



TRIANGLE

Ladies Auxiliary of the Fleet Reserve Association

dba Auxiliary of the Fleet Reserve Association

October/November 2023



2023-2024 National Officers and Appointees

National President

Veralyn Thomas
904.495.4363
nplafra2023.24@aol.com

National Vice President

Kelly Peña
408.642.7722
penakelly66@gmail.com

National Executive Secretary

Laurie Starkey
856.294.1282
lafrastarkey@outlook.com

National Financial Secretary

Pat Suckow
843.452.4719
lafranfsnat@gmail.com

National Treasurer

Carolyn Whitaker
386.447.5420
ntcarolynw@yahoo.com

Jr Past National President

Nadine Fulton
619.200.7706
LAFRANPFulton@gmail.com

National Chaplain

Julia Fogel
931.787.7110
honda1girl@gmail.com

Website

la-fra.org

National Parliamentarian

Sandra Robbins
904.269.2136
slgr@bellsouth.net

Mail membership applications or dues payments to:

LA FRA - NFS, POB 706, Goose Creek SC 29445

Questions and Comments call 843-452-4719

Contact NES Laurie Starkey if you need addresses or any national officer.



Auxiliary members,

From the desk of the National President

I would like to thank the members for giving me the privilege and distinct honor of being President of the Ladies Auxiliary this year. I will work to make this a year that we continue to move forward. I would like to thank one very special person for her help during my years in the Auxiliary, PRPSE Fran Hoadley. Through the years there have been several people who have also helped me, they know who they are, and I thank them for sharing their experiences and knowledge with me. Thank you to the LA FRA and FRA Sparks Convention Committee members, who volunteered to do a hard and time-consuming job, probably frustrating at times. Several thank you for the members that have for the first time or once again volunteered to serve their region and units as officers, to all members that maintain their membership while attending meeting and supporting their officers, and to the members at large that support the LA FRA membership programs even though there is no Unit close enough to attend meetings.

I congratulate the members that have volunteered to serve the LA FRA as National Officers and National Appointees for the 2023-2024 Association Year. Your other National Officers are National Vice President (NVP) Kelly Peña, National Executive Secretary (NES) Laurie Starkey, National Financial Secretary (NFS) Pat Suckow PNP, National Treasurer (NT) Carolyn Whitaker, PNP, Junior Past National President (JrPNP) Nadine Fulton, National Chaplain (NChap) Julia Fogel and National Parliamentarian (NParl) Sandra Robbins, PNP. The Regional Presidents are Northeast/New England Cindy Rodham Tuck PNP, East Coast Loretta Jordan, Southeast Ronalee Klase, North Central Doris Fri, PNP, South Central Gini Larson, PNP, Northwest Region, was unable to elect officers at their convention and therefore are under suspension, West Coast Mary Ann Frank, and Southwest Marilyn Quesnel.

Being National President is not about having all the answers but is about finding the answers, and the willingness to ask for advice. Then remembering that advice is information from several sources and knowing that you are the one who decides what the answer is going to be even if it is counter to some of the advice received.

My thoughts and prayers to those who are ill or have lost a loved one. To those members celebrating a special occasion, a birthday or anniversary, have a great day.

Until next month, I remain yours in Loyalty, Protection and Service,
Veralyn Thomas, LA FRA National President



From the desk of the National Parliamentarian

How many of you have read the Constitution and Bylaws of the Ladies Auxiliary of the Fleet Reserve Association? I can remember when I first joined, I was advised quite often that I needed to read it. That was probably because I could not understand why things were being done or not being done. I figured that if I asked someone, they would just answer my questions. It really did not make sense to me if they knew the answer why I should have to look it up myself. Well, it may not have made sense, but this would be my plight. I soon learned that they were going to make me do the research before they would talk with me about my query. Sure, I would have still liked to be told straight up the answer, but this turned out to help me grow in knowledge of the workings of the Auxiliary. I am going to challenge each member to take some time and read through the C&BL. You may find that you will gain a better understanding of why things are done the way they are. That is not saying that you still cannot ask your fellow members. Just be sure they know the correct answer.

In Loyalty, Protection and Service,
Sandra Robbins, PNP



From the desk of the National Chaplain

I want to extend my thanks to National President, Vera Thomas, for appointing me as National Chaplain for 2023-2024. It is certainly an honor and a privilege to serve in this position. I am a member of Unit 294, Crossville, Tn, a Unit that I established 10 yr. ago, with the help of many experienced Auxiliary members. I served as President for 8 of those years as well as holding other Officer positions.

