

TRIANGLE

Ladies Auxiliary of the Fleet Reserve Association

dba Auxiliary of the Fleet Reserve Association
May 2024



2023-2024 National Officers and Appointees

National President Veralyn Thomas 904.495.4363 nplafra2023.24@aol.com

National Financial Secretary Pat Suckow 843.452.4719 lafranfspat@gmail.com

National Chaplain Julia Fogel 931.787.7110 honda1girl@gmail.com National Vice President Kelly Peña 408.642.7722 penakelly66@gmail.com

National Treasurer Carolyn Whitaker 386.447.5420

ntcarolynw@yahoo.com

Website la-fra.org

National Executive Secretary Laurie Starkey 856.294.1282

lafrastarkey@outlook.com

Jr Past National President Nadine Fulton 619.200.7706

LAFRANPFulton@gmail.com

National Parliamentarian Sandra Robbins 904.269.2136 slgr@bellsouth.net

Mail membership applications or dues payments to: LA FRA - NFS, POB 706, Goose Creek SC 29445 Questions and Comments call 843-452-4719 Contact NES Laurie Starkey if you need addresses of any national officer.



From the Desk of the National President

Welcome to May! Two-thirds into Spring and Summer is already waiting for its turn in the rotation of weather. For me, it is hard to fathom that we are in May already. I appreciate watching the birds and the flowers. The difficult part is trying to figure out where the earlier portion of the year went. The LA FRA has also passed the two-thirds mark into the Association year; this year it ends during November. This month has several military related special days, Armed Forces Day - honoring the men and women of our Armed Forces, who are keeping the United States of America strong, and are trying to maintain peace. Memorial Day - to remember those who have fallen, those who have served, fought, and given their lives to safeguard our great democracy.

By the end of this month most, if not all, unit elections should be done, now is the time to make sure that the Unit's annual reports are sent to the regional president or the proper regional chairman. It is time to send in the Unit Officer Information form to the NES, NFS, NT, and your regional president. Please send in your report, Unit Officer Information, as soon as your elections are held. This is a very important form, the NES uses the information for the Unit Officers and Chaplains Roster, the NFS updates the membership records, and the NT uses the information for sending the PCT. Remember these forms are signed by the outgoing or re-elected Unit President and Secretary. The NES has sent to the units the annual report forms, each committee chairman completes the ones for the area that the committee worked on, after obtaining the needed signatures the Unit Secretary sends them to the proper person(s). Remember that the reports are due 15 days prior to the convening of your regional convention. If the Unit has not received these report forms by the end of June, they should contact their Regional President. They are available on the LA FRA website. They may be printed or downloaded to your computer.

The Office of National Treasurer is presently in the last year of its three-year term and will be up for election at the National Convention in November 2024. If you are interested in running for this office, check the C&BL Section 810 (a)-(m) for the Duties of this office.

Continued on Page 2

Continued from Page 1

Thank you, to all that have donated to the National President's Project the Gary Sinise Foundation. When our heroes or their loved ones experience dark times, we seek to provide support and hope. Lending a hand in a difficult moment can change the course of an entire life. One hundred per cent of a donation will be applied to the sub-program called **H.O.P.E.** - Heal, Overcome, Persevere & Excel.

Whatever may have happened in my corner of life, I hope that your corner finds you doing well and enjoying what life has to offer you. Wake up seize the day go to bed . . . repeat. Prayers to those members who are ill or have lost a loved one. To those members celebrating a special occasion, I wish you enough celebrating for the occasion to become a happy memory. Have a great day. May those with bird feeders have their repeat diners return. Until next month.

I remain yours in Loyalty, Protection and Service, Veralyn Thomas, LA FRA National President

In Loving Memory of Our Departed Members										
	National Presidents		Other National/Regional Officers		Members					
	PRPNC Carol Pester Unit 161 Edna Lampkin Unit 161	3	Laura Yates, Charter Member Unit 24 Rhode Amunsis Unit 170		Mae Belle Balkcom Unit 40					

Donalions						
Pilgrimage:	Unit 60, Unit 161, Unit 269, Unit 183, and Unit 59					
LA FRA Scholarship:	Unit 60, Unit 161, and Unit 137					
National President Project:	Unit 60, Claude Sutton, Unit 126, PNP Bea Parco, Unit 161, Margaret Smith, Interlachen Unit 183, Unit 137, Sarah Galante (memory of Bernard Galant), Unit 22, Cherryl Braun, and Jean Holt					
National Scholarship:	Unit 137 and Unit 22					

