



THE TRIANGLE

Ladies Auxiliary of the Fleet Reserve Association

March 2021 Edition

2020-2021

National President

Jackie Scarbro
757-482-2209
jackiescarbrolafra@gmail.com

National Vice President

Pat Suckow
843-452-4719
psuckow106@gmail.com

National Executive Secretary

Veralyn C. Thomas
904-291-1575
aquaspacev@aol.com

National Financial Secretary

Brenda Horton
775-881-8731
lafransfbrenda@gmail.com

National Treasurer

Nadine Fulton
619-200-7706
lafrantfulton@gmail.com

JrPNP

Bea Parco
602-550-6690
arpsw2014@gmail.com

National Chaplain

Lyn Transfiguracion
562-618-4860
lyntrans@outlook.com

National Parliamentarian

Christina Murray
757-588-6135
christinamurray.lafra@gmail.com

**Contact NES Vera
if you need addresses.**

**For membership and
orders:**

LA FRA NFS
P.O. Box 3037
Carson City, NV 89702

website
www.la-fra.org

From the Desk of the National President

The Auxiliary of the FRA continues to endure the challenges of COVID 19, but members carry on, remain faithful to the Auxiliary and ensure the longevity of our great organization.

The commitment and leadership of Unit Presidents and officers is sincerely appreciated for keeping their Unit in working order during this critical time of the COVID 19 restrictions. They are the strength of the organization that must preside over the, meetings, ensure nomination and elections of Unit Officers, conduct Auxiliary business, notify members when their dues have expired dues, and distribute Auxiliary news to the membership. During this time of restrictions, the meetings may be held in person or via Teleconferencing or Zoom Meetings to accomplish the mission. A Big thank you to the Unit Presidents and Officers for their dedication and hard work to keep the Auxiliary in working order.

Nominations of Unit Officers during the meeting in March, April, or May, as specified by the Bylaws of each Unit and will open until a meeting in the month following the nominations then closed and officers are elected for a period of one year except Secretaries and Treasurers may be elected for two years. Please file the Unit Officers Report immediately after elections and forwarded by July 1, 2021. The Unit Officers Report (fillable) is available on the LA FRA Website. Download to the computer prior to completing the information.

The National Convention Committee is in the process of relocating the National Convention due to the civil unrest in Portland OR. The Convention Committee will announce the National Convention information as soon as arrangements are finalized.

Arlington National Cemetery continues to have limited access to special areas. Committee Co-Chairpersons PNP Doreen Huylebroeck, and PRPEC Debra Washington will continue to investigate the availability of the LA FRA Pilgrimage Program, future arrangements to be announced.

The deadline for Scholarship Applications is April 15. To obtain information about LA FRA Scholarships contact: LA FRA National Scholarship Chairman, Amanda Murray, 512 Hyde Park Road Norfolk VA 23503-5514, telephone: 757-588-6125, email: SAIROCKSTAR@GMAIL.COM.

Thank you for continuing to contribute to the National President's Project "Special Operations Warrior Foundation". The foundations provide educational support for children of Special Operations Personnel who have lost their lives in the line of duty.

**HELP KEEP THE AUXILIARY OF THE FLEET RESERVE ASSOCIATION
STRONG RECRUIT FAMILY MEMBERS OF A MEMBER OF THE FRA**

Yours in Loyalty, Protection and Service
Jackie Scarbro
National President



Regional Membership Statistics

Region	1-APR	Reinstate	New	Tran In	Tran Out	Resigned	Non Pymt	Deceased	Ineligible	Other	Active mbrs
NE/NEng	186	12	6	12	17	0	32	13	0	0	154
EC	1565	67	97	3	4	0	270	20	0	0	1438
SE	1126	90	110	18	23	1	251	27	0	0	1042
NC	163	6	1	1	10	0	23	8	0	0	130
SC	277	9	11	4	0	0	54	4	0	0	243
WC	439	15	23	6	14	1	57	21	0	0	390
NW	497	26	16	2	3	0	203	4	0	0	331
SW	894	49	12	25	33	0	186	33	0	0	728
MAL	385	15	3	34	1	0	65	19	0	0	352
TOTAL	5532	289	279	105	105	2	1141	149	0	0	4808

