



The Triangle



Ladies Auxiliary of the Fleet Reserve Association

www.la-fra.org

FEBRUARY 2019

2018-2019 National Officers & Appointees

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CONTACT NES DORIS FRI IF YOU NEED ADDRESSES.

A MESSAGE FROM OUR NATIONAL PRESIDENT :



What are your first thoughts when you think of February? First thoughts might lead to a loved one and a special Valentine's Day. Other thoughts might lead to our forefathers and their love of this country and how the Branch and Unit members support the youth and the Annual Americanism Essay contests and award programs being held this month. Whatever your thoughts are I hope they include your love of the LA FRA and how it can be demonstrated by being involved members, recruiting and participating in events at your Unit and in the community. Reading the C&BL's and writing a resolution, especially if you notice something that needs to be changed or updated, is another way to show your love of this organization. Make plans now to attend the Pilgrimage and remember that the C&BL's states it is every Unit's Privilege to support the Pilgrimage with a monetary donation to help offset the costs. We are still in need of a qualified applicant to run for Vice President 2019-2020. If interested please read the C&BL's for the proper procedure to apply.

This month I would also like you to take a few minutes to Love yourself and those around you. I encourage you to wear **Red** on Friday, February 1st to draw awareness to Women's Heart Health. Are you aware that 375,000 women die each year of coronary heart disease and sudden cardiac arrest? This equates to nearly twice as many women in the United States dying of heart disease & stroke than from all forms of cancer. When you add the men into this equation 610,000 Americans or 1 in every 4 dies of heart disease. So I encourage you to walk, be active, eat a balanced diet rich in omega 3, fruits, vegetables, whole grains and nuts. I love each one of you and hope you or your loved ones never have to experience this terrible disease. Symptoms reported by women do not always include extreme pressure on the chest. Some signs you should be aware of: extreme fatigue, unusual tiredness, nausea, pain in the shoulders, neck, jaw or arms, sudden or prolonged shortness of breath for no apparent reason, profuse sweating (similar to hormonal hot flashes) You know your body and If it doesn't feel right please don't lay down and think it will be ok when you wake up! Call 911, the doctor or get checked out.

I look forward to meeting many of you as I travel to the Mid-Year Meetings. Please send pictures of your Unit Activities to National Executive Secretary, Doris Fri.

For those of you who are not feeling your best, I wish you a speedy recovery. If you are celebrating a birthday, anniversary or membership longevity, congratulations and may the year ahead be filled with joy and beautiful memories.

Yours in Loyalty, Protection and Service,
Christina Murray
National President 2018-2019

IN LOVING MEMORY OF OUR DEPARTED MEMBERS



National Presidents



Other National/Regional Officers



Members

Nancy Schdnk Unit 60 Member since 2015	Roberta T Boffeli MAL Member since 1982	Mary L Thompson MAL* Member since 1967
Barbara Ahee Unit 61* Member 1963	Mary Wingate Unit 161 Member since 1969	Katherine Lambert Unit 18 Member since 1972
Adele F Hanson Unit 29 Member since 2012	Ermilinda Ramirez Unit 154 Member since 1987	Sandra L Huggins Unit 94 Member since 2007
Marjorie B Cooper Unit 22 Member since 1990	Maude E Parker Member since 1976	Emiko Baynton Unit 371 Member since 1997
Antoine Schulz Unit 22 Member since 1983	Lois C Freeman Unit 61 Member since 1981	Mildred Robison Unit 61* Member Since 1960
Sandy R Wood Unit 61* Member since 1960	Ida P Hendricks Unit 175 Member since 1994	Hazel M Thomas Unit 175* Member since 1958
Christine Brown Unit 289 Member since 2016	Carolyn Huddleston Unit 289 Member since 2000	Betty A Wood Unit 289 Member since 1971
Leatrice S Swain Unit 8* Member since 1968	Katherine S Waters Unit 8 Member since 1985	Ivra M Shaw Unit 49 Member since 1999
Beverly A Sonksen Unit 49 Member since 2002	Emma Schriver Unit 101 Member since 1990	Mercedes Dunham Unit 101 Member since 1980
Vada R Wilson Unit 197 Member since 1984	Julia R Beck Unit 230 Member since 2016	Mary T Grabowski Unit 230 Member since 1977
Bervery J Peterson Uit 230 Member since 1980		

Bold print with * indicates 50+ years of membership

Membership Statistics

Apr 1	REI	NEW	TI	TO	Resigned	NonPmt	Deceased	Ineligible	Other	Active
6053	208	428	114	113	8	752	96	1	0	5833

MAIL ALL MEMBERSHIP APPLICATIONS OR DUES PAYMENTS TO: LA FRA, PO BOX 1154, EASTON MA 02334-1154. DO NOT SEND CASH!!! CHECKS/MONEY ORDERS MUST BE MADE OUT TO LA FRA.