May 2024 Kolidays						
May 1	Silver Star Banner Day					
May 5	Cinco de Mayo					
May 10	Military Spouse Appreciation Day					
May 12	Mother's Day					
May 13	Children of Fallen Patriots Day					
May 18	Armed Forces Day					
May 27	Memorial Day					
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From the Desk of the Regional President South Central

Hello auxiliary members! I am excited to be holding the RPSC Office for another year. This has begun as a trying year as we have lost Unit Officers due to death or resignation and we continue to try to put the Units back in working order. The South Central Units for the most part are all small Units, but they still manage to find numerous kinds of good deeds to do. Many members work with VA Hospitals and Clinics, they assist the elderly with shopping and taking them to medical appointments. Some Unit members work with the Patriot Guard Riders and attend funerals holding flags in honor of the deceased military families.

In South Texas, our community holds a weekly Veteran's Round Table for the veterans and their families. During these meetings there are many training sessions where local Community leaders, non-profit groups, and elected officials and VA representatives come out and pass along ongoings within the community. Check with your elected officials and see if your area has any of this available to you. There is also a weekly Veterans Radio talk show where they interview various veterans regarding their tours of duty and questioning what they are doing to assist other veterans in their community. Call local officials and find out what is available.

Yours in Loyalty, Protection & Service, Gini C. Larson, RPSC, PNP

	Regional Membership Stats as of 3/31/2024										
REGION	Members as of 4/1/2023	REI	NEW	TI	ТО	RES	NP	DEC	INE	Other	Active Members Total as of 3/31/2024
NE/NEng	122	6	18	16	0	0	24	1	0	0	137
EC	1592	43	134	5	2	1	212	13	4	0	1542
SE	991	55	96	2	2	1	230	19	0	0	892
NC	128	2	7	0	0	0	13	3	0	0	121
SC	222	15	25	3	0	0	53	2	0	0	210
NW	368	31	67	7	0	0	86	4	1	0	382
WC	324	15	29	2	0	0	37	7	1	0	325
SW	677	33	25	4	1	0	108	16	0	0	614
REI - Reinstated		TO - Transfer Out			NP - Non-Payment				INE - Ine	ligible	
TI - Transfer In			RES	- Resign	ed	D	EC - Dece	ased			

LADIES AUXILIARY OF THE FLEET RESERVE ASSOCIATION NATIONAL VICE PRESIDENT 2024-2025

Mark A. Kilgore UNIT 22

NOMINATING RESOLUTION

Whereas, It is the duty and responsibility of the delegates assembled at the 91st National Convention of the Ladies Auxiliary of the Fleet Reserve Association, to be held November 11-16, 2024, in Annapolis, Maryland to elect one of its outstanding members who is knowledgeable, dedicated and qualified to serve in the office of National Vice President for the association year 2024-2025; and

Whereas, It will be the duty and responsibility of the delegates assembled to elect a member who continues to demonstrate leadership, integrity, knowledge, and dedication to the three cardinal principles of Loyalty, Protection and Service to her fellow members, their families and to the Fleet Reserve Association; and

Whereas, Mark A. Kilgore Unit 22, Pensacola Florida has within its membership a member, Ronalee S. Klase, who has demonstrated all the required qualifications as well as showed dedication and willingness to be of service to the Ladies Auxiliary of the Fleet Reserve Association by practicing the three cardinal principles: and

Whereas, she joined the Ladies Auxiliary of the Fleet Reserve Association in 1993 and has served as Unit Treasurer four (4) terms and Unit Vice President three (3) term and Unit President seven (7) terms of Sunshine Unit 102 and has served as Unit President and was on the Board of Directors for Suncoast Unit 291. She has served as Activities Chairman, Publicity Chairman, Youth Activities Chairman, and was co-chair for the 2002 Florida Council Meeting, and has served as National Treasurer and

Whereas, On the regional level she has served as Regional President 2003-2004, and 2021-2024 and Vice President 2002-2003. She has attended thirty (30) Regional Conventions, twenty-nine (29) mid-years, several Florida Council Meetings, several Georgia/South Carolina council meetings and several Alabama/Tennessee Council meetings she has served the region on numerous committees and

Whereas, on a national level she has served on the National Financial Secretary audit committee, Tally, Registration, Youth Activities, President's Report, Hospital and Welfare, Publicity, Budget and Finance, Credentials, Constitution and By-Laws

Whereas, she worked for twenty-eight (28) years as a printer for St. Petersburg College, where she was responsible for billing, accounting, inventory of materials and accountability of department expenses and is now retired. She also has a part-time position with eighteen (18) years of experience in the bail bond business, as a licensed agent, completing insurance contracts with knowledge of contractual laws.