IN LOVING MEMORY OF OUR DEPARTED MEMBERS



National Presidents



Other National/Regional Officers



Members

PRPNEng Grace Smith (98-99) Unit 156	Barbara Skates Unit 161	Martha Dittoe Unit 161
Elizabeth Durham Unit 161	Elender Dorsey Unit 24	June Rasmussen Unit 24
Lorraine Cuthbertson Unit 67	Quentella Sanders Unit 183	Janet Lippincott Unit 276
Jacqueline Henderson Unit 42	Barbara Rusch Unit 124	Linda Zauner Unit 269
Marguerite Robertson Unit 182	Amy Guadalupe MAL	Betty Seim MAL
Josephine Thompson Unit 60	Margaret Nichols Unit 60	Ronald Bechtel Unit 289
Pearl Jeffress Unit 70	Hazel Thompson Unit 302	Josephine Heath Unit 8

Donations

National President Project - Aida Littlejohn - in memory of PRP Ray Santee, Kelly and Steve Stanley, Judy Millard Unit 40, and FRA PNP George Hyland - in memory of PNP Mark Kilgore.

LA FRA Scholarship - Unit 99; PNPs Virgil and Helen Courneya - In memory of PNP Mark Kilgore.

Pilgrimage - Unit 99

Welfare - Unit 40

Do not send cash. Checks and money orders must be made out to LA FRA -- All Donations, membership applications, PCTs, supply orders, etc. need to be mailed to the address on this Triangle's front page under the heading of '**For membership and orders**' as of 10/01/2020. If you have any questions please contact NFS Brenda

PILGRIMAGE reminder -- Section 815(c) Donations – Each Unit is privileged to send five dollars each year, prior to the 25th of April, to the National Financial Secretary, as a contribution to the Pilgrimage fund. The monies donated helps to defray the cost of the Annual Pilgrimage.



A note from the Regional President Southeast

Thank you for letting me serve as the Regional President for the Southeast for a second term. I haven't been able to travel much due to Covid-19, but hopefully by the time you read this article I would have attended the Memorial for the USCG Blackthorn held in St. Petersburg, FL at the end of January. Branch and Unit 290 would have hosted the Mid-year in Atlantic Beach, FL. Hope that we have a good turn out to see what is happening in the Units of the Southeast.

I look forward to seeing each of you at the following: LA FRA Pilgrimage April 24, 2021 Hotel Accommodations Sheraton Pentagon City Hotel 900 South Orme Street, Arlington, VA 22204 703-521-1700 (Code LAFRA) Cutoff date March 30, 2021 Room Rate - \$139.00 + 12% tax per night. Schedule of Events: Saturday March 24, 2021 11:00 am – 12:30 pm “National President’s Tea” 2:00 pm – Depart for Arlington National Cemetery from Hotel 3 – 3:40 pm Ceremony at the USS Maine Memorial (Mast of the Maine) 3:45 – 4:30 pm Laying of the Wreath – Tomb of the Unknown Soldier Wear Whites, Caps, Gloves and Shoes.

August 23-27, 2021 Southeast Regional Convention at The Ramada Wyndham Jacksonville Hotel and Conference Center located at 3130 Hartley Road is Convention Central. Reservation should be made prior to August 9, 2021. Group Name: “Fleet Reserve Association “Rates MON-THURS \$73 Kings/\$78 Queens Friday/Saturday \$88 Kings/\$98 Queens + 13% Tax (Room rate based on two Adults) (\$10.00 for each additional adult up to 4/room). FRA Branch and LA FRA Unit 126 will be hosting the convention and will be putting out more information after the first of the year. This is as close as a convention is in our area. Please make plans to attend.