I extend my Congratulations to all the Unit and Regional Chaplains. I hope you find it to be a worthwhile experience. Along with reporting deceased members you will have the opportunity to comfort those who are ill, keeping in touch with families in crisis, perhaps making hospital visits to those in need.

Unit Chaplains have a key role when reporting deceased members. Accuracy is very important and asking questions to verify when necessary. It is imperative that you notify the National Financial Secretary, the National Chaplain (myself) and the Regional Chaplain as soon as you have the information to complete this form. The Auxiliary wants to pay proper respect to the deceased members and their families. This can only be accomplished with your help.

To reach the form, go to the internet and on the search bar type in "Ladies Auxiliary of the Fleet Reserve Association."

1. Currently, when you click on this, it will tell you "The resource you are looking for has been removed, had its name changed or is temporarily unavailable."
2. Go back a page and select "LA FRA forms".
3. Select "LA FRA Report of Death." This is a fillable death notice form. Complete the form, save a copy to your local files and mail, or e-mail the completed form to the National Chaplain (myself).

My contact information is:

Julia Fogel, 149 Laurelwood Ln.; Crossville, TN 38555
Phone: (931) 787-7110
E-mail: juliejf27@gmail.com

Keeping kindness in mind throughout the day, be reminded of this thought: "Kindness is a language which the Deaf can hear, and the Blind can see."

Yours in Loyalty, Protection and Service.
Julia Fogel, National Chaplain 2023-2024

Latest information from Webmaster Doris Fri

The website la-fra.org is working properly. Please do not use any of the other links that have been floating around, use only the old stand-by listed previously.

In Loving Memory of Our Departed Members

	National Presidents		Other National/Regional Officers		Members
	Ingrid Frost, Unit 289		Ruth Penn, Unit 290		Willesta Walton, Unit 290

You have to accept whatever comes and the only important thing is that you meet it with courage and with the best that you have to give.

-- Eleanor Roosevelt

Regional Membership Stats as of 9/30/2023

PLEASE NOTE: The following stats are based on the data in the Membership Program and may have some inaccuracies due to the processing by the Membership Program. These inaccuracies are in the process of being corrected.

REGION	Members as of 4/1/2023	NEW	REI	TI	TO	RES	NP	DEC	INE	Other	Active Members Total as of 9/30/2023
NE/NEng	140	0	3	0	0	0	5	0	0	0	138
East Coast	1592	15	1	1	0	0	17	1	10	0	1581
South East	991	3	2	0	0	0	19	7	0	0	970
North Central	128	0	0	0	0	0	1	0	0	0	127
South Central	225	0	0	0	0	0	1	0	0	0	224
Northwest	370	1	1	0	0	0	16	1	2	0	353
West Coast	324	4	2	0	0	0	1	4	0	0	325
South West	677	0	0	0	0	0	7	0	0	0	670

REI - Reinstated

TO - Transfer Out

NP - Non-Payment

INE - Ineligible

TI - Transfer In

RES - Resigned

DEC - Deceased

Donations

Pilgrimage: Unit 162

National Presidents Project 2022-2023: Unit 162

NP Scholarship: Unit 162

Your talent is God's gift to you. What you do with it is your gift back to God.

-- Leo Buscaglia

2023 National Convention Happenings...

ELECTION RESULTS

National President	Veralyn Thomas, Unit 126 West Jacksonville
National Vice President	Kelly Peña, Unit 287 Livermore
National Financial Secretary	Pat Suckow, PNP, Unit 269 Low Country

UNIT REPORT WINNERS

	First Place	Second Place	Third Place
Group 1	Unit 24, Annapolis	Unit 61, Chula Vista	Unit 210, Milton
Group 2	No Reports Submitted for this Group		
Group 3	Unit 40, Chesapeake	Unit 294, Crossville	
Group 4	Unit 99, Kempsville	Unit 102, Sunshine	

MEMBERSHIP AWARD, BY GROUP, BY UNIT

Group 1	Unit 290 Atlantic Beach 11.1%
Group 2	Unit 261 Lemoore 1.4%
Group 3	Unit 287 Livermore 4.4%
Group 4	Unit 102 Sunshine 75% - the recipient of the Membership plaque

ALL STAR RECRUITERS OF NEW MEMBERS

	Name	Unit	Number of New Members
First Place	Diane Hoover, PNP	Unit 24	72 members
Second Place	Virginia Jorden, PRPEC	Unit 24	20 members
Third Place	Walter Flynn	Unit 170	17 members
Fourth Place	Valerie Sharp	Unit 261	15 members

MEMBERSHIP AWARD – UNITS: MOST NEW AND REINSTATED MEMBERS

Unit	New	Reinstated	Total
Unit 24 Annapolis	13	78	208
Unit 170 Everett	35	12	47
Unit 290 Atlantic Beach	21	23	44
Unit 210 Milton	17	14	31
Unit 91 First Coast	12	12	24
Unit 289 Imperial Beach	7	14	21
Unit 61 Chula Vista	12	12	21

NVP Peña has requested that all individuals being installed at the 2024 National Convention wear a floor length dark colored gown with bling.

