



THE TRIANGLE

Ladies Auxiliary of the Fleet Reserve Association October/November 2019 Edition

2019-2020

National President

Bea Parco
602-550-6690
arpsw2014@gmail.com

National Vice President

Jackie Scarbro
757-482-2209
jackiescarbroya@gmail.com

National Executive Secretary

Veralyn C. Thomas
904-291-1575
aquaspacev@aol.com

National Financial Secretary

Pat Suckow
843-452-4719
lafranfpst@gmail.com

National Treasurer

Linda Telly
408-438-8251
LAFRANTLinda@yahoo.com

JrPNP

Christina Murray
757-588-6135
christinamurray.lafra@gmail.com

National Chaplain

Lyn Transfiguracion
562-618-4860
lyntrans@outlook.com

National Parliamentarian

Gail Doloway PNP
702-451-3355
gaildo@embarqmail.com

Membership Services

Administrator (MSA)
Cindy Rodham Tuck PNP
508-238-3607
msalafra@gmail.com

**Contact NES Vera
if you need addresses.**

www.la-fra.org

From the Desk of the National President

We have an amazing auxiliary, many of the projects we do for our community, touch hearts and fulfill needs. The auxiliary's good deeds feed my passion to serve as the National President. I am grateful for the senior members who led the way for the longevity of the auxiliary and I am looking forward to new members to join us. With a passion to serve, and the love for humanity, our auxiliary is unstoppable to find ways to support the needs of our communities. The collective energy of this Auxiliary is powerful, loving and compassionate, I am proud to be a member and honor to be the National President. I want to thank the Past National Presidents, National Board of Directors, and unit members for your mentorship. My objective is to be proactive to achieve positive results to meet our needs to continue the longevity of the Auxiliary and the FRA; to strengthen our passion to serve the FRA Shipmates and their families, as well to serve our local veterans' community; and to work as a team member with our Board of Directors as we begin to turn the pages of the new chapter of the LA FRA.

For those of you who were not in attendance at the National Convention in Memphis, the members of the 2019-2020 Auxiliary Board of Directors include: NVP Jackie Scarbro, NES Vera Thomas, NFS Pat Suckow, NT Linda Telly, JrPNP Christina Murray, RPNE/NENG PNP Cindy Rodham Tuck, RPEC Cristina Dixon, RPSE Gale Nathan, RPNC Peggy Watkins, RPSC PNP Gini Larson, RPNW Terri Johnson, RPWC Brenda Horton, RPSW Nadine Fulton. The Parliamentarian is PNP Gale Doloway. The National Chaplain is Lyn Transfiguracion.

The 2019-2020 National Presidents Project, is Operation Homefront. As experienced military families, we had to make sacrifices and overcome challenges to keep the family stable during the transitional process from military life to civilian life, it was not easy. Operation Homefront's "Critical Financial Assistance" program helps military families address critical financial shortfalls as they adjust to civilian life. Most often, this means assistance with mortgage payments, rent, utilities, car repairs, home repairs, overdue bills, critical baby items, and groceries. Another program they have is called "Transitional Homes for Community Reintegration" it is designed to place military families in single family homes for a period of 2-3 years while helping to prepare for independent home ownership. Another program they have is called Transitional Housing (or Villages) that provide rent-free, two- and three-bedroom apartments to wounded, ill and injured warriors and their families as they leave the military. 92% of contributions go directly into these programs. To learn more about all their programs go to their website www.operationhomefront.org. At this website you can choose to donate to a specific program if you wish; choose the program you want to support, fill out the amount and Billing Information and Select "Given in Honor or Memory Box," check marks "In Honor" First Name "**NP Project**"



Last Name **“LAFRA 282101”** “checkmark “Please send a Notification Letter in my behalf” to “Pat Suckow, LA FRA NFS, 106 Hyrne Drive, Goose Creek SC 29445-7331. Or preferably, write a check payable to “LA FRA” and on the memo section of check write “NP Project 2019-2020” and mail to Pat Suckow, LA FRA NFS. Your support will be greatly appreciated.

Thank you for this opportunity to be of service to all of you. Through the FRA and the Auxiliary may we plant many seeds of gratitude and passion to be of service to our families, our local veteran community and country. With passion we will be successful.

In Loyalty, Protection and Service
Bea Parco
National President
Ladies Auxiliary of the Fleet Reserve Association

*At National Convention a Regional Cap - North Central - had been misplaced.
Please contact NES Vera Thomas if you have found it."*

Congratulation to the newly installed LA FRA Regional Presidents – 2019-2020

NE/NEng Regional President
Cindy Rodham-Tuck PNP (Unit 42)
cindyyrodhamtuck@gmail.com

EC Regional President
Cristina Dixon (Unit 4)
Lafraecrpresident@gmail.com

SE Regional President
Gale Nathan (Unit 269)
gale.nathan19@yahoo.com

NC Regional President
Peggy Watkins (Unit 276)
PeggyWatkins2019lafra@gmail.com

SC Regional President
Gini Larson PNP (Unit 94)
lovedduck@aol.com

NW Regional President
Terri Johnson (Unit 29)
bmhorton@charter.net

WC Regional President
Brenda Horton (Unit 137)
bmhorton@charter.net

SW Regional President
Nadine Fulton PRPSW (Unit 289)
saggal2002@yahoo.com

😊 *Congratulations to Grace Ramsey, MAL, on the receipt of her 40 year pin.* 😊

IN LOVING MEMORY OF OUR DEPARTED MEMBERS









National Presidents



Other National/Regional Officers



Members

 Emma Ivins, PRPSW, Unit 163	 Irene Brock, Unit 22	 Mabel Harris, Unit 22
 Sandra Mettetal, MAL	 Catherine Moore, Unit 124	 Judith Stitely, Unit 181

The future belongs to those who believe in the beauty of their dreams. Eleanor Roosevelt



OPERATION HOMEFRONT

Serving America's Military Families®

WHO WE ARE

Mission ■ Build **strong, stable, and secure** military families so they can thrive — not simply struggle to get by — in the communities they have worked so hard to protect.

Vision ■ Through widespread public support and a collaborative team of exceptional staff and volunteers, we aspire to become the **provider of choice** for military families needing **Relief** (short-term critical assistance), **Resiliency** (long-term stability) and **Recurring Family Support** programs and services.