“Through the generosity of our members, all things are possible”

<p><u>LA FRA Scholarship</u></p> <hr/> <p><u>NP Scholarship</u></p> <hr/> <p><u>Welfare</u></p> <hr/> <p><u>Pilgrimage</u></p>	<p><u>NP Project 2017-2018</u> <u>Alzheimer’s Foundation</u></p> <hr/> <p><u>NP Project 2018-2019</u> <u>“National Military Family Operation Purple Camps and Healing Adventures.”</u></p>
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ALL donations must be sent to the National Financial Secretary, **Pat Suckow NFS, 106 Hyrne Drive, Goose Creek SC 29445-7331** checks/money orders **MUST** be made out to the LA FRA and marked in the memo section where the money to be posted.

TRIANGLE BY EMAIL

ANY member or Unit Officer, Regional Officer, National officer who would like to receive the Triangle by email, just send me a request by email, (so I know I have your correct email address) and I will put you on my list. This is strictly voluntary.

A message from the C&BL Chairman Sandra Robbins PNP



The importance of Bylaws:

Bylaws, by definition, are the rules and regulations enacted by an association to provide a framework for the operation and management. Bylaws may specify the qualifications, rights and liabilities of membership, and the powers, duties, and grounds for the dissolution of an organization.

Do you know what the Ladies Auxiliary Fleet Reserve Association Constitution and Bylaws (C&BL) say and where do you go to find them?

Members should be knowledgeable of what is stated in our C&BL so that they may have a true understanding of the workings of our organization (Nationally, Regionally, Unit). It is very important for all members to be introduced to LA FRA C&BL's. I can still remember being told quite often when I joined and started attending meetings that the answer to many of my questions were contained in the Blue Book (LA FRA C&BL). I was told many times to go look it up. It wasn't that they didn't know the answer; it was so that I would become educated on what the C&BL's contained. Although our organization no longer has Blue Books that contain our C&BL's, our Constitution and Bylaws are presently available online via the LA FRA website. I challenge each member to read or reread them. Keep in mind that changes are made from time to time, so we need to continually check for any updates. Join me as I begin going through the C&BL of the LA FRA!

Constitution & Bylaws Chairman 2018-2019
Sandra Robbins, PNP

A message from Northeast/New England Regional President Cindy Rodham-Tuck PNP



I would like to thank the members of the Northeast/New England Region for electing me the Regional President for the Auxiliary year 2018-19. Even though I've been here before, it is an honor to serve this region. Besides, the members tell me I must do it "till I get it right".

For several years, both the FRA and LA FRA Regional Presidents of this region are invited to make a presentation at the Awards Ceremony for graduating Cadets at the Coast Guard Academy in New London, CT. There is always a Pass in Review which is a thrilling experience. The Auxiliary presents the award for the "Most Outstanding Athlete" of that year's graduating class. Also, during the year, Branch 20 in Groton honors the Sailor of the Quarter with a luncheon and ceremony.

The Units continue with various projects such as funding a Cakeless Cake Sale; making phone calls to shut-ins; attending funerals, rituals, and parades. For example, Unit 226/Staten Island donated to "Wreaths Across America" at Arlington National Cemetery; Unit 124/Lakehurst volunteers to read at local schools on America Day; another Unit donates to the local food pantry; Unit 20/Groton helps to serve breakfast at the Branch home; and Unit 156/Pinetree helps in the community. One of the members from Unit 42/Quonset-Davisville who lives in Maine meets and greets Servicemen and women at Bangor Airport as they leave or upon their return from deployment. Some of our members volunteer at the VA hospitals or local hospitals and/or nursing homes providing comfort and aid to the ones that need it. This Region may only have five Units, but each and every member does their part for the Auxiliary.

The Mid-year Regional meeting (AKA spring meet) will be hosted by Branch and Unit 124 Lakehurst, NJ on March 29-30, 2019. The Regional Convention is scheduled for August 9-10, 2019 at Branch and Unit 20 in Groton.

Please check out the Facebook page: [Fleet Reserve Association NE/NEng Region](#) hosted by FRA NVP Donna Jansky. It is opened to anyone and is very informative. The information is not only about this Region, but also other Branches and Units. There are many very interesting and helpful articles.

In LPS
PNP Cindy Rodham Tuck
Regional President NE/NEngland 2018-19

Quote

I stand fearlessly for small dogs, the American Flag, motherhood and the Bible. That's why people love me.
Art Linkletter



Season's Greetings from the East Coast Region! It is an honor to serve as the Regional President supporting the men and women of the Auxiliary of the Fleet Reserve Association, the FRA veterans and communities. I am available by phone or email at any time, please don't hesitate to let me know how I can support you. I will do my best to visit all Units and as many Branches, to promote all matters pertaining to welfare, social and patriotic work, for the benefit of the Fleet Reserve Association and the Auxiliary.