In Loyalty, Protection and Service
Gale Nathan, LA FRA RPSE



A note from the Regional President Northwest

Spring is almost here. It is getting a lot nicer outside and people are getting ready to start being able to do things outside. Everybody should now be getting vaccinated for COVID-19 and start able to socialize again. I know the last year has been hard, but maybe now we can see the light at the end of the tunnel and things can get back to somewhat normal. I know many of the Units in the NW Region were foregoing meetings until such a time, we are able to have group meetings again. Hopefully, we will be able to resume doing the activities we have done in the past for our members, their families, and the community. I am planning to visit NW Regional Units this year, since last year I was unable, and now that is looking like I will be able to. Please continue to do the best you can under until our circumstances are 100% back to normal. Stay safe, stay healthy, and get vaccinated if you can or want to.

The NW Regional Convention is being hosted by Mount Rainier Branch 104. It will be held August 24 – 26, 2021 at the La Quinta Hotel in Tacoma, Washington located at 1425 East 27th St., Tacoma, WA 98421. Call the Hotel directly for reservations at 253-383-0146. Group name is FLEET RESERVE ASSOCIATION. Room cost is \$99.00 plus tax per night. This includes a free Continental Breakfast. There will be additional information provided at a later date.

We have great Units in the NW Region and they are all working to support the Auxiliary. Please continue to support the veterans and their families in your communities during this time. Also, as times are getting back to normal, please continue increasing membership enrollment.

In Loyalty, Protection and Service
Terri Johnson, LA FRA RPNW



March Dates to Remember: Women History month; 13th - K-9 Veterans Day; 14th Daylights Saving Time starts; 17th ST Patrick's Day; 20th Springs Equinox; 29th National Vietnam War Veterans Day;

Several Reminders for Units:

Article 14 - Unit Organization

Section 1405. Nominations and Elections of Unit Officers

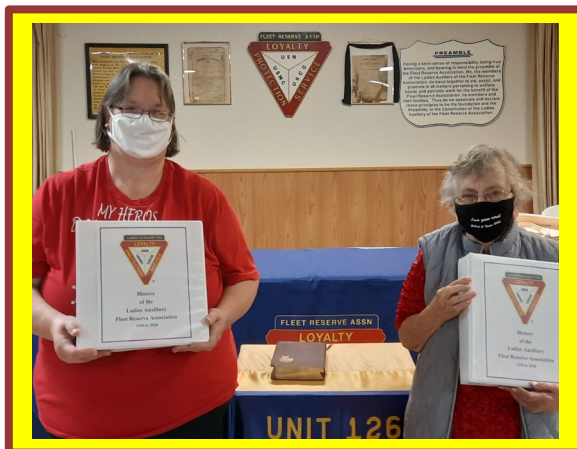
Section 1405(a). *Nominations for Unit Officers shall be opened at a meeting in March, April, or May, as specified by the Bylaws of each Unit.* They remain open until a meeting in the month following opening of nominations, then closed, and officers elected for a period of one year, except that Secretaries and Treasurers may be elected for a period of two years.

Section 1405(b). *Units outside the continental limits of the United States may if they desire, nominate, elect, and install Unit Officers in three consecutive months, as specifically provided for in the Bylaws of the Unit.* However, the process for the nomination and election of Unit Officers shall be carried out in the manner prescribed in Section 1404.

Unit Officers installation in month following election.

Unit Secretaries need to submit the Unit Officer Information form (The form is available on the LA FRA website la-fra.org) after elections but before installation of officers. On the main page, left hand side, click on the tab - LA FRA Forms, on the form page click on the 4th form in the right hand column to have the form downloaded.

A note for members of the North Central region who are planning on attending the FRA Mid-year conference. Location: Bloomington, Minnesota When: 09-11 April 2021.



**UPDATED LA FRA HISTORY BOOK
AVAILABLE!**

The 2015-2020 inserts are completed and available. To have the inserts (31 pages) emailed or mailed to you please submit a Price List/Order Form to the NFS and provide your email or mailing address. If a Unit or member wishes to purchase a full complete LA FRA History Book submit a Price List/Order Form. Cost is \$40 and supply is limited. Inserts mailed \$20, emailed FREE.