Core Values ■ Our core values serve as fundamental principles that govern our behavior and guide our decision-making.

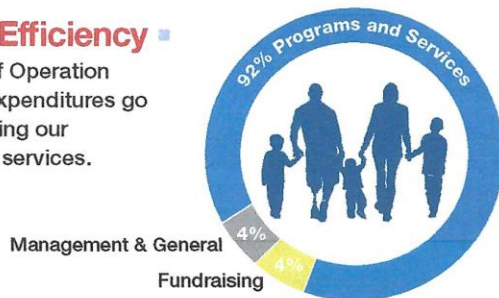
- ▶ Do What's Right
- ▶ Perform With Excellence
- ▶ Respect Others
- ▶ Gratitude

Programs & Services ■ Operation Homefront helps military families through difficult periods by providing a variety of programs designed to ensure that short-term needs do not turn into chronic long-term struggles. Our programs focus on:

- ▶ **Relief** through Critical Financial Assistance and transitional housing programs
- ▶ **Resiliency** through permanent housing and caregiver support programs
- ▶ **Recurring Family Support** during important periods throughout the year

Program Efficiency ■

92 percent of Operation Homefront's expenditures go toward delivering our programs and services.



TRUSTED AND RESPECTED



■ **4-Star Rating** - 11 consecutive years!



■ **"A" Rated Charity**



■ **Platinum Level**



■ Meets all **20 Accountability Standards**

IMPACT SINCE PROGRAM INCEPTION

Relief

Fulfilled over **38,000 requests** for relief from military families, totaling more than **\$22.5 million** through the Critical Financial Assistance program



Most common forms of assistance requested by military families



Provided nearly **4,700 months** of rent-free housing to military families

Housed over **500 families** in transitional housing at three OH Villages located in San Diego, CA; San Antonio, TX; and Gaithersburg, MD, saving them **\$5.2 million** in rent and utilities

Resiliency

Accepted our **600th military family** into our Homes on the Homefront permanent housing program



Provided over **\$64 million** in deeded value to military families



Helped over **3,500 Hearts of Valor caregivers** through more than 60 support groups across the country

Recurring Family Support

Distributed over **300,000 backpacks** filled with school supplies to military children



Served holiday meals to over **80,000 military families**, impacting nearly **360,000 military family members**



Honored over **8,000 military spouses** at Homefront Celebrations



Celebrated and supported nearly **17,000 new and expectant parents** at Star-Spangled Baby showers

RELIEF



Jeff Plaza served in the Army in various cyber- and tech-related positions, which took him all over the Middle East, as well as to Bosnia, Germany, Iceland, and other countries.

Much of his time on active duty was spent in Iraq, where he was injured in a vehicle rollover and a gas bomb. He counts himself incredibly lucky to be alive and to still have all of his limbs. Jeff left active duty in 2010. He now lives near Sacramento with his wife and their four children. They have hit more than a few challenges in the past few years.

In addition to Jeff's ongoing, unresolved medical issues, his youngest son, Jonathan, was diagnosed with cancer. At almost the same time, Jeff was suddenly laid off from his job. Now, Jeff had to provide for his wife and four children, pay their mortgage, insurance, and other bills, and they faced hospital bills for both Jeff and his son. He was struggling to stay afloat. So Jeff decided to apply for the **Critical Financial Assistance** program, and found the support he and his family needed.

"It helped us through a really rough patch, and it did help us honestly at those points when we thought we were going to have to move out of our house, not pay our mortgage or our rent and move our whole family," Jeff said.

As a young married couple, **Aaron and Jenny Woods** were under a very tight budget. Aaron had served for seven years as an infantryman in the Army and one year in the Guard. When he got out of the military, the couple decided to move to Meridian, Idaho. There, they encountered a few more unexpected challenges. "We had a rough transition... We had done things kind of backwards. He did the military first, and neither of us had gone to college [at that point in our lives], so we struggled a lot financially," says Jenny.

Additionally, Aaron's years in the infantry had taken a toll on his body and mind. He struggles with PTSD, back and knee pain, and hearing loss. They were struggling to pay residual bills and needed to find a solution.

Jenny and Aaron had heard about Operation Homefront's **Homes on the Homefront** program, and knew what a huge help it would be if they no longer needed to pay rent. They kept checking HomesontheHomefront.org, until one day they saw a home that would be perfect for them, and it was only ten minutes away from where they were living at the time. Then they got the call that changed their lives.

"I still remember the day [our caseworker] called and told us that we got the house. I remember because it was so important," says Jenny. In fact, Jenny and Aaron were the recipients of Operation Homefront's 100th mortgage-free home. With the money they saved on rent, they were able to start paying off their debt and growing their family.

RESILIENCY



RECURRING FAMILY SUPPORT



For many new military families, it can be difficult to get settled in their new lives. They often move to a new city for their first duty station, and they're learning how to be together as a family or as a couple, even as one person is often deployed.

That was the case for **Mellisa and Nathan Cook** from Iona, Michigan. The high school sweethearts married in August 2007 just before Nathan joined the Air Force. They soon moved to their first duty station in Colorado, far away from friends and family, and discovered Mellisa was pregnant with their first child, a girl. While those first few years were difficult, it was when the Cooks moved to Dayton, Ohio in 2013 that they finally learned about Operation Homefront (OH).

When they discovered what OH could offer, the Cooks realized they could qualify to participate in some of the programs, such as **Holiday Meals for Military** (HMFM). "When we first heard about it (holiday meal program) we couldn't believe there was an organization that does this kind of thing. It's so phenomenal, almost unbelievable—like, no way there's actually an organization that does that," Mellisa said.

Thanks to the HMFM program, Mellisa and Nathan are able to create their own holiday traditions for their kids. On Christmas Eve, Mellisa cooks dinner for her family using the ingredients provided to her by HMFM, and they get to spend some quality time together.

"OH is an amazing organization. They're very supportive, always checking up on me," Mellisa said.