If you don't like how things are, change it! You're not a tree.

-- Jim Rohn

October/November Holidays

OCTOBER

Columbus Day	Oct. 9
U.S. Navy (USN) Birthday	Oct. 13
Day of the Deployed	Oct. 26
Navy Day	Oct. 27

NOVEMBER

National Veterans & Military Family Month	
National Family Caregivers Month	
Marine Corps Day/Birthday	Nov. 10
Veterans Day	Nov. 11
Thanksgiving Day	Nov. 23

National President's Project

My National President's Project for 2023 – 2024 is the Gary Sinise Foundation Program –H.O.P.E. - Their mission is to serve the nation by honoring its defenders, veterans, first responders, their families & those in need.

At the Gary Sinise Foundation, they serve our nation's defenders, to include our most severely wounded heroes, veterans of every conflict, first responders who run into danger within our communities, active-duty service members, their families, and the families of our fallen heroes. They do this by supporting them in their darkest times of need. Their unique programs are designed to help, entertain, educate, inspire, strengthen, and build communities across the nation.

Charity Navigator has awarded the Gary Sinise Foundation four out of a possible four stars, indicating that the Gary Sinise Foundation adheres to good governance and other best practices that minimize the chance of unethical activities and consistently executes its mission in a fiscally responsible way.

Their Relief & Resiliency Program includes a sub-program called H.O.P.E. this represents: Heal, Overcome, Persevere & Excel. This initiative provides support to those who have experienced trauma, illness, injury, or loss during their times of tragedy, sometimes with assistance as simple as help paying bills or buying groceries.

Our defenders and first responders are aware of the risks in their professions, but nothing can prepare them or their families for the pain of separation, trauma, and loss. When our heroes or their loved ones experience dark times, they seek to provide support and hope. Lending a hand can change the course of a life. Community - Bringing people together who have shared a common life trauma helps form a network of support. Sharing their experiences and reminding one another they are not alone; these groups can find joy in the present once again.

There are several way to make a donation, (1) a check mailed to LA FRA National Financial Secretary, POB 706, Goose Creek SC, note on the memo line '2023 NP Project'; (2) enter the following website link: <https://donate.garysinisefoundation.org/campaign/la-fra/c516768> to download and mail your donation with your enclosed check or by providing your credit card information. (3) Scan the LA FRA QR code, scroll down to 'How To Give,' on 'Donation Form' to download. Note the donation is for LA FRA NP Project.

'While we can never do enough for our defenders and their loved ones, we can always do a little more.

**Optimism is the faith that leads to achievement.
Nothing can be done without hope and confidence.**

-- Helen Keller

National Vice President's Project

"Engage" is National Vice President Kelly Peña's project for 2023-2024. Engage current members, supporters and prospective members by organizing events within your communities. This would be a reason for a current member to keep their membership active, supporters to keep supporting the organization and identify potential members or future donor/supporters by building relationships through connection in your community.

Be gentle to all and stern with yourself.