Unit 126-West Jacksonville - Two members of the Board of Directors Deborah Winn and Dianne German, (left to right) with their new LA FRA History Book.

Roster change: Unit 91- Officer change – President: Linda Moore, 8140 Spencer Trace Drive, Jacksonville, FL 32244-5944, 904-772-7606, lindamoore2994@comcast.net

WANTED Your Special Recipes

A LA FRA Cookbook is in the design stages and we need your recipes. A variety of categories have been identified such as Appetizers, Breads, Soups, Breakfast Menus, Main Dishes, Salads, Vegetables, Philippine Delights, Desserts, and Miscellaneous. Please submit your recipe(s) by e-mail, text, snail mail and if possible, take a picture of the finished dish that can be included with the recipe. Also please include your name and Unit number. The cookbook team is willing to type the recipe or adjust the font and size. Eventually all the recipes will be placed in a 'Surveyed LA FRA Blue Book' (3 ring binder). Mail the recipes to Brenda Horton, NFS at P.O. Box 3037, Carson City, NV 89702 or e mail to bmhorton@charter.net. The profits are earmarked for the LA FRA Scholarship, Welfare Fund and NP Project. No personal gain will be made by any Cookbook team member. We are certain that each of you have that special unique recipe(s) just waiting to be shared. Ending date for collection of recipes is March 31, 2021 so please spread the word.

The Office for the National Treasurer will become vacant this administrative year. Units may submit Resolutions per C&BL Article 6 Section 608 to nominate candidates for the position to be considered at the National Convention. Resolutions are due 120 days before the Convention and may be submitted to the National Executive Secretary. The duties are as outlined in the Constitution and Bylaws.

Duties of the National Treasurer C&BL Article 8 Section 810

Section 810(a). The National Treasurer is responsible for the accurate and proper maintenance of the financial records of the LA FRA. An accurate and true record of all receipts and disbursements shall be recorded and no change shall be made without the approval of the NBOD. Supply the NBOD, and the Audit Committee and Budget and Finance Committee with information as may be requested and allow any authorized committee or authorized member to examine or audit the books and accounts at any time.

Section 810(b). Upon receipt of properly drawn voucher, the National Treasurer will issue a check. The signatures of the National Treasurer and the National President will be on all or may be affixed by a signature stamp. If the bill is irregular or in some manner out of order, the Treasurer has the authority to refer the matter to the NBOD via the National President for decision.

Section 810(c). The National Treasurer submits quarterly reports, which have been audited, to the NBOD and to all Units showing receipts and disbursements, and issues any other reports as directed by the NBOD. The National Treasurer prepares and makes an Annual Report to the NBOD and to the National Convention, showing gross receipts, expenditures, and balances on hand at the end of the fiscal year, together with recommendations. Recommendations requiring action of the National Convention shall be in official format with copies for the delegates.

Section 810(d). The National Treasurer prepares an inventory of all tangible properties of the LA FRA with the following information: name of equipment, location of equipment and whose inventory; price when purchased; present estimated value; and all other information pertinent to the subject. The inventory is to be submitted to the NBOD Pre-Convention meeting.

Section 810(e). No, LA FRA properties of any value shall be surveyed, sold, or destroyed, without prior approval of the NBOD.

Ladies Auxiliary of the Fleet Reserve Association dba Auxiliary of the Fleet Reserve Association

Resolution to Amend Section 604(d)

Proposed by Chesapeake Unit 40

Section 604(d) Minutes of the convention shall be recorded with no omissions, deletions, or alterations, except as directed by the delegates assembled at the convention. The Jr. Past National President has the authority to use discretion to use a new format in publishing the National Convention Minutes.