OperationHomefront.org | 1.800.722.6098 | 1355 Central Parkway South, Suite 100, San Antonio, Texas 78232

A nonprofit 501(c)(3) Organization | Tax ID #32-0033325 | CFC #12526

The recipients of the LA FRA Scholarships:
Rachel Boudreaux – Western Michigan University
Amanda Austin -- Texas AM
Lydia Jodfrey-- University of North Carolina-Greensboro
Sarah Hale -- University of Idaho

☺ *INDIVIDUAL RECRUITER OF THE YEAR – NEW MEMBERS* ☺

Place	Name, Unit	Total Members	Award Amount
1st	Kathy Bearden, Unit 24	69	\$100
2 nd	Anna Foldesi, Unit 170	35	\$ 75
3 rd	Gini Larsen, Unit 94	32	\$ 50
4 th	Loretta Jordan, Unit 24	19	\$ 25

Membership Awards - Unit, by Grouping, with the Largest Percentage Gain in Membership

Grouping	Unit	Percentage of Gain	Award Amount
One	170 Everett (NW)	26%	\$50
Two	97 Whidbey Island (NW)	59.3%	\$50
Three	99 Kempsville	17.9%	\$50
Four	367 San Miguel PI	62.5%	\$50

Unit 367 with a gain of 62.5%, is the overall winner of the 2018-2019 Membership Plaque and a check for \$50.

✿ NVP RECRUITING AWARDS – UNITS ✿

Membership Award for the Unit That Recruited the Most New and Reinstated Members

Region	Unit # - Name	New Members	Reinstated Members	Total Members	Amount
EC	24 - Annapolis	54	144	198	\$100
NW	170 - Everett	04	51	55	\$ 75
SW	289 - Imperial Beach	21	32	53	\$ 50
SE	210 - Milton	16	35	51	\$ 50
SE	290 - Atlantic Beach	17	31	48	\$ 25
SC	94 - Corpus Christi	39	07	46	\$ 25
SE	269 - Goose Creek	29	15	37	\$ 25

87th LA FRA National Convention Bylaw & Standing Rule Resolutions

C&BL Article 14 Section 1412: *resolution was approved by the LA FRA membership but declined ratification by the FRA Board of Directors* based on the current C&BL states “Units comply with the laws and ordinances of the country, state, county and city in which the Unit is located;” The registration of a EIN number as a tax-exempt organization and the annual filing of IRS form 990 is a federal requirement.

Resolution withdrawn:

Standing Rule SR-31(a) Uniform Caps did not come before the membership. Resolutions submitted by Unit 137 pertaining to Article 8 Section 806(l) and Section 810(l) were withdrawn by RPWC delegate and proxy due to a resolution submitted by the C&BL committee outlining similar responsibilities was brought before the floor.

The following resolutions were adopted/approved by the FRA. (I have paraphrased some for space.)

Resolution #1 - **C&BL Article 8, Section 802(k)** [new]: The NBOD may grant permission for use of the LA FRA logo to a Unit. They must petition the NBOD with details on the use of the logo. The use of the logo should be granted for a specific item and/or time frame.

[Side note: If the LA FRA logo is being used and permission has not been obtained from the NBOD, then permission from the NBOD must be obtained.

Resolution #3 - **C&BL Article 13, Section 1312(a)**: A Branch shall have the authority to interpret and apply the Bylaws (C&BL FRA) in matters pertaining to it's Auxiliary. The Unit shall submit it's Bylaws and amendments thereto to the Branch Board of Directors for ratification.

Resolution #4 - **C&BL Article 8, Section 809(q)**: Changed to read “Duties of the NFS as it pertains to Membership” (There was no change to the resolution as promulgated to the Units, adding the sections listed: 809(q)(1) to (7)(i).

Resolution #5 - **SR-18**: Resolved to delete the office of Membership Service Administrator(MSA) SR-18 and assign the duties of MSA to the office of the National Financial Secretary.

Resolution #6 - **SR-18(f)** be changed to state: Regional Presidents will provide a list of members to the Membership Service Administrator/NFS, of a Unit disband who have not indicated their own choice, to transfer them into an active Unit within their current physical Region.

Resolution #7 - add to **SR 21(a)10**: Members-At-Large may purchase the gold longevity guard pins sold in 5 year increments for continuous membership directly from the NFS, at the current posted price, except for the 50 year pin which will be provided by the LA FRA free of charge to those members who are eligible to receive a 50-year pin and who further confirm with the NFS they wish to receive the 50-year pin.

Resolution #8 - **SR 28(e)**: Guard pins, sold for the 5-10-15-20-25-30 years, and each five years thereafter, of continuous membership require verification. Purchased of guard pins, by the member or Unit shall be made by official letter or current price list with the appropriate funds enclosed sent to the NFS who will then send the pin to the Unit or to the member-at-large.

Resolution #9 - **SR 28(l)**: Gold triangular guards with number of years 5-10-15-20-25-30, etc. years continuous membership, are sold. Except for the 50 year pin, which will be provided free of charge to any member who is eligible to receive the 50 year pin for continuous membership and the member or Unit (on their behalf) indicates to the NFS they wish to receive the pin. Effective 10 October 2019.

Ratified by the FRA National Board was LA FRA NP Parco's Project 2019-2020, Operation Homefront.

Membership Services

In relation to Resolution # 4 - Article 8, Section 809(q) “Duties of the NFS as it pertains to Membership” and #5 - SR-18 - to delete the office of Membership Service Administrator (MSA) and assign the duties of MSA to the office of the National Financial Secretary (NFS).

The LA FRA membership must keep in mind and remember that the Membership Service Administrator agreement has a turnover period. There is timing and coordination needed to make this turnover happen as seamlessly as possible. NFS Pat Suckow and MSA Cindy are working together to create the plan for the turnover timetable in order to make this process as smooth as it can be without any disruption in service.

It was very clearly stated at convention that this probably was not going to happen until January. As there are supplies to order, working out the timing of the PO Box and bulk mail permit, and more specifically arranging the details and logistics for meetings to facilitate the necessary training. Regional Presidents will be notified when the new mailing address will take effect so that they can notify the units in their region. All PCTs, death notices, etc. will continue to be mailed to the MSA PO Box 1154, Easton, MA 02334-1154 until then.