I started my RPEC journey by bringing cheer to a Unit 181 member (a National Convention attendee) hospitalized in San Antonio. I attended monthly meetings at Units: 24, 4, 208, Branch 207 & a CLC Qtrly Meeting at Unit 67; supported fundraisers at Unit 24 & Unit 93; sponsored/ hosted Unit/Branch 4 FRA Youth Americanism-Patriotism Recognition Event; I also took part in birthday celebrations, Veterans Day observance, Unit/Branch 99 Thanksgiving Feeding Veterans, Unit/Branch 182 Pearl Harbor Memorial Service, Wreaths Across America; Unit/Branch 181 Holiday Brunch; Unit/Branch 4 Christmas Fiesta & community outreach Simbang Gabi feeding neighborhoods; and I also represented the LA FRA in the Women Veteran's Symposium "Women Who Serve, Women Who Lead." I also shared a meal with PNP Arlene Hemingway, PRPEC Dee Kissinger and PRPEC Aida Littlejohn, and connected with Branch 301 President/ Chairman of the 2019 East Coast Region Convention Lee Newton in preparation of this year's convention.

Your ECR Officers have also conducted monthly video-conference meetings to keep up-to-date with events and prepare for the following activities:

Feb 15-16, 2019 ECR Mid-Year Meeting (MYM) hosted by Branch/Unit 99 @ Holiday Inn, Richmond South – Bells Road, 4303 Commerce Road, Richmond, VA 23230. For Reservation call 1-800-592-2900, Mention "FRA" for special rate: \$109 plus tax per night, Reservation deadline: 2/8/19.

Jul 18-21, 2019 ECR Convention hosted by Branch 301 & LA FRA PRPEC Aida Littlejohn & PRPEC Dee Kissinger @ Holiday Inn, 203 Greenville Blvd, Greenville, NC. For Reservation call 1-252-355-8300 for special rates: \$109 plus tax, Reservation deadline: 6/18/19.

We are also seeking everyone's help, please share your special dessert recipes for LA FRA Just Dessert Cookbook as my fundraising campaign to support LA FRA. This dessert cookbook will be a sequel to the very successful LA FRA Family & Friends Cookbook, which Unit 99 published last year. Please send your recipes to lafraecrpresident@gmail.com, Subject: Dessert Recipe from XXXXXX (include your name, Unit/Branch#), for publication & future sales.

A big THANK YOU to those who invited me to partake in your Unit's events, to my travel companions, drivers, supporters and those who've opened your homes to my visit—I look forward to attending more in 2019. I also want to mention during my visits that I witnessed overflowing acts of kindness, generosity, support, hospitality and love for one another. Truly this is the season of giving. May each of us find strength to endure the challenges of today and forge new ways ahead.

*In Loyalty, Protection and Service,
Cris Dixon, RPEC, 2018-2019*

Unit Chaplain's Annual Report

Is your Unit Chaplain aware that they are supposed to send in an Annual Unit Chaplain's Report? The form is on the LA FRA Website along with all the other Auxiliary Forms. The **UNIT CHAPLAIN** must fill out the report and send it to the **REGIONAL CHAPLAIN** prior to the Regional Convention, the **REGIONAL CHAPLAIN** should then fill out her **REGIONAL CHAPLAIN** Report, also on the LA FRA Website, and immediately, after Regional Convention send her report to the **NATIONAL CHAPLAIN** who will be able to make her report at the National Convention. That is why it is so important that each of us follow the rules and meet out deadlines so that it makes it possible for the next person to be able to meet their deadline and everything gets done in proper order. We are each dependent on others for our successes. Lets all strive to not be the weak link in the chain. Chaplain's Reports are not judged.

Flag Etiquette And The U.S. Flag Code

- Display the U.S. **flag** from sunrise to sunset on buildings and stationary flagstaffs in the open. ...
- When placed on a single staff or lanyard, place the U.S. **Flag** above all other **flags**.
- When **flags** are displayed in a row, the U.S. **flag** goes to the observer's left.

NOMINATION FOR LA FRA NATIONAL PRESIDENT

VALLEY OF THE SUN UNIT 163

NOMINATING RESOLUTION

WHEREAS, it will be the duty and responsibility of the delegates assembled at the 87th National Convention of the Ladies Auxiliary of the Fleet Reserve Association, being held September, 2019; to elect a loyal and dedicated member to serve as National President for the term October 2019 through September 2020; and

WHEREAS, it will be the duty and responsibility of the delegates assembled to elect a member who continuously demonstrates leadership, integrity, dedication, commitment and has the desire to successfully serve in the best interest of the members of the LA FRA; and

WHEREAS, Valley of the Sun Unit 163 is proud to have within its membership, LA FRA National Vice President, Beatrice "Bea" Parco who exhibits these qualifications; and

WHEREAS, she has been a member in good standing since 2010. At the Unit level she served as Unit 163 President 2015-2016, Chaplain and Board of Directors for 5 years; as the wreath presenter at the Phoenix National Cemetery for several Memorial Day Services; Event historian photographer; writes, designs and prints Newsletters, get well cards, condolences cards and appreciations of service; assists at all levels for the unit when needed; also participated in the Phoenix Veterans Day Parades; attended two USS Arizona Memorials in Tucson, attended Phoenix World War II memorial dedication December 2013; and as a LA FRA Wreath presenter at Pearl Harbor Remembrance Day December 2014 at the Phoenix WWII Memorial Park; and

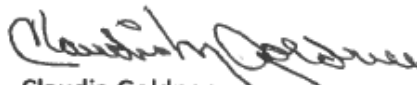
WHEREAS, She served as Regional Vice President Southwest 2