Therefore, be it resolved, that Mark A. Kilgore Unit 22, at a regular business meeting held on 20 January 2024, a quorum being present, by unanimous vote to place in nomination the name of Ronalee S. Klase for the office of National Vice President of the Auxiliary of the Fleet Reserve Association for the association year 2024-2025; and

Resolved, that the members of Mark A. Kilgore Unit 22 do earnestly solicit the endorsement and support of each unit in the Auxiliary for the candidacy of Ronalee S. Klase for the office of National Vice President for the association year 2024-2025.

Primitiva P. Kilgore, President

Shirley J. Rice, Secretary



Frances Kay in middle with her guests at Unit 287 Annual Cornhole Tournament on March 16, 2024.



First place tournament winners - Unit member Dave Orsburn and his team member Noel Black holding their trophies at Unit 287 2nd annual Corn Hole Tournament Fundraiser.



New member Kim Blanchette with branch member Rich and Unit member Terry Council at Unit 287 Annual Cornhole Tournament on March 16, 2024



LA FRA Members at the NE/NEng Mid Year Meeting on March 23, 2024. L-R: Cindy Rodham-Tuck, RPNE/NEng, PNP, Laurie Starkey, NES, Kelly Peña, NVP and Sharon Lippett, Unit 124 President

Reminder of Pilgrimage Donation

Pursuant to C&BL Section 815(c), each Unit is privileged to send five dollars each year, prior to the 25th of April, to the National Financial Secretary, as a contribution to the Pilgrimage fund. The monies donated help to defray the cost of the Annual Pilgrimage.

Please forward this payment made payable to "LA FRA" to NFS Pat Suckow, PNP.



Our flag does not fly because the wind moves it. it flies with the last breath of each soldier who died protecting it. – Unknown

NATIONAL FINANCIAL SECRETARY Jan-March REPORT 2nd QT 2024

	KEPU	KI ZNA QI		2024
INCOME	Jan	Feb	March	2nd Qt
PCT Members (2500x\$12.50)	\$2,550.00	\$2,375.00	\$2,725.00	\$7,650.00
PCT Members At Large (150x\$25)	\$375.00	\$350.00	\$425.00	\$1,150.00
Paid in Advance Unit Members	\$1,312.50	\$1,337.50	\$1,512.50	\$4,162.50
Paid Advance MAL				\$0.00
PCT DUES PI	\$100.00	\$275.00		\$375.00
Resale Items	\$60.00	\$50.00	\$97.50	\$207.50
TRIANGLE	\$10.00			\$10.00
Convention Minutes				\$0.00
Pilgrimage Donations		\$50.00	\$105.00	\$155.00
Return Funds from Pilgrimage Allowance				\$0.00
Return of Working Funds (NES-2023-2025)	\$1500			\$0.00
Return of Working Fund (NT-2022-2024) \$2	200			\$0.00
Return of Working Fund (NFS-2021-2023) \$	1000			\$0.00
General Fund Donations				\$0.00
Interest General Fund #6022	\$0.13	\$0.10	\$0.09	\$0.32
GF/PCT RECEIPTS SUBTOTAL	\$4,407.63	\$4,437.60	\$4,865.09	\$13,710.32
				1
Income Special Funds and Savings Receipts				
NP Project 2023-24 Donations	\$300.00	\$175.00	\$425.00	\$900.00
NP Scholarship #1740			\$50.00	\$50.00
LA FRA Scholarship Fund #1757			\$100.00	\$100.00
Welfare #3567	\$829.20			\$829.20
INT NP Project #1732	\$15.25	\$14.38	\$0.00	\$29.63
INT NP Scholar #1740	\$14.94	\$14.91	\$13.96	\$43.81
INT LA FRA Scholar #1757	\$15.52	\$15.49	\$14.50	\$45.51
INT Welfare/Rehab #3567	\$11.83	\$11.96	\$11.75	\$35.54
INT Escrow Savings #1724	\$0.89	\$0.95	\$0.95	\$2.79
INT PCT Advance Savings #2866	\$28.19	\$29.46	\$28.17	\$85.82
INT NFCU CD #3307	\$92.62	\$98.96	\$95.35	\$286.93
INT NFCU CD #3309	\$12.59	\$12.77	\$12.30	\$37.66
INT NFCU CD #3312	\$73.01	\$89.41	\$83.93	\$246.35
INT NFCU CD #3313	\$94.35	\$94.45	\$88.66	\$277.46
INT NFCU CD #3314	\$108.20	\$108.36	\$101.76	\$318.32
FUNDS & SAVINGS RECEIPTS	\$1,596.59	\$666.10	\$1,026.33	\$3,289.02
	. ,	•	, -,	+0,20002
TOTAL RECEIPTS	\$6,004.22	\$5,103.70	\$5,891.42	\$16,999.34
EXPENSES				
NATIONAL PRESIDENT				
Allowance (for add'l travel)	\$500.00	\$500.00	\$500.00	\$1,500.00