Yours in Loyalty, Protection and Service
Bea Parco, National President
Pat Suckow, National Financial Secretary
PNP Cindy Rodham Tuck, Membership Service Administrator

NP Project 2019-2020

Various members of the
LA FRA and the FRA National Board

National President Scholarship
Unit 275

Thank you to everyone that has made a donation your generosity is appreciated. *Remember all checks/money orders for donations and purchase of supplies must be sent to the National Financial Secretary, checks/money orders must be made out to the LA FRA, mark in the memo section the purpose of the check, for example: membership pins, history book, donations to the National President’s project or scholarship fund.*

NP Project 2018-2019

Units: 22, 40, 94, 69, 275 289

Margaret Philips, Judith Martin, Ralph Holcomb, Janice Solberg, Mark & Babe Kilgore, West Coast Beer Club, RVPSC John Neal, PRPEC Ade Littlejohn, PRP Debra Washington, Money Tree NP Project, LA FRA Northwest Region, PNP George Hyland, PNP Club FRA, LA FRA New England Region, PNP Diane Hoover, PNP Helen Courneya, PNP Cindy Rodham Tuck, PNP Gini Larson, PNP Carolyn Whitaker, PNP Club LA FRA, RPSE Gale Nathan, NFS Pat Suckow, NVP Jackie Scarbro

A Message from the National Chaplain



As the 2019 – 2020 appointed National Chaplain of the Auxiliary of the Fleet Reserve Association I am both humbled and honored to accept this position. I would like to thank Ladies Auxiliary National President Beatrice “Bea” Parco for bestowing her confidence upon me, and I look forward to meeting all the challenges of this coming year. As a spouse of a career US Navy man, and the Secretary of Unit 302, I know only too well the importance of the Ladies Auxiliary of the Fleet Reserve Association’s mission.

As we enter our 88th year, it is imperative that our organization band closer together to grow and continue our mission for the benefits of the Fleet Reserve Association members and our families. This year promises to be as exciting as last year’s, Shipmate Donna

Jansky has been elected to take the helm of the FRA, and she is the first female National President.

The National Chaplain has charge of the altar arrangements and the memorial service at the National Convention. Duties includes but not limited to the opening/closing prayers and the preparations for the memorial service. The memorial service, I believe is the most somber and the most important part of my duty, where we offer flowers for our departed members for commemoration and remembrance of their Loyalty, Protection and Service to the Auxiliary. Therefore, it is important to notify the Unit Officers, Regional and National Chaplain and Membership Service Administration immediately of names of Unit members deceased along with the name and address of the next of kin. The notification form can be found in the www.la-fra.org To the Auxiliary of the Fleet Reserve members and officers, wishing you all a great year ahead and looking forward to working with you.

Yours in Loyalty, Protection and Service
Lyn Transfiguracion, National Chaplain
lyntrans@outlook.com

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Cyber Security Awareness - a list of things you should be thinking about whenever using the Internet.

- 1- Realize that you are an attractive target to hackers. Don’t ever say “It won’t happen to me.”
- 2- Practice good password management. Use a strong mix of characters, and don’t use the same password for multiple sites. Don’t share your password with others, don’t write it down, and definitely don’t write it on a post-it note attached to your monitor. [*Easier said than done.*]
- 3- Never leave your devices unattended. If you need to leave your computer, phone, or tablet for any length of time—no matter how short—lock it up so no one can use it while you’re gone. If you keep sensitive information on a flash drive or external hard drive, make sure to lock it up as well.
- 4- Always be careful when clicking on attachments or links in email. If it’s unexpected or suspicious for any reason, don’t click on it. Double check the URL of the website the link takes you to: bad actors will often take advantage of spelling mistakes to direct you to a harmful domain.
- 5- Sensitive browsing, such as banking or shopping, should only be done on a device that belongs to you, on a network that you trust. Whether it’s a friend’s phone, a public computer, or a cafe’s free Wi-Fi—your data could be copied or stolen.
- 6- Be conscientious of what you plug in to your computer. Malware can be spread through infected flash drives, external hard drives, and even smartphones.
- 7- Watch what you’re sharing on social networks. Criminals can befriend you and easily gain access to a shocking amount of information—where you go to school, where you work, when you’re on vacation—that could help them gain access to more valuable data.
- 8- Offline, be wary of social engineering, where someone attempts to gain information from you through manipulation. If someone calls or emails you asking for sensitive information, it’s okay to say no. You can always call the company directly to verify credentials before giving out any information.



Ladies Auxiliary of the Fleet Reserve Association  
(Please type or print information)  
NOTIFICATION OF A DEATH OF A UNIT MEMBER

YEAR 2019-2020

TO: Membership Services: Member Service Administrator

DEATH NOTIFICATION

Cindy Rodham Tuck  
PO Box 1154  
Easton MA 02334-1154

Name of Deceased: \_\_\_\_\_ Membership# \_\_\_\_\_

Name of Next of Kin: \_\_\_\_\_ Relationship \_\_\_\_\_

Address: \_\_\_\_\_

Date of Death: \_\_\_\_\_ Unit# \_\_\_\_\_

Region: \_\_\_\_\_ (TITLE IF PAST NATIONAL OFFICER) \_\_\_\_\_

UNIT CHAPLAIN \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

TO: National Chaplain: Lyn Transfiguracion

DEATH NOTIFICATION

2890 Fashion Avenue  
Long Beach CA 90810

Name of Deceased: \_\_\_\_\_ Membership# \_\_\_\_\_

Name of Next of Kin: \_\_\_\_\_ Relationship \_\_\_\_\_

Address: \_\_\_\_\_

Date of Death: \_\_\_\_\_ Unit# \_\_\_\_\_

Region: \_\_\_\_\_ (TITLE IF PAST NATIONAL OFFICER) \_\_\_\_\_

UNIT CHAPLAIN \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

TO: Regional Chaplain:

