcglobal.net.

East Coast Regional Convention: July 23-July 26, 2026, Hilton Garden Inn, 4050 Cox Road, Glen Allen VA – 757-633-5994/757-439-6135. Contact Paul Phelps – paulphelps57@gmail.com or Christina Murray – christinamurray.lafra@gmail.com.

Northwest Regional Convention: August 6 – August 9, 2026. Baymont by Wyndham, 5640 Kitsap Way, Bremerton WA. More to TBA – Contact Robert Bean rpnw@fra.org.

West Coast Regional Convention: July 27 – July 28, 2026, Rolling Hills Casino & Resort, 2655 Everest Freeman Way, Corning CA. Contact RP Ed Labao labaoe@yahoo.com.

Northeast/New England Regional Convention: August 17- August 18, 2026, Municipal Building, 295 Meridian Street, Groton CT. Contact Joyce Harris RPNENENG@FRA.org.

FRA/Auxiliary of the FRA, National Convention: September 29 – October 2, 2026. Orleans Hotel & Casino, 4500 W Tropicana Avenue, Las Vegas NV. Contact Ed Labao labaoe@yahoo.com or Mick Fulton cmcusnret@gmail.com

THANK YOU FOR YOUR SERVICE



May 16, 2026
Armed Forces Day
Is for those still in
Uniform.



November 11, 2026
Veterans Day
is for those who
Hung up their
Uniform.



May 25, 2026
Memorial Day
is for those who
never made it
out of their Uniform.

THE LAND OF THE FREE, BECAUSE OF THE BRAVE



AUXILIARY of the FLEET RESERVE ASSOCIATION
NATIONAL VICE PRESIDENT 2026-2027

ANNAPOLIS UNIT 024

NOMINATION RESOLUTION

Whereas, it will be the duty and responsibility of the delegates assembled at the 93rd National Convention of the Auxiliary of the Fleet Reserve Association, to elect a dedicated, experienced and qualified member to serve in the office of National Vice President for the Association year 2026-2027; and

Whereas, the assembled delegates realize that the member elected must possess the leadership, integrity, knowledge and dedication and its prerequisites of Loyalty, Protection, and Service to fellow Auxiliary members, their families, and the Fleet Reserve Association; and

Whereas, Annapolis Unit 024 has within its membership a member, Junior Past Unit President Stephen Toulotte who possesses these traits, who is qualified and who has consistently dedicated himself as a member of the FRA with 13 years of continuous service at Annapolis Unit 024; and

Whereas, during his tenure at Annapolis Unit 024, he has served consecutive terms as Unit President and multiple years on the Board of Directors. Serving as the Auxiliary Liaison to Branch 024 and the Club Board of Governors, he assisted in many matters pertaining to rebuilding and strengthening the connections between the 3 entities; and


Whereas, on a Regional level he served as the Central Liaison Committee Vice Chairman, attended numerous Mid-Year and Regional Conventions including acting as Credentials Chairman and regional essay contest judge; and


Whereas, on the National level he has worked on the Tally committee, Audit committee and Constitution & Bylaws committee. At this years Pilgrimage he acted as a member of the Color Guard and attended the shipmates "Storm the Capitol" legislative lobbying effort in support of multiple bills that address our veterans needs visiting 7 Congressman's offices and 2 Senator's offices; and

Whereas, he spent 40+ years as an Assistant Service Manager (primarily with Toyota) achieving Master level in 1994 and held that honor until his retirement in 2020, he also received multiple achievement awards and attended numerous continuing education training schools ; be it

Resolved that Annapolis Unit 024 at a regularly scheduled meeting on May 5th, 2026, with a quorum being present, with great pride and pleasure, did vote to place the name of Stephen Toulotte in nomination for the Office of National Vice President, Auxiliary of the Fleet Reserve Association for the Association year 2026-2027; and be it further

Resolved, that Annapolis Unit 024 sincerely solicits the support and endorsement of each Unit of the Auxiliary for the candidacy of Stephen Toulotte for the office National Vice President for the Association year 2026-2027.


Mary Spare
President, Annapolis Unit 024


Cindy Leaper
Secretary, Annapolis Unit 024

AUXILIARY of THE FLEET RESERVE ASSOCIATION
REGIONAL DELEGATE SHEET

The following members have been elected to represent:

UNIT NUMBER: _____ CITY & STATE: _____

UNIT NAME: _____ REGION: _____

of the Auxiliary of the Fleet Reserve Association at the _____ Regional Convention to be held _____ at the _____

DELEGATES

ALTERNATE DELEGATES

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

If a delegate is not elected, or if none of the above are in attendance, the following Proxy (or Alternate Proxy) is authorized to represent this Unit.

PROXY

ALTERNATE PROXY

_____ UNIT _____ _____ UNIT _____

PROXY/ALTERNATE PROXY is INSTRUCTED

UNINSTRUCTED

We, the undersigned, do hereby attest that the members of our Unit at a regularly stated meeting, a quorum being present, DID , DID NOT approve and grant the chairman of the Unit's Convention Delegation, the authority to add the name of any member in good standing of this Unit present at the Regional Convention to the above Delegate List, up to the authorized voting strength.

SIGNATURE OF PRESIDENT

SIGNATURE OF SECRETARY

PRINTED NAME OF PRESIDENT

PRINTED NAME OF SECRETARY

RETAIN ONE COPY FOR UNIT FILE, ONE COPY MUST REACH THE FOLLOWING 20 DAYS PRIOR TO THE CONVENING OF REGIONAL CONVENTION.

REGIONAL PRESIDENT

CONVENTION CHAIRMAN

CREDENTIALS CHAIRMAN

UNIT NUMBER _____

AUTHORIZED VOTES AS OF 3/31/_____
Per NFS Voting strength

Votes

DORIS C FRI NES
139 W PEORIA ST APT 202
PAOLA KS 66071-1443

AUXILIARY OF THE FRA
TRIANGLE

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RETURN SERVICE REQUESTED



REPORT OF CHANGE OF ADDRESS AND/OR E-MAIL ADDRESS FOR THE TRIANGLE

Everyone is invited to transfer their paper Triangle to an email Triangle. Please return the form below, with your email address to NES Doris Fri, 139 West Peoria St Apt 202, Paola KS 66071-1443, or send an email to doriscfri@gmail.com.

DATE: _____ MEMBER NO. _____

NAME: _____

OLD E-MAIL ADDRESS: _____

NEW E-MAIL ADDRESS: _____

OLD ADDRESS: STREET _____

CITY, STATE, ZIP _____

NEW ADDRESS: STREET _____

CITY, STATE, ZIP _____

MAIL TO: NES Doris Fri, 139 W Peoria St. Apt 202, Paola, KS 66071-1443. Remember to also notify NFS Pat Suckow, of any change of address: Auxiliary of the FRA, PO Box 706, Goose Creek SC 29445