--Saint Teresa of Avila

National Financial Secretary

July - September 2023

Fourth Quarter Report

RECEIPTS:	July	August	September	Total
PCT DUES -Unit	\$3,562.50	\$2,700.00	\$2,325.00	\$8,587.50
PCT DUES -MAL	\$650.00	\$275.00	\$150.00	\$1,075.00
PCT Advance Units	\$2,225.00	\$1,212.50	\$1,612.50	\$5,050.00
PCT to General Fund-PI Units		\$512.50	\$112.50	\$625.00
Resale #6022	\$82.00	\$280.00		\$362.00
Triangle Subscription				\$0.00
Convention Minutes				\$0.00
NP Project 2022-2023 #1732	\$700.00	\$567.00	\$25.00	\$1,292.00
Pilgrimage Return Check		\$963.39		\$963.39
Pilgrimage		\$50.00	\$25.00	\$75.00
NP Scholarship #1740	\$25.00	\$220.00		\$245.00
LAFRA Scholarship #1757	\$14.00		\$25.00	\$39.00
General Fund Donation #6022				\$0.00
Int. General Fund #6022	\$0.10	\$0.12	\$0.15	\$0.37
NFCU Savings #1724	\$1.59	\$1.66	\$1.67	\$4.92
Int NP Project #1732	\$2.26	\$2.93	\$3.54	\$8.73
Int NP Scholarship #1740	\$15.42	\$15.97	\$14.98	\$46.37
Int. LAFRA Scholarship #1757	\$16.13	\$16.75	\$15.83	\$48.71
PCT Advance #2866	\$26.88	\$28.55	\$31.08	\$86.51
Int NFCU \$80,238 CD 12 mo #3307	\$87.71	\$90.96	\$91.29	\$269.96
Int NFCU \$3,168.57CD 15 mo #3309	\$11.89	\$12.34	\$12.39	\$36.62
Int NFCU CD #3312	\$38.29	\$44.76	\$45.64	\$128.69
Int NFCU CD #3313	\$89.36	\$92.66	\$93.00	\$275.02
Int NFCU CD #3314	\$63.75	\$66.05	\$66.21	\$196.01
Sub total receipts less welfare	\$7,611.88	\$7,153.14	\$4,650.78	\$19,415.80
Welfare Receipts:				
Int Welfare/Rehab NFCU # 3567	\$11.75	\$12.23	\$11.99	\$35.97
Welfare Donations				
Total Welfare Receipts				
Total all Receipts	\$7,623.63	\$7,165.37	\$4,662.77	\$19,451.77
Disbursements:				
National President				
Allowance	\$500.00	\$500.00	\$500.00	\$1,500.00
Postage/Supplies/Printing				\$0.00
Travel National Convention & Allowance			\$689.82	\$689.82
National President's Gift			\$1,000.00	\$1,000.00
National Vice-President				
Allowance				
Membership Awards			\$200.00	\$200.00
NVP Recruiting Awards			\$350.00	\$350.00
All Star Recruiter			\$225.00	\$225.00
Travel and Allowance National Convention			\$950.00	\$950.00
National Executive Secretary				
Allowance	\$300.00	\$300.00	\$300.00	\$900.00

National Financial Secretary

July - September 2023

Fourth Quarter Report

Postage/Supplies/Printing (non triangle)				\$0.00
Triangle Printing	\$608.83	\$199.39		\$808.22
Triangle Postage (Bulk Mail)	\$125.85	\$44.95		\$170.80
Triangle Return Mail	\$0.00	\$0.00		\$0.00
Bulk Mail Renewal	\$0.00	\$0.00	\$0.00	\$0.00
Travel National Convention & Allowance	\$0.00	\$0.00	\$950.00	\$950.00
National Financial Secretary				
Allowance	\$300.00	\$300.00	\$300.00	\$900.00
Postage/Supplies/Printing Administrative	\$479.69	\$423.82	\$99.86	\$1,003.37
Resale Postage	\$25.95	\$17.43	\$5.15	\$48.53
Resale Items Purchased	\$0.00	\$0.00		\$0.00
Bulk Mail Postage	\$115.62	\$103.24	\$93.29	\$312.15
Software Support	\$12.50	\$102.49	\$0.00	\$114.99
Post Office Box	\$0.00	\$0.00	\$0.00	\$0.00
Bulk Mail Permit	\$0.00	\$0.00	\$0.00	\$0.00
Working Fund (2020-23)	\$0.00	\$0.00	\$0.00	\$0.00
Travel National Convention & Allowance			\$950.00	\$950.00
Membership Plaque/Engraving SR23F		\$40.66		\$40.66
National Treasurer				
Allowance	\$300.00	\$300.00	\$300.00	\$900.00
Postage/Supplies/Printing	\$0.00	\$400.00	\$129.00	\$529.00
Travel National Convention & Allowance				\$0.00
Sub Total				
	\$2,768.44	\$2,731.98	\$7,042.12	\$12,542.54
Regional President's P/S/P				
RP's Expenses	\$0.00		\$319.93	\$319.93
	\$0.00		\$0.00	\$0.00
	\$0.00	\$0.00		\$0.00
Regional President Travel & Allowance National Convention				
RPEC (Dorothy Smiley)			\$950.00	\$950.00
RPSE (Ronalee Klase)			\$950.00	\$950.00
RPNC Donna Lickteig			\$950.00	\$950.00
RSWSC (Marilyn Quesnel)			\$803.46	\$803.46
RPWC (Kelly Pena)			\$557.94	\$557.94
NP Work Performance Allowance to RP's				
			\$1,600.00	\$1,600.00
Jr. Past President				
Travel National Convention & Allowance				\$0.00
National Chaplain				
Postage/Supplies and Printing	\$0.00	\$0.00	\$0.00	\$0.00
Travel National Convention & Per Diem	\$0.00	\$0.00	\$688.22	\$688.22
National Parliamentarian				
Travel National Convention & Per Diem(Cindy)	\$0.00	\$0.00	\$950.00	\$950.00