DEATH NOTIFICATION

Name of Deceased: \_\_\_\_\_ Membership# \_\_\_\_\_

Name of Next of Kin: \_\_\_\_\_ Relationship \_\_\_\_\_

Address: \_\_\_\_\_

Date of Death: \_\_\_\_\_ Unit# \_\_\_\_\_

Region: \_\_\_\_\_ (TITLE IF PAST NATIONAL OFFICER) \_\_\_\_\_

UNIT CHAPLAIN \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

4th Quarter Report  
National Financial Secretary

July-Sept 2019

| RECEIPTS:                                | July       | Aug        | Sept       | Total       |
|------------------------------------------|------------|------------|------------|-------------|
| PCT DUES -Unit                           | \$4,480.00 | \$2,800.00 | \$2,770.00 | \$10,050.00 |
| PCT DUES -MAL                            | \$480.00   | \$280.00   | \$300.00   | \$1,060.00  |
| PCT Advance                              | \$1,200.00 | \$680.00   | \$850.00   | \$2,730.00  |
| PCT MAL Advance                          | \$220.00   | \$40.00    | \$20.00    | \$280.00    |
| Resale                                   | \$350.00   | \$148.00   | \$0.00     | \$498.00    |
| Triangle Subscription                    | \$90.00    | \$0.00     | \$0.00     | \$90.00     |
| Pilgrimage                               | \$0.00     | \$30.00    | \$0.00     | \$30.00     |
| NP Project 18-19                         | \$125.00   | \$2,390.01 | \$650.00   | \$3,165.01  |
| NP Scholarship                           | \$75.00    | \$210.00   | \$0.00     | \$285.00    |
| LAFRA Scholarship                        | \$75.00    | \$150.00   | \$100.00   | \$325.00    |
| Int. General Fund #8185                  | \$1.09     | \$1.16     | \$1.19     | \$3.44      |
| Int. PCT # 8193                          | \$0.56     | \$0.62     | \$0.44     | \$1.62      |
| NFCU START UP #1724                      | \$0.83     | \$0.86     | \$0.86     | \$2.55      |
| Int NP Project #1732                     | \$4.07     | \$4.32     | \$4.47     | \$12.86     |
| Int NP Scholarship #1740                 | \$14.34    | \$14.96    | \$14.39    | \$43.69     |
| Int. LAFRA Scholarship #1757             | \$8.05     | \$8.40     | \$7.58     | \$24.03     |
| Int NFCU \$80,238 CD 12 mo #3307         | \$105.26   | \$108.91   | \$109.05   | \$323.22    |
| Int NFCU \$3,000 CD 15 mo #3308          | \$7.74     | \$8.01     | \$8.04     | \$23.79     |
| PCT Advance                              | \$1.02     | \$2.02     | \$2.88     | \$5.92      |
| Sub total receipts less welfare          | \$7,237.96 | \$6,877.27 | \$4,838.90 | \$18,954.13 |
| Welfare Receipts                         |            |            |            |             |
| Int Welfare/Rehab NFCU # 3567            | \$10.41    | \$10.64    | \$10.52    | \$31.57     |
| Welfare Donations                        |            |            |            |             |
| Total Welfare Receipts                   |            |            |            | \$31.57     |
| Total all Receipts                       | \$7,248.37 | \$6,887.91 | \$4,849.42 | \$18,985.70 |
| Disbursements:                           |            |            |            |             |
| National President                       |            |            |            |             |
| Allowance                                | \$500.00   | \$500.00   | \$500.00   | \$1,500.00  |
| Postage/Supplies/Printing                | \$0.00     | \$0.00     | \$87.21    | \$87.21     |
| Travel National Convention               | \$0.00     | \$0.00     | \$457.00   | \$457.00    |
| Allowance National Convention            | \$0.00     | \$0.00     | \$450.00   | \$450.00    |
| National President Gift                  | \$0.00     | \$0.00     | \$1,000.00 | \$1,000.00  |
| National Vice President                  |            |            |            |             |
| Membership Awards                        | \$0.00     | \$0.00     | \$200.00   | \$200.00    |
| VP Recruiting Awards                     | \$0.00     | \$0.00     | \$590.17   | \$590.17    |
| Travel National Convention               | \$0.00     | \$0.00     | \$600.00   | \$600.00    |
| Allowance National Convention            | \$0.00     | \$0.00     | \$450.00   | \$450.00    |
| National Executive Secretary             |            |            |            |             |
| Allowance                                | \$300.00   | \$300.00   | \$300.00   | \$900.00    |
| Postage/Supplies/Printing (non triangle) |            |            |            |             |
| Triangle First Class postage             | \$210.16   | \$210.16   | \$232.69   | \$653.01    |
| Triangle Printing                        | \$474.76   | \$474.76   | \$473.10   | \$1,422.62  |
| Triangle Preparation                     | \$22.78    | \$22.78    | \$27.28    | \$72.84     |
| Travel National Convention               | \$0.00     | \$0.00     | \$239.72   | \$239.72    |
| Allowance National Convention            | \$0.00     | \$0.00     | \$450.00   | \$450.00    |