WHEREAS: the Internal Revenue Service Manual 1 itself provides the following instruction to examining agents: The minute book of an exempt organization usually provides a **summary** of the activities conducted during the year. and

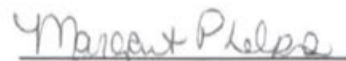
WHEREAS the IRS exempt organization guidelines further states In recording the minutes of a director's meeting, the secretary, though under an obligation to keep the minutes faithfully, is not obligated to include everything that is said in the minutes as long as the minutes accurately transcribes what has taken place. and

WHEREAS Citing Robert's Rules of Order, the Court further stated: "Generally, the minutes should contain mainly a record of what was done at the meeting, not what was said by the members. Their purpose is to reflect matters such as motions made, the movant, points of order, and appeals — not to show discussion or absence of action." and therefore be it

RESOLVED that section 604(d) state Minutes of the convention shall be presented in a **summarized** format. The Jr. Past National President has the authority to use discretion regarding the documents type set and page layout when publishing the National Convention Minutes.

This is to certify that this resolution was proposed at a regular meeting of Unit 40 held on 16th day of October 2019 and read, debated and adopted by a unanimous vote at a regular meeting of Unit 40 held on the 20th day of November 2019 there being a quorum present.


Jackie Scarbro, Unit President


Margret Phelps, Unit Secretary

Ladies Auxiliary of the Fleet Reserve Association/Auxiliary of the Fleet Reserve Association dba

Resolution to amend C&BL Article 8, Section 809(q) 7 (d)

Proposed by Unit 40 Chesapeake

C&BL Article 8, Section 809(q) 7(d) Annually report NP and NVP a list of the Life Membership until such time as all life members are verified deceased

WHEREAS: Life Members cannot be located due to absence of correct address, phone numbers or date of death is unavailable the Membership Report continues to list member's names and

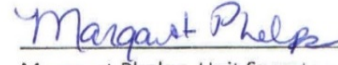
WHEREAS: the members name may not be removed or memorialized during the Annual Memorial Ceremony until such time as the member has been verified as deceased therefore be it

RESOLVED: C&BL Article 8, Section 809(q) 7(d) Annually report NP and NVP a list of the Life Membership until such time as all life members are verified as deceased or unable to locate.

Upon removal from the Life Member List the members name shall be included in the next National LA FRA Memorial Ceremony.

This is to certify that this resolution was proposed at a regular meeting of Unit 40, held on the 15th day of April 2020, read, debated and adopted by a unanimous vote, there being a quorum present.


Jackie Scarbro, Unit President


Margaret Phelps, Unit Secretary

Ladies Auxiliary of the Fleet Reserve Association/ Auxiliary of the Fleet Reserve Association dba

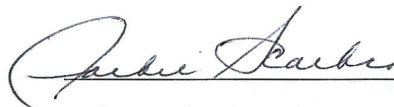
Resolution to amend Standing Rule 22 The Triangle

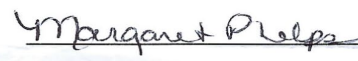
Proposed by Unit 40 Chesapeake

Add SR-22(f)

A member may submit an Email or electronic transmissible address to be included on the Triangle's electronic distribution list.

This is to certify that this resolution was proposed at a regular meeting of Unit 40, held on the 20th day of May 2020, read, debated, and adopted by a unanimous vote there being a quorum present.


Jackie Scarbro President


Margaret Phelps, Unit Secretary

TRIANGLE –March 21
Ladies Auxiliary of the Fleet Reserve Association
2929 Bobcat Ct
Green Cove Springs, FL 32043-7014

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ADDRESS SERVICE REQUESTED

Everyone is invited to transfer their paper Triangle to an e-mail Triangle. Please return the below form with your e-mail address to NES Vera Thomas (2929 Bobcat CT, Green Cove Springs, FL 32043) or send an e-mail (that includes at least your name and your member number, if you have it handy, for a faster delivery method to aquaspacev@aol.com

REPORT OF CHANGE OF ADDRESS FOR TRIANGLE

Date: _____

Name: _____

Member No: _____

E-mail address: _____

OLD ADDRESS

Street: _____

City, State, ZIP: _____

NEW ADDRESS

Street: _____

City, State, ZIP: _____

MAIL TO: Vera Thomas NES, 2929 Bobcat CT, Green Cove Springs, FL 32043-7014

Remember to notify the NFS of any change of address: LA FRA, P.O. Box 3037, Carson City, NV 89702