National Financial Secretary

July - September 2023

Fourth Quarter Report

	Sub Total	\$0.00	\$0.00		\$7,769.55
Scholarships					
NP Scholarship		\$1,500.00	\$0.00		\$1,500.00
LAFRA Scholarship		\$500.00	\$0.00		\$500.00
Sam Rose Memorial Scholarship		\$500.00	\$0.00		\$500.00
Allie Mae Odem Memorial Scholarship		\$500.00	\$0.00		\$500.00
	Sub-Total	\$3,000.00	\$0.00	\$7,769.55	\$3,000.00
OTHER EXPENDITURES					
Shipping National Officers Equipment (Chaplain,NES,NT,NP,NFS)					
Shipping Equip NVP		\$0.00	\$0.00	\$0.00	\$0.00
Shipping Equip NFS		\$0.00	\$0.00	\$0.00	\$0.00
Shipping Equip NP		\$0.00	\$0.00	\$0.00	\$0.00
	Sub-Total	\$0.00	\$0.00	\$0.00	\$0.00
Insurance:					
Fidelity Bond (3 yr policy (2022-2025)		\$1,276.00		\$0.00	\$1,276.00
Accidental Death (3 Yr policy 2022-2025)					
	Sub-Total	\$1,276.00	\$0.00	\$0.00	\$1,276.00
2020-2021 General Fund Disbursement TOTAL					
		\$7,044.44	\$2,731.98	\$14,811.67	\$24,588.09
					\$0.00
Welfare Distributions					
		\$0.00	\$500.00	\$0.00	\$500.00
Total Distributions All Accounts					
		\$7,044.44	\$3,231.98	\$14,811.67	\$25,088.09
THIS IS TO CERTIFY THAT THE BOOKS OF THE NATIONAL FINANCIAL SECRETARY WERE AUDITED, AND FOUND TO BE IN ORDER AND ALL MONIES ACCOUNTED FOR AS OF 30 SEPT 2023					
Gale Nathan 9/9/2023		Trish Clinton 9/9/2023			
NFS Audit Chairman		NFS Audit Committee		Date	
Gale Nathan, PNP Unit 269		Trish Clinton Unit 269			
		Casey Anderson 9/9/23			
NFS Audit Committee		NFS Audit Committee		Date	
Marilyn Tharp Unit 269		Casey Anderson Unit 269			
Pat Suckow 9/9/23					
National Financial Secretary					
Pat Suckow Unit 269				Date	