**4th Quarter Report  
National Financial Secretary**

July-Sept 2019

|                                               |                   |                   |                   |                    |
|-----------------------------------------------|-------------------|-------------------|-------------------|--------------------|
| <b>National Financial Secretary</b>           |                   |                   |                   |                    |
| Allowance                                     | \$300.00          | \$300.00          | \$300.00          | \$900.00           |
| Postage/Supplies/Printing Administrative      | \$0.00            | \$236.04          | \$0.00            | \$236.04           |
| Resale Postage                                | \$0.00            | \$110.97          | \$0.00            | \$110.97           |
| Membership Plaque for 2020                    | \$0.00            | \$20.33           | \$0.00            | \$20.33            |
| Travel National Convention                    | \$0.00            | \$0.00            | \$583.00          | \$583.00           |
| Allowance National Convention                 | \$0.00            | \$0.00            | \$450.00          | \$450.00           |
| <b>National Treasurer</b>                     |                   |                   |                   |                    |
| Allowance                                     | \$300.00          | \$300.00          | \$300.00          | \$900.00           |
| Travel National Convention                    | \$0.00            | \$0.00            | \$441.20          | \$441.20           |
| Allowance National Convention                 | \$0.00            | \$0.00            | \$450.00          | \$450.00           |
| <b>Sub-Total</b>                              | <b>\$2,107.70</b> | <b>\$2,475.04</b> | <b>\$8,581.37</b> | <b>\$13,164.11</b> |
| <b>Regional President's</b>                   |                   |                   |                   |                    |
| RP Allowance Balance Disbursement             | \$0.00            | \$0.00            | \$2,400.00        | \$2,400.00         |
| RPNE/NENG (Cindy Rodham-Tuck)                 | \$0.00            | \$0.00            | \$738.00          | \$738.00           |
| RPEC (Cristian Dixon)                         | \$0.00            | \$0.00            | \$716.98          | \$716.98           |
| RPSE(Carolyn Whitaker)                        | \$0.00            | \$0.00            | \$841.04          | \$841.04           |
| RPSC (Gini Larson)                            | \$0.00            | \$0.00            | \$859.24          | \$859.24           |
| RPNC (Barbara White)                          | \$0.00            | \$0.00            | \$718.32          | \$718.32           |
| RPNW (Rose Hall)                              | \$0.00            | \$0.00            | \$0.00            | \$0.00             |
| RPWC (Brenda Horton)                          | \$0.00            | \$0.00            | \$1,050.00        | \$1,050.00         |
| RPSW (Peggy Loa)                              | \$0.00            | \$0.00            | \$853.00          | \$853.00           |
| <b>RP P/S/P Sub Total</b>                     | <b>\$0.00</b>     | <b>\$0.00</b>     | <b>\$8,176.58</b> | <b>\$8,176.58</b>  |
| <b>National Chaplin</b>                       |                   |                   |                   |                    |
| Postage/Supplies and Printing                 | \$0.00            | \$22.00           | \$0.00            | \$22.00            |
| Travel National Convention                    | \$0.00            | \$0.00            | \$493.01          | \$493.01           |
| Allowance National Convention                 | \$0.00            | \$0.00            | \$450.00          | \$450.00           |
| <b>Membership Service Administrator</b>       |                   |                   |                   |                    |
| Membership Service Administrator              | \$500.00          | \$500.00          | \$500.00          | \$1,500.00         |
| Postage/Supplies/Printing                     | \$0.00            | \$271.39          | \$113.51          | \$384.90           |
| Bulk Mail Postage                             | \$0.00            | \$400.00          | \$200.00          | \$600.00           |
| Bulk Mail Renewal                             | \$0.00            | \$0.00            | \$0.00            | \$0.00             |
| Post Office Box                               | \$0.00            | \$117.00          | \$0.00            | \$117.00           |
| 1st Class Mail                                | \$0.00            | \$97.60           | \$26.94           | \$124.54           |
| <b>Insur Liability Annual Premium Renew 2</b> | <b>\$1,122.00</b> | <b>\$0.00</b>     | <b>\$0.00</b>     | <b>\$1,122.00</b>  |
| <b>Pilgrimage Hospitality Room</b>            | <b>\$0.00</b>     | <b>\$1,840.16</b> | <b>\$0.00</b>     | <b>\$1,840.16</b>  |
| <b>Sub-Total</b>                              | <b>\$1,622.00</b> | <b>\$3,248.15</b> | <b>\$1,783.46</b> | <b>\$6,653.61</b>  |
| <b>National Convention:</b>                   |                   |                   |                   |                    |
| <b>Jr. Past National President</b>            |                   |                   |                   |                    |
| Travel /Per Diem(Jean Smith)                  | \$0.00            | \$0.00            | \$651.76          | \$651.76           |
| <b>Parliamentarian</b>                        | <b>\$0.00</b>     | <b>\$0.00</b>     | <b>\$0.00</b>     | <b>\$0.00</b>      |
| Travel/Per Diem (Doreen)                      | \$0.00            | \$0.00            | \$800.61          | \$800.61           |
| <b>Scholarships</b>                           |                   |                   |                   |                    |
| NP Scholarship                                | \$1,500.00        | \$0.00            | \$0.00            | \$1,500.00         |
| LAFRA Scholarship                             | \$500.00          | \$0.00            | \$0.00            | \$500.00           |
| Sam Rose Memorial Scholarship                 | \$500.00          | \$0.00            | \$0.00            | \$500.00           |
| Allie Mae Odem Memorial Scholarship           | \$500.00          | \$0.00            | \$0.00            | \$500.00           |



**4th Quarter Report  
National Financial Secretary**

**July-Sept 2019**

|                                         |                   |                   |                    |                    |
|-----------------------------------------|-------------------|-------------------|--------------------|--------------------|
| <b>Other Expenditures</b>               |                   |                   |                    |                    |
| <b>Ship N/Officer Equip. (NVP)</b>      |                   | <b>\$0.00</b>     | <b>\$206.44</b>    | <b>\$206.44</b>    |
| <b>Sub-Total</b>                        | <b>\$3,000.00</b> | <b>\$0.00</b>     | <b>\$1,658.81</b>  | <b>\$4,658.81</b>  |
| <b>2017-2018 General Fund TOTAL</b>     | <b>\$6,729.70</b> | <b>\$5,723.19</b> | <b>\$20,200.22</b> | <b>\$32,653.11</b> |
| <b>Welfare Distributions</b>            | <b>\$0.00</b>     | <b>\$0.00</b>     | <b>\$0.00</b>      | <b>\$0.00</b>      |
| <b>Total Distributions All Accounts</b> | <b>\$6,729.70</b> | <b>\$5,723.19</b> | <b>\$20,200.22</b> | <b>\$32,653.11</b> |

**THIS IS TO CERTIFY THAT THE BOOKS OF THE NATIONAL FINANCIAL SECRETARY WERE AUDITED,  
AND FOUND TO BE IN ORDER AND ALL MONIES ACCOUNTED FOR AS OF 30 Sept 2019**

Marilyn Tharp 9-7-2019  
NFS Audit Committee Date  
Marilyn Tharp - Unit 269

Cacey Anderson 9/7/19  
NFS Audit Committee Date  
Cacey Anderson - Unit 269

Trish Clinton Sept. 7<sup>th</sup> 2019  
NFS Audit Committee Date  
Trish Clinton - Unit 269

Gale Nathan 9/7/19  
NFS Audit Date  
Gale Nathan  
Regional President SE-Unit 269

Pat Suckow 9/7/19  
National Financial Secretary Date  
Pat Suckow - Unit 269

*May a Happy Thanksgiving be had by all, especially those serving in foreign lands.*



When the Pilgrims landed on the coast of what is now Massachusetts, they arrived in the land of the Wampanoag people. In time, the Pilgrims met the Wampanoag leader, Massasoit. They also met Tisquantum, a Native American who lived with the Wampanoag and spoke English. In 1621, when the Pilgrims celebrated their first successful harvest, the Wampanoag joined in the three-day feast. This became known as the first Thanksgiving.