Postage/Supplies/Printing				
Travel Pilgrimage				
Allowance Pilgrimage (2 days @ 75.00) SR14				
Travel National Convention .21 mile up to \$				
Allowance National Convention (6 days @ 7	′5.00)			
National President's Gift				44 700 00
Total	\$500.00	\$500.00	\$500.00	\$1,500.00
<u> </u>				
NATIONAL VICE PRESIDENT				
Allowance (For add'l travel)				
Postage/Supplies/Printing				
Travel National Convention .21 mile up to	500.			
Allowance National Convention (6 days @				
National Vice President's Membership recr	uiting awards			
Membership Awards SR4				
Total				\$0.00
*				
NATIONAL EXECUTIVE SECRETARY				
Allowance (For add'l travel)	\$300.00	\$300.00	\$300.00	\$900.00
Supplies/Printing/Postage		\$7.99	\$80.44	88.43
TRIANGLE Printing	\$179.98	\$165.48		\$345.46
TRIANGLE First Class Postage				
TRIANGLE Postage (Bulk Mail)	\$44.55	\$44.95	\$44.95	\$134.45
TRIANGLE Return Mail				
Bulk Mail Renewal (Permit)				
Travel National Convention .21 mile up to	\$500.			
Allowance National Convention (6 days @				
Working Fund (2022-2025) (\$1500)				
Total	\$524.53	\$518.42	\$425.39	\$1,468.34
NATIONAL FINANCIAL SECRETARY				
Allowance (for add'l travel)	\$300.00	\$300.00	\$300.00	\$900.00
Postage/Supplies/Printing (PSP)	\$346.68	\$591.81	\$254.09	\$1,192.58
Resale Postage	\$10.50	\$10.40		\$20.90
Retail Purchase		\$391.49		\$391.49
Resale Items to include 50 year pins				
Return Mail postage				
Bulk Mail postage	\$106.03	\$140.87	\$109.28	\$356.18
Bulk Mail Renewal				
Software Support	\$12.50	\$12.50	\$12.50	\$37.50
Post Office Box -12 Month Rental Large Bo	ох			\$0.00
Travel National Convention .21 mile up to				
Allowance National Convention (6 days @				

History Book update (every 5 years) due 20	026	T		
Membership Plaque/ Engraving SR23F				
NFS Working Fund \$1000 (2023-26)				
Total	\$775.71	\$1,447.07	\$675.87	\$2,898.65
Total	9773.71	91,447.07	3073.07	72,030.03
NATIONAL TREASURER				
Allowance (for add'l travel)	\$300.00	\$300.00	\$300.00	\$900.00
Postage/Supplies/Printing		\$243.66		243.66
Travel National Convention .21 mile up to	\$500.			
Allowance National Convention (6 Days@7	75)			
Bank Fees				
Working Fund \$200 (2021-2024)				
Total	\$300.00	\$543.66	\$300.00	\$1,143.66
REGIONAL PRESIDENTS				
\$400 per Regional President@ Post Board.	\$69.95			\$69.95
Balance awarded by NP based on work p	erformance			
All Regional Presidents will be allowed \$12	20 P/S/P x8			
Allowance for National Convention (\$75@	6 days) x8			
Travel National Convention .21 mile up to	\$500.			
Total	\$69.95			\$69.95
JR. PAST NATIONAL PRESIDENT				
Postage/Supplies/Proofing Convention Mi	nutes			
Travel National Convention .21 mile up to	\$500.			
or a Coach Airline Ticket up to \$500.00 inc	luding 1 bag			
Allowance National Convention (6 Days@7	75.00)			
Total				
NATIONAL PARLIAMENTARIAN				
Postage/Supplies/Printing				
Travel National Convention .21 mile up to	\$500.			
Allowance National Convention (6 Days @	75.00)			4
Total				
NATIONAL CHAPLAIN				
n /o !: /n : .:				
Postage/Supplies/Printing			i	
Postage/Supplies/Printing Travel National Convention .21 mile up to	\$500			
Travel National Convention .21 mile up to				
Travel National Convention .21 mile up to Allowance National Convention (6 days @				

Total				
VAVS				
VAVS National Conference Fee NBR3				
Postage/Supplies/Printing				
VAVS Travel .21 mile up to \$500 or a Coach		t NBR 3		
Hotel @ VAVS National Convention (4 days	s@150.00)			
Total				
PILGRIMAGE CHAIRMAN				
Bus/Programs/Printing/National President	ts Tea			
Wreath (2)				
Total				
CONTRACTS/EQUIPMENT PURCHASE				
Contracts				
Equipment Purchase				
Total				-
DONATIONS			4	
Ad for 100th year FRA convention journal	full page			,
Total				
FLOWERS (up to \$25.00)				
III National Officers				
Memorials (Current FRA/LAFRA NO's, Spot	uses & PNP)			
Total				
INCURANCE				
INSURANCE	<u> </u>			
Fidelity Bond (3 year policy (2022-25) pd y				
Accidental Death (3 year policy 2022-25) p	d yearly			
Total				
NATIONAL MEDIAACTED				
NATIONAL WEBMASTER				
GoDaddy Website (3 years billed to Doris F	ri due 2024)	г		
Software Support				
Total				
OTHER EVRENDITURES				
OTHER EXPENDITURES				
National Budget and Finance Committee				
National Constitution and Bylaw Committe	e			
Legal Services				
Pennsylvania Corporation Fee				
Shipping National Officers Equipment	L			

SR 14 F unforeseen travel	34 - 4,500 mm 21				
Total					
[7 (m)		
NATIONAL CONVENTION					
Printing/Supplies/Shipping					
Convention Minutes/Postage/Printing		\$57.81	\$17.05		
Flowers Memorial Service/Memorial Triang	le Board				
National Officers Pins					
Total				\$0.00	
Total expenses	\$2,170.19	\$3,066.96	\$1,918.31	\$7,155.46	
THIS IS TO CERTIFY THAT THE BOOKS OF THE NA	ATIONAL FINA	NCIAL SECRETA	RY WERE AU	DITED,	
AND FOUND TO BE IN ORDER AND ALL MONIES	ACCOUNTED	31-Mar-24			
*					
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mally Hay 4-6-24		(Ucex	Me		24
NFS Audit ChairmanDate		NFS Audit Co	mmittee	Date	•
Marilyn Tharp-Unit 269		Cacey Anders	onUnit 269)	
`			7 1		
Patercea a chice		Vale	Sliesto	w Ho-	24
NFS Audit CommitteeDate 4-6-24		National Fina	ncial Secreta	aryDate	1
Trish Clinton Unit 269		Pat Suckow, I	PNPUnit 26	9	