NATIONAL TREASURER 4TH QTR REPORT 2022-2023

RECEIPTS & DISBURSEMENTS	JUL	AUG	SEP	TOTAL
RECEIPTS GENERAL FUND				
PCT Dues - Unit Members	\$ 3,562.50	\$ 2,700.00	\$ 2,325.00	\$ 8,587.50
PCT Dues - MAL	\$ 650.00	\$ 275.00	\$ 150.00	\$ 1,075.00
PCT Dues - PI		\$ 512.50	\$ 112.50	\$ 625.00
Retail Sales	\$ 82.00	\$ 280.00		\$ 362.00
Pilgrimage		\$ 1,013.39	\$ 25.00	\$ 1,038.39
INT General Fund #6022	\$ 0.10	\$ 0.12	\$ 0.15	\$ 0.37
RECEIPTS SUBTOTAL	\$ 4,294.60	\$ 4,781.01	\$ 2,612.65	\$ 11,688.26
RECEIPTS SAVINGS ACCOUNTS				
NP Project #1732 2022-23	\$ 700.00	\$ 567.00	\$ 25.00	\$ 1,292.00
NP Scholarship #1740	\$ 25.00	\$ 220.00		\$ 245.00
LA FRA Scholarship Fund #1757	\$ 14.00	\$ -	\$ 25.00	\$ 39.00
Welfare #3567 Donations				\$ -
PCT Dues - Advance - Unit Members	\$ 2,225.00	\$ 1,212.50	\$ 1,612.50	\$ 5,050.00
INT NP Project #1732	\$ 2.26	\$ 2.93	\$ 3.54	\$ 8.73
INT NP Scholar #1740	\$ 15.42	\$ 15.97	\$ 14.98	\$ 46.37
INT LA FRA Scholar #1757	\$ 16.13	\$ 16.75	\$ 15.83	\$ 48.71
INT Welfare/Rehab #3567	\$ 11.75	\$ 12.23	\$ 11.99	\$ 35.97
INT Escrow Savings #1724	\$ 1.59	\$ 1.66	\$ 1.67	\$ 4.92
INT PCT Advance Savings #2866	\$ 26.88	\$ 28.55	\$ 31.08	\$ 86.51
INT NFCU CD #3307	\$ 87.71	\$ 90.96	\$ 91.29	\$ 269.96
INT NFCU CD #3309	\$ 11.89	\$ 12.34	\$ 12.39	\$ 36.62
INT NFCU CD #3312	\$ 38.29	\$ 44.76	\$ 45.64	\$ 128.69
INT NFCU CD #3313	\$ 89.36	\$ 92.66	\$ 93.00	\$ 275.02
INT NFCU CD #3314	\$ 63.75	\$ 66.05	\$ 66.21	\$ 196.01
RECEIPTS SUBTOTAL	\$ 3,329.03	\$ 2,384.36	\$ 2,050.12	\$ 7,763.51
TOTAL ALL RECEIPTS	\$ 7,623.63	\$ 7,165.37	\$ 4,662.77	\$ 19,451.77
DISBURSEMENTS				
General Fund #6022	\$ (4,044.44)	\$ (2,731.98)	\$ (14,811.67)	\$ (21,588.09)
Scholarships	\$ (3,000.00)			\$ (3,000.00)
Welfare #3567		\$ (500.00)		\$ (500.00)
TOTAL DISBURSEMENTS	\$ (7,044.44)	\$ (3,231.98)	\$ (14,811.67)	\$ (25,088.09)
BANKING ADJUSTMENTS/TRANSFERS				
From PCT to Escrow	\$ 75.00	\$ 37.50	\$ 75.00	\$ 187.50

NATIONAL TREASURER 4TH QTR REPORT 2022-2023

SUMMARY OF ALL ACCOUNTS


<u>NATIONAL PRESIDENT PROJECT #1732</u>		6/27/2023	3,513.60
Donations NP Project 2022-2023			1,292.00
Interest			8.73
ENDING BALANCE		9/27/2023	<u>4,814.33</u>
<u>NP SCHOLARSHIP FUND #1740</u>		6/27/2023	17,888.97
Donations			245.00
Interest			46.37
Scholarship			(1,500.00)
ENDING BALANCE		9/27/2023	<u>16,680.34</u>
<u>LA FRA SCHOLARSHIP FUND # 1757</u>		6/27/2023	18,768.15
Donations			39.00
Interest			48.71
Scholarships			(1,500.00)
ENDING BALANCE		9/27/2023	<u>17,355.86</u>
<u>WELFARE/REHABILITATION FUND #3567</u>		6/27/2023	13,699.86
Donations			
Interest			35.97
Welfare Disbursements			(500.00)
ENDING BALANCE		9/27/2023	<u>13,235.83</u>
<u>ESCROW SAVINGS #1724</u>		6/27/2023	7,768.73
Transfer from PCT Held/Susp/PI Units			187.50
Interest			4.92
Disbursements Transfer to PCT			
ENDING BALANCE		9/27/2023	<u>7,961.15</u>
<u>ADVANCE PAY SAVINGS #2866</u>		6/27/2023	30,745.24
Deposit PCT Advance Pay MBRS			5,050.00
Interest			86.51
ENDING BALANCE		9/27/2023	<u>35,881.75</u>
<u>NFCU CD # 3307 - 12 Month</u>		6/27/2023	24,716.06
Interest			269.96
ENDING BALANCE		9/27/2023	<u>24,986.02</u>
<u>NFCU CD # 3309 - 12 Month</u>		6/27/2023	3,047.12
Interest			36.62
ENDING BALANCE		9/27/2023	<u>3,083.74</u>
<u>NFCU CD # 3312 - 12 Month</u>		6/27/2023	22,379.33
Interest			128.69
Transfer to GF (YE Expenses)			(8,000.00)
ENDING BALANCE		9/27/2023	<u>14,508.02</u>