OR

The First Thanksgiving. On September 8, 1565, Pedro Menéndez de Avilés and 800 Spanish settlers founded the city of St. Augustine in Spanish La Florida. As soon as they were ashore, the landing party celebrated a Mass of Thanksgiving. But Some historians argue that while America's first Thanksgiving indeed took place in Florida, it actually occurred 40 miles further north and one year earlier than the one in St. Augustine when French Huguenots —Calvinists like the Pilgrims— held a service of thanksgiving and

feasted with the Timucuan to celebrate the June 1564 establishment of Fort Caroline along the St. John's River in present-day Jacksonville.

|                                                                         |           |                     |
|-------------------------------------------------------------------------|-----------|---------------------|
| <b>LA FRA SCHOLARSHIP FUND</b>                                          | 6/30/2019 | \$ 11,770.46        |
| Donations                                                               |           | \$ 325.00           |
| Distributions                                                           |           | \$ (1,500.00)       |
| Interest                                                                |           | \$ 24.03            |
| Balance                                                                 | 9/30/2019 | <u>\$ 10,619.49</u> |
| <b>WELFARE/REHABILITATION FUND</b>                                      | 6/30/2019 | \$ 14,552.20        |
| Donations                                                               |           | \$ -                |
| Welfare-Rehab Check Distribution                                        |           | \$ -                |
| Interest                                                                |           | \$ 31.57            |
| Balance                                                                 | 9/30/2019 | <u>\$ 14,583.77</u> |
| <b>PCT ADVANCES- #2866</b>                                              | 6/30/2019 | \$ 2,580.16         |
| Member to Member                                                        |           | \$ 2,730.00         |
| MAL                                                                     |           | \$ 280.00           |
| Interest                                                                |           | \$ 5.92             |
| Ending Balance                                                          | 9/30/2019 | <u>\$ 5,596.08</u>  |
| <b>24MO CD - NFCU #3307 Rate 1.55% Mature 11/2/2019</b>                 | 6/30/2019 | \$ 83,109.35        |
| Interest                                                                |           | \$ 323.22           |
| Ending Balance                                                          | 9/30/2019 | <u>\$ 83,432.57</u> |
| <b>6MO CD - NFCU #3309 Rate 2.96% Mature 10/26/2019</b>                 | 6/30/2019 | \$ 3,177.58         |
| Interest                                                                |           | \$ 23.79            |
| Ending Balance                                                          | 9/30/2019 | <u>\$ 3,201.37</u>  |
| <b>PCT Interest</b>                                                     | 6/30/2019 | \$ 126.24           |
| Interest                                                                |           | \$ 1.62             |
| Balance                                                                 | 9/30/2019 | <u>\$ 127.86</u>    |
| <b>CHECKING ACCOUNT - GENERAL FUND</b>                                  |           |                     |
| Balance                                                                 | 6/30/2019 | \$ 28,064.96        |
| Receipts = Resale, Triangle, Pilgrimage, Bake Sale, Book Mem, Conv Min. |           | \$ 618.00           |
| PCT - General Membership                                                |           | \$ 10,050.00        |
| PCT - MAL                                                               |           | \$ 1,060.00         |
| Interest                                                                |           | \$ 3.44             |
| Distributions                                                           |           | \$ (29,653.11)      |
| Balance                                                                 | 9/30/2019 | <u>\$ 10,143.29</u> |
| <b>NFCU Savings Escrow Account</b>                                      | 9/30/2019 | \$ 4,036.31         |
| Transfer from PCT Units Non Pays or Long Term Holds                     |           | \$ -                |
| Interest                                                                |           | \$ 2.55             |
|                                                                         | 9/30/2019 | <u>\$ 4,038.86</u>  |