NATIONAL TREASURER 2ND QTR REPORT 2023-2024

RECEIPTS & DIS	BURSEMENTS		JAN		FEB		MAR	Т	OTAL
RECEIPTS GENERAL FUN	D								
PCT Dues - Unit Members		\$	2,550.00	\$	2,375.00	\$	2,725.00	\$	7,650.00
PCT Dues - MAL		\$	375.00	\$	350.00	\$	425.00	\$	1,150.00
PCT Dues - Pl		\$	100.00	\$	275.00			\$	375.00
Retail Sales		\$	60.00	\$	50.00	\$	97.50	\$	207.50
Convention Minutes								\$	-
Triangle		\$	10.00					\$	10.00
Pilgrimage		•		\$	50.00	\$	105.00	\$	155.00
INT General Fund #6022		\$	0.13	\$	0.10	\$	0.09	\$	0.32
IN General and #0022	RECEIPTS SUBTOTAL		3,095.13	\$	3,100.10	\$	3,352.59	\$	9,547.82
RECEIPTS SAVINGS ACC		\$	300.00	\$	175.00	\$	425.00	\$	900.00
NP Project #1732 2023-24	- inomas	Ф	300.00	Φ	175.00	\$	50.00	\$	50.00
NP Scholarship #1740	1 77 77					\$	100.00	\$ \$	100.00
LA FRA Scholarship Fund #	1/5/	•	000.00			Ф	100.00	φ \$	829.20
Welfare #3567 Donations		\$	829.20	d-	4 227 50	æ	1 510 50	э \$	4,162.50
PCT Dues - Advance - Unit	Members	\$	1,312.50	\$	1,337.50	\$	1,512.50	φ \$	29.63
INT NP Project #1732		\$	15.25	\$	14.38	\$	_	э \$	43.81
INT NP Scholar #1740		\$	14.94	\$	14.91	\$	13.96	*	
INT LA FRA Scholar #1757		\$	15.52	\$	15.49	\$	14.50	\$	45.51
INT Welfare/Rehab #3567		\$	11.83	\$	11.96	\$	11.75	\$	35.54
INT Escrow Savings #1724		\$	0.89	\$	0.95	\$	0.95	\$	2.79
INT PCT Advance Savings	#2866	\$	28.19	\$	29.46	\$	28.17	\$	85.82
INT NFCU CD #3307		\$	92.62	\$	98.96	\$	95.35	\$	286.93
INT NFCU CD #3309		\$	12.59	\$	12.77	\$	12.30	\$	37.66
INT NFCU CD #3312		\$	73.01	\$	89.41	\$	83.93	\$	246.35
INT NFCU CD #3313		\$	94.35	\$	94.45	\$	88.66	\$	277.46
INT NFCU CD #3314		\$	108.20	\$	108.36	\$	101.76	\$	318.32
	RECEIPTS SUBTOTAL	\$	2,909.09	\$	2,003.60	\$	2,538.83	\$	7,451.52
	TOTAL ALL RECEIPTS	\$	6,004.22	\$_	5,103.70	\$	5,891.42	\$	16,999.34
DISBURSEMENTS									
General Fund #6022		- \$	(2,170.19)	\$	(3,066.96)	\$	(1,918.31)	\$	(7,155.46)
								\$	-
TC	TAL DISBURSEMENTS	\$_	(2,170.19)	\$	(3,066.96)	\$	(1,918.31)	\$	<u>(7,155.46)</u>
BANKING ADJUSTMENTS	N/TRANSFERS								
From PCT to Escrow		- \$	312.50	\$	75.00	\$	125.00	\$	512.50
From PCT to Escrow (PI Ur	nite)	\$	62.50	\$	62.50	7		\$	125.00
From Escrow to PCT	ino)	Ψ	02.00	Ψ	32.00			\$	-
ACCOUNT TO ACCOUNT From CD 3009 to Escrow ((n	ot included	in to	otal) 143.58			\$	143.58

NATIONAL TREASURER 2ND QTR REPORT 2023-2024

SUMMARY OF ALL ACCOUNTS

NATIONAL PRESIDENT PRO Donations NP Project 2023-20		12/27/2023	\$ \$	1,275.51 900.00
Interest	ENDING BALANCE	3/27/2023	\$ \$	29.63 2,205.14
NP SCHOLARSHIP FUND #17 Donations	740	12/27/2023	\$	16,749.05 50.00
Interest	ENDING BALANCE	3/27/2023	\$ \$	43.81 16,842.86
LA FRA SCHOLARSHIP FUN	D # 1757	12/27/2023	\$ \$	17,401.32 100.00
Interest	ENDING BALANCE	2/27/2022	\$	45.51
	ENDING BALANCE	3/27/2023	3	17,546.83
WELFARE/REHABILITATION Donations	FUND #3567	12/27/2023	\$	13,270.50 829.20
Interest Welfare Disbursements			\$	35.54
TVORUS DISBURSCINO	ENDING BALANCE	3/27/2023	\$	14,135.24
ESCROW SAVINGS #1724	DILL	12/27/2023		4,280.01
Transfer from PCT Held/Susp/ Transfer from PCT Held/Susp/			\$ &	512.50 125.00
From CD 3007 to Escrow (Exc			\$	143.58
Interest	,		\$	2.79
	ENDING BALANCE	3/27/2023	\$	5,063.88
ADVANCE PAY SAVINGS #		12/27/2023	\$:	31,243.95
Deposit PCT Advance Pay MB	BRS		\$	4,162.50
Interest	ENDING BALANCE	3/27/2023	\$	85.82 35,492.27
	ENDING BALANCE	5/21/2025	Ψ .	33,432.21
NFCU CD # 3307 - 12 Month		12/27/2023	\$:	25,255.93
Interest			\$	286.93
	ENDING BALANCE	3/27/2023	\$:	25,542.86
NFCU CD # 3309 - 12 Month		12/27/2023	\$	3,120.39
Interest	*		\$	37.66
Excess Funds Transfer to Esc			\$	(143.58)
	ENDING BALANCE	3/27/2023	\$	3,014.47
NFCU CD # 3312 - 12 Month		12/27/2023	\$	24,662.92
Interest		12,27,2020	\$	246.35
Transfer from GF				
	ENDING BALANCE	3/27/2023	\$:	24,909.27

NATIONAL TREASURER 2ND QTR REPORT 2023-2024

NFCU CD # 3313 - 3 Month				12/27/2023	\$	25,729.96
Interest					\$	277.46
	ENDING BALA	NCE		3/27/2023	\$	26,007.42
NFCU CD # 3314 - 12 Month				40/07/0000	•	26 604 40
Interest				12/27/2023	I	26,601.40
	ENDING BALA	NOT		0/07/0000	\$	318.32
	ENDING BALA	INCE		3/27/2023	<u> </u>	26,919.72
GF CHECKING ACCOUNT - #60	122			12/27/2023	\$	11,854.11
PCT Members	• • • • • • • • • • • • • • • • • • • •				\$	7,650.00
PCT MAL.					\$	1,150.00
PCT Members - PI					\$	375.00
Receipts from Ledger					\$	372.50
Interest					\$	0.32
Disbursements					\$	(7,155.46)
	ENDING BALA	NCE		3/27/2023	\$	14,246.47
INVESTMENT						
American Fund (Capital Group)					
Original Cash Investment	10/22/2002	\$50,000.00			\$	50,000.00
Portfolio Value			9/30/2023	196,192.09		
Portfolio Value			12/312023	213,229.94		
Net Gain/(Loss) for the Period			GAIN	17,037.85	-	
			QUARTER GRAI	ND TOTAL	\$	261.926.43
						·

Bank Reconcilation Forms on File

THIS IS TO CERTIFY THAT THE BOOKS OF THE NATIONAL TREASURER WERE AUDITED AND FOUND TO BE IN ORDER AND ALL THE MONIES ACCOUNTED FOR AS OF 3/27/2024

NT Audit Committee Chairman Sandra Robbins, PNP, Unit 91

Sandra Robbins, PNP, Unit 91

NT Audit Committee Member Margaret Horvath, PNC, Unit 290

DATE

NT Audit Committee Member Marsha Feezor, Unit 126

National Treasurer Carolyn Whitaker, PNP

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National President's Project

My National President's Project for 2023 – 2024 is the Gary Sinise Foundation Program –H.O.P.E. - Their mission is to serve the nation by honoring its defenders, veterans, first responders, their families & those in need.

At the Gary Sinise Foundation, they serve our nation's defenders, to include our most severely wounded heroes, veterans of every conflict, first responders who run into danger within our communities, active-duty service members, their families, and the families of our fallen heroes. They do this by supporting them in their darkest times of need. Their unique programs are designed to help, entertain, educate, inspire, strengthen, and build communities across the nation.

Charity Navigator has awarded the Gary Sinise Foundation four out of a possible four stars, indicating that the Gary Sinise Foundation adheres to good governance and other best practices that minimize the chance of unethical activities and consistently executes its mission in a fiscally responsible way.

Their Relief & Resiliency Program includes a sub-program called H.O.P.E. this represents: Heal, Overcome, Persevere & Excel. This initiative provides support to those who have experienced trauma, illness, injury, or loss during their times of tragedy, sometimes with assistance as simple as help paying bills or buying groceries.

Our defenders and first responders are aware of the risks in their professions, but nothing can prepare them or their families for the pain of separation, trauma, and loss. When our heroes or their loved ones experience dark times, they seek to provide support and hope. Lending a hand can change the course of a life. Community - Bringing people together who have shared a common life trauma helps form a network of support. Sharing their experiences and reminding one another they are not alone; these groups can find joy in the present once again.

There are several ways to make a donation:

- (1) a check mailed to LA FRA National Financial Secretary, POB 706, Goose Creek SC, note on the memo line '2023 NP Project';
- (2) enter the following website link: https://donate.garysinisefoundation.org/campaign/la-fra/c516768 to download and mail your donation with your enclosed check or by providing your credit card information; or
- (3) Scan the LA FRA QR code, scroll down to 'How To Give,' on 'Donation Form' to download. Note the donation is for LA FRA NP Project.

"While we can never do enough for our defenders and their loved ones, we can always do a little more." -- the Gary Sinise Foundation

National Vice President's Project

"Engage" is National Vice President Kelly Peña's project for 2023-2024. Engage current members, supporters and prospective members by organizing events within your communities. This would be a reason for a current member to keep their membership active, supporters to keep supporting the organization and identify potential members or future donor/supporters by building relationships through connection in your community.

Important Information on the Valional Convention

The dates for the FRA – LA FRA National Convention, to be held in Annapolis, MD, are listed on the FRA website with a beginning date of November 12 and end date of November 15. The LA FRA will follow the schedule set by the FRA. Please be advised that your travel and hotel plans need to consider the above dates for attendance at the National Convention.

CONVENTION SCHEDULE

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November 12th	Opening Ceremony and First Business meetings
November 13th	Committees meetings and Second Business meetings
November 14th	Third and Fourth Business meetings
November 15th	Installation and Banquet

Upcoming Events

1/6 0/0001	NGP ' 12CHY	G : G 11 3 60
4/6-9/2024	NC Regional Mid-Year	Springfield, MO
4/12-13/2024	WC Regional Mid-Year	Lemoore, CA
5/4/2024	NW Regional Mid-Yer	Via Zoom at 1 pm
7/3/2024	Pilgrimage	Arlington, VA
7/19-20/2024	NE/NEng Regional Convention	Peabody, MA
8/11-15/2024	SW Regional Convention	Las Vegas, NV
8/16-18/2024	South Central Regional Convention	TBD
8/18-22/2024	NC Regional Convention	Branson, MO
8/22-24/2024	West Coast Regional Convention	Carson City, NV
9/6-7/2024	NW Regional Convention	Kennewick, WA
9/10-12/2024	EC Regional Convention	Williamsburg, VA
9/24-26/2024	SE Regional Convention	North Charleston, SC
11/11/2024	Veterans Day & FRA Centennial	Arlington, VA
11/11-15/2024	FRA & LA FRA National Convention	Annapolis, MD

Naminating Resolutions Received for National Office

National President: Kelly Peña, Unit 287
National Vice President: Ronalee Klase, Unit 22
Regional President South West: Myrna Sales, Unit 302

We have not received any Nominating Resolutions for National Treasurer. The National Treasurer is elected for a three-year term (2024-2027). If you know a qualified candidate, please encourage them to submit a nominating Resolution. Please refer to the C&BLs for the duties of each office.

Reminders

Dress for Installation – NVP Kelly Peña has chosen a dark colored floor length gown with bling for those Members being installed at the National Convention.

All members can receive the *Triangle* by e-mail at no charge. Please submit your e-mail address to the National Executive Secretary (e-mail address on the web site [la-fra.org] main page). Please encourage your fellow members to send in their e-mail address and start receiving the Triangle. Remember to send the Executive Secretary a change of e-mail address, especially if you are using a business address, so the mailing list can be kept up-to-date.

Send membership change information (physical address, telephone number, and any change of status- married or widowed) to the National Financial Secretary. Please contact NES Starkey for the e-mail address, if needed.

Read the Unit Procedure Manual, Unit Instructions and Rituals, Standing Rules and the Constitution and Bylaws, all are available on the website.

Send all Member Death Notices to the Regional Chaplain, National Chaplain, and National Financial Secretary.

For the Regions – destroy all previous forms of the 'Newly Elected/Appointed Regional Officers' form. Remember to send in the form after the Regional elections to the National Executive Secretary (information used to prepare the Unit Officer Roster which, after the National Convention, is provided to the Units), and to all of the offices listed on the form. Please either print clearly or fill it out on the computer.

For the Units - destroy all previous forms of the 'Unit Officer Information' form. Remember to send in the form you receive next year after Unit elections to the National Executive Secretary (information used to prepare the Unit Officer Roster which, after National Convention, is provided to the Units), and to all of the offices listed on the form. Please either print clearly or fill it out on the computer.

TRIANGLE – May 2024 Ladies Auxiliary of the Fleet Reserve Association 39 Fairmount Drive Glassboro, NJ 08028-1305 NON-PROFIT ORGANIZATION U.S. POSTAGE PAID PERMIT NO. 2332 BELLMAWR, NJ

Everyone is invited to transfer their paper Triangle to an e-mail Triangle. Please return the below form with your e-mail address to NES Laurie Starkey (39 Fairmount Drive, Glassboro, NJ 08028-1305) or send an e-mail (that includes at least your name and your member number, if you have it handy, for a faster delivery method to lafrastarkey@outlook.com

REPORT OF CHANGE OF ADDRESS AND OR E-MAIL ADDRESS FOR THE TRIANGLE		
Date:		
Name:	Member No:	
Old a mail address:		
Old e-mail address:		
New e-mail address:Old Address	_	
Street:		
City, State, ZIP:		
New Address		
Street:		
City, State, ZIP:		
MAIL TO: Laurie Starkey, NES, 39 Fairmount Drive, Glassboro, NJ 08028-1305 Remember to also notify Pat Suckow, NFS, of any change of address: LA FRA, PO Box 706, Goose Creek, SC 29445		