NATIONAL TREASURER 4TH QTR REPORT 2022-2023

NFCU CD # 3313 - 3 Month	6/27/2023	25,179.95
Interest		275.02
ENDING BALANCE	9/27/2023	25,454.97
NFCU CD # 3314 - 12 Month	6/27/2023	26,175.60
Interest		196.01
ENDING BALANCE	9/27/2023	26,371.61
GF CHECKING ACCOUNT - #6022	6/27/2023	13,245.44
PCT Members		8,587.50
PCT MAL		1,075.00
PCT Members - PI		625.00
Retail Sales		362.00
Pilgrimage		1,038.39
Transfer from CD 3312 (YE Expenses)		8,000.00
Interest		0.37
Disbursements		(21,588.09)
ENDING BALANCE	9/27/2023	11,345.61
INVESTMENT		
American Fund (Capital Group)		
Original Cash Investment 10/22/2002 \$50,000.00		50,000.00
Portfolio Value	3/31/2023	199,960.83
Portfolio Value	6/30/2023	202,686.30
Net Gain/(Loss) for the Period	GAIN	2,725.47
NOTE TO FILE: Because of early closing there is no American Fund Quarterly Report. Numbers are from June.		
QUARTER GRAND TOTAL		251,679.23

Bank Reconciliation Forms on File

**THIS IS TO CERTIFY THAT THE BOOKS OF THE NATIONAL TREASURER WERE AUDITED
AND FOUND TO BE IN ORDER AND ALL THE MONIES ACCOUNTED FOR AS OF 9/05/2023**

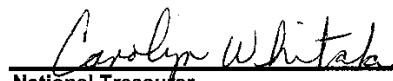


NT Audit Committee Chairman
Sandra Robbins, PNP, Unit 91



NT Audit Committee Member

NT Audit Committee Member
Margaret Horvath, NC, Unit 290



National Treasurer
Carolyn Whitaker, PNP

09/07/2023

DATE

**NATIONAL TREASURER
4TH QTR REPORT 2022-23
PCT RECEIPTS AND DISBURSEMENTS**

	JUL	AUG	SEP	TOTAL
PCT RECEIPTS				
PCT Dues	\$ 12,225.00	\$ 8,100.00	\$ 11,225.00	\$ 31,550.00
INT PCT #8193	\$ 0.15	\$ 0.18	\$ 0.22	\$ 0.55
PCT Dues (PI)		\$ 1,025.00	\$ 25.00	\$ 1,050.00
PCT RECEIPTS TOTAL	\$ 12,225.15	\$ 9,125.18	\$ 11,250.22	\$ 32,600.55
PCT DISBURSEMENTS				
PCT to Units	\$ 5,712.50	\$ 3,912.50	\$ 5,425.00	\$ 15,050.00
PCT to GF - Units	\$ 3,512.50	\$ 2,662.50	\$ 3,087.50	\$ 9,262.50
PCT to GF - MAL	\$ 650.00	\$ 275.00	\$ 375.00	\$ 1,300.00
PCT to GF - MBRS - PI	\$ -	\$ 512.50	\$ 12.50	\$ 525.00
PCT to Advance Savings - Mbrs	\$ 2,225.00	\$ 1,212.50	\$ 2,050.00	\$ 5,487.50
PCT to Escrow - PI	\$ -	\$ 512.50	\$ 12.50	\$ 525.00
PCT to Escrow	\$ 50.00	\$ 37.50	\$ 287.50	\$ 375.00
TOTAL DISBURSEMENTS	\$ 12,150.00	\$ 9,125.00	\$ 11,250.00	\$ 32,525.00

SUMMARY OF PCT ACCOUNT

PCT CHECKING ACCOUNT - #8193 (Beg Balance)			6/27/2023	\$ 23,584.91
Receipts for Quarter				
PCT Dues (from Batches)	\$ 12,225.00	\$ 8,100.00	\$ 11,225.00	\$ 31,550.00
PCT Dues (PI)	\$ -	\$ 1,025.00	\$ 25.00	\$ 1,050.00
Interest	\$ 0.15	\$ 0.18	\$ 0.22	\$ 0.55
TOTAL RECEIPTS	\$ 12,225.15	\$ 9,125.18	\$ 11,250.22	\$ 32,600.55
Disbursements for Quarter				
Transfer to Units	\$ (5,712.50)	\$ (3,912.50)	\$ (5,425.00)	\$ (15,050.00)
Transfer to GF - Members	\$ (3,512.50)	\$ (2,662.50)	\$ (3,087.50)	\$ (9,262.50)
Transfer to GF - Members - PI		\$ (512.50)	\$ (12.50)	
Transfer to GF - MAL	\$ (650.00)	\$ (275.00)	\$ (375.00)	\$ (1,300.00)
Transfer to Advance Savings - Mbrs	\$ (2,225.00)	\$ (1,212.50)	\$ (2,050.00)	\$ (5,487.50)
Transfer to Escrow - PI		\$ (512.50)	\$ (12.50)	
Transfer to Escrow	\$ (50.00)	\$ (37.50)	\$ (287.50)	\$ (375.00)
Unknown	\$ (75.00)	\$ -	\$ -	\$ (75.00)
TOTAL DISBURSEMENTS	\$ (12,225.00)	\$ (9,125.00)	\$ (11,250.00)	\$ (32,600.00)
			DIT FROM SEP	\$ (81.50)
			ENDING BALANCE	\$ 23,503.96

Bank Reconciliation Forms on File

SINCE THE PCT ACCOUNT IS NOT A PART OF THE ASSETS OF THE LA FRA IT IS ONLY REPORTED ON THE QUARTERLY REPORTS

THIS IS TO CERTIFY THAT THE PCT ACCOUNT OF THE NATIONAL TREASURER WAS REVIEWED AND FOUND TO BE IN ORDER AS OF 9/7/2023

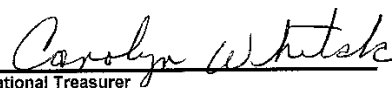


NT Audit Committee Chairman
Sandra Robbins, PNP, Unit 91



NT Audit Committee Member
Marsha Feezor, Unit 126

NT Audit Committee Member



National Treasurer
Carolyn Whitaker, PNP



Deanna Lewandowski receiving her 50 year certificate/pin at the National Convention.



Congratulations to PNC Shirley Ferrell, Unit 61 Chula Vista for 50 years of service to LA FRA and a Navy Veteran.



National President Nadine was presented with a certificate of appreciation from the Warrior Foundation-Freedom Station for all her work she has done with them since 2004. Pictured with Anthony who currently resides there.



Happy 99th Birthday to Unit 289 member Pauline Dugan.

A reminder to all members to receive the Triangle by e-mail please submit your e-mail address to the National Executive Secretary (e-mail address on the web site [la-fra.org] main page). Please encourage your fellow members to send in their e-mail address and start receiving the Triangle. Remember to send the Executive Secretary a change of e-mail address, especially if you are using a business address, so the mailing list can be kept up-to-date.

Send membership change information (physical address, telephone number, and any change of status- married or widowed) to the National Financial Secretary. Please contact NES Starkey for the e-mail address, if needed.

Read the Unit Procedure Manual, Unit Instructions and Rituals, Standing Rules and the Constitution and Bylaws, all are available on the website.

Send all Member Death Notices to the Regional Chaplain, National Chaplain, and National Financial Secretary.

For the Regions – destroy all previous forms of the ‘Newly Elected/Appointed Regional Officers’ form. Remember to send in the form after the Regional elections to the National Executive Secretary (information used to prepare the Unit Officer Roster which, after National Convention, is provided to the Units), and to all of the offices listed on the form. Please either print clearly or fill it out on the computer.

For the Units - destroy all previous forms of the ‘Unit Officer Information’ form. Remember to send in the form you receive next year after Unit elections to the National Executive Secretary (information used to prepare the Unit Officer Roster which, after National Convention, is provided to the Units), and to all of the offices listed on the form. Please either print clearly or fill it out on the computer.

TRIANGLE – October/November 2023
Ladies Auxiliary of the Fleet Reserve Association
39 Fairmount Drive
Glassboro, NJ 08028-1305

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
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BELLMAWR, NJ

Everyone is invited to transfer their paper Triangle to an e-mail Triangle. Please return the below form with your e-mail address to NES Laurie Starkey (39 Fairmount Drive, Glassboro, NJ 08028-1305) or send an e-mail (that includes at least your name and your member number, if you have it handy, for a faster delivery method to lafrastarkey@outlook.com

REPORT OF CHANGE OF ADDRESS AND OR E-MAIL ADDRESS FOR THE TRIANGLE	
Date: _____	
Name: _____	Member No: _____
Old e-mail address: _____	
New e-mail address: _____	
Old Address	
Street: _____	
City, State, ZIP: _____	
New Address	
Street: _____	
City, State, ZIP: _____	
MAIL TO: Laurie Starkey, NES, 39 Fairmount Drive, Glassboro, NJ 08028-1305	
Remember to also notify Pat Suckow, NFS, of any change of address: LA FRA, PO Box 706, Goose Creek, SC 29445	