**INVESTMENTS**

| <u>RECEIPTS &amp; DISBURSEMENTS</u>  | <u>July</u>          | <u>August</u>        | <u>Sept</u>           | <u>TOTAL</u>          |
|--------------------------------------|----------------------|----------------------|-----------------------|-----------------------|
| <b>2018-2019</b>                     |                      |                      |                       |                       |
| PCT Dues - Unit Members              | \$ 4,480.00          | \$ 2,800.00          | \$ 2,770.00           | \$ 10,050.00          |
| PCT Dues - MAL                       | \$ 480.00            | \$ 280.00            | \$ 300.00             | \$ 1,060.00           |
| PCT Dues - Advances - Units          | \$ 1,200.00          | \$ 680.00            | \$ 850.00             | \$ 2,730.00           |
| PCT Dues - Advances - MAL            | \$ 220.00            | \$ 40.00             | \$ 20.00              | \$ 280.00             |
| Resale                               | \$ 350.00            | \$ 148.00            | \$ -                  | \$ 498.00             |
| Triangle Subscriptions               | \$ 90.00             | \$ -                 | \$ -                  | \$ 90.00              |
| Convention Minutes                   | \$ -                 | \$ -                 | \$ -                  | \$ -                  |
| Pilgrimage                           | \$ -                 | \$ 30.00             | \$ -                  | \$ 30.00              |
| History Book                         |                      |                      | \$ -                  | \$ -                  |
| National President Project 2018-2019 | \$ 125.00            | \$ 2,390.01          | \$ 650.00             | \$ 3,165.01           |
| National President Scholarship Fund  |                      |                      | \$ -                  | \$ -                  |
| National Presidents Scholarship      | \$ 75.00             | \$ 210.00            | \$ -                  | \$ 285.00             |
| LA FRA Scholarship Fund              | \$ 75.00             | \$ 150.00            | \$ 100.00             | \$ 325.00             |
| Welfare\Rehab Fund                   | \$ -                 | \$ -                 | \$ -                  | \$ -                  |
| Interest General Fund                | \$ 1.09              | \$ 1.16              | \$ 1.19               | \$ 3.44               |
| Interest PCT                         | \$ 0.56              | \$ 0.62              | \$ 0.44               | \$ 1.62               |
| Interest NFCU Savings Escrow         | \$ 0.83              | \$ 0.86              | \$ 0.86               | \$ 2.55               |
| Interest NP Project                  | \$ 4.07              | \$ 4.32              | \$ 4.47               | \$ 12.86              |
| Interest NP Scholarship Fund         | \$ 14.34             | \$ 14.96             | \$ 14.39              | \$ 43.69              |
| Interest LA FRA Scholarship Fund     | \$ 8.05              | \$ 8.40              | \$ 7.58               | \$ 24.03              |
| Interest Welfare\Rehab WF            | \$ 10.41             | \$ 10.64             | \$ 10.52              | \$ 31.57              |
| Interest PCT Advance #2866           | \$ 1.02              | \$ 2.02              | \$ 2.88               | \$ 5.92               |
| Interest NFCU CD #3307               | \$ 105.26            | \$ 108.91            | \$ 109.05             | \$ 323.22             |
| Interest NFCU CD #3308               | \$ 7.74              | \$ 8.01              | \$ 8.04               | \$ 23.79              |
|                                      |                      |                      | \$ -                  | \$ -                  |
|                                      |                      |                      | \$ -                  | \$ -                  |
| <b>TOTAL RECEIPTS Subtotal</b>       | <b>\$ 7,248.37</b>   | <b>\$ 6,887.91</b>   | <b>\$ 4,849.42</b>    | <b>\$ 18,985.70</b>   |
|                                      | \$ -                 |                      |                       | \$ -                  |
| <b>TOTAL Adjusted RECEIPTS</b>       | <b>\$ 7,248.37</b>   | <b>\$ 6,887.91</b>   | <b>\$ 4,849.42</b>    | <b>\$ 18,985.70</b>   |
|                                      |                      |                      |                       |                       |
| NP Scholarship                       | \$ (1,500.00)        | \$ -                 | \$ -                  | \$ (1,500.00)         |
| LAFRA Scholarship                    | \$ (1,500.00)        | \$ -                 | \$ -                  | \$ (1,500.00)         |
| General Fund                         | \$ (3,729.70)        | \$ (5,723.19)        | \$ (20,200.22)        | \$ (29,653.11)        |
| <b>TOTAL DISBURSEMENTS</b>           | <b>\$ (6,729.70)</b> | <b>\$ (5,723.19)</b> | <b>\$ (20,200.22)</b> | <b>\$ (32,653.11)</b> |

SUMMARY OF ALL ACCOUNTS

|                                            |           |                     |
|--------------------------------------------|-----------|---------------------|
| <b>NATIONAL PRESIDENT PROJECT</b>          | 6/30/2019 | \$ 6,307.57         |
| Donations NP Project 2018-2019             |           | \$ 3,165.01         |
| Distributions                              |           |                     |
| Interest                                   |           | \$ 12.86            |
| Balance                                    | 9/30/2019 | <u>\$ 9,485.44</u>  |
|                                            |           |                     |
| <b>NATIONAL PRESIDENT SCHOLARSHIP FUND</b> | 6/30/2019 | \$ 20,596.79        |
| Donations                                  |           | \$ 285.00           |
| Distributions                              |           | \$ (1,500.00)       |
| Interest                                   |           | \$ 43.69            |
| Balance                                    | 9/30/2019 | <u>\$ 19,425.48</u> |



NT - 4th Quarter  
July -Sept. 2019

**American Funds (Capital Group)**

\$ 50,000.00

American Funds (Capital Group)

|                                                         |            |             |                    |
|---------------------------------------------------------|------------|-------------|--------------------|
| Original Cash Investment                                | 10/22/2002 | \$50,000.00 |                    |
| Portfolio Value (Actual on 9/30/2018 Statement)         |            |             | \$ 155,036.33      |
| Portfolio Value \$22.50 PerShare-Total Shares 7,151,107 | 9/6/2019   |             | \$ 162,973.72      |
| Total Portfolio Gain                                    |            |             | <u>\$ 7,937.39</u> |

**Total All Accounts**

**SUBTOTAL** \$ 210,654.21

**PCT**

|                                      |              |                                      |
|--------------------------------------|--------------|--------------------------------------|
| Beginning Balance                    | \$5,338.02   |                                      |
| MSA Deposits Sep 2018- March 2019    | \$14,120.00  |                                      |
| PCT Paid to Units                    | -\$10,050.00 |                                      |
| PCT to General Fund - Members; MAL   | -\$1,060.00  |                                      |
| PCT to PCT Advance -Members          | -\$2,730.00  |                                      |
| PCT to PCT Advance -MAL              | -\$280.00    |                                      |
| Members Donations LA FRA Scholarship | -\$3.00      |                                      |
| PCT Quarter Adjustments              | -\$800.00    | \$ 350.00 NSF'S                      |
|                                      |              | 480.00 Non Pay - Withheld - Overpaid |
| Subtotal                             | \$4,535.02   |                                      |
| PCT Interest                         | \$1.62       |                                      |
| Subtotal                             | \$4,536.64   |                                      |
| PCT Adjustments Accumulative         | \$0.00       |                                      |
| PCT Subtotal                         | \$4,536.64   |                                      |
| Reverse PCT Interest Reported        | -\$1.62      |                                      |
| PCT Ending Balance                   |              | <u>4535.02</u>                       |

**Grand Total with PCT** \$ 215,189.23

|                |                 |
|----------------|-----------------|
| Escrow Balance | 4,038.86        |
| PCT Balance    | <u>4,535.02</u> |
|                | 8,573.88        |

THIS IS TO CERTIFY THAT THE BOOKS OF THE NATIONAL TREASURER WERE AUDITED,  
AND FOUND TO BE IN ORDER AND ALL MONIES ACCOUNTED FOR AS OF 9/7/2019

Kelly M Pena  
NT Audit Committee Chairman  
Kelly Pena Unit 287

9-7-19  
Date

Hope Spurgeon  
NT Audit Committee  
Hope Spurgeon Unit 287

9-7-19  
Date

Georgia Reaves  
NT Audit Committee  
Georgia Reaves Unit 287

9-7-19  
Date

Linda Telly  
National Treasurer  
Linda Telly Unit 287

9-7-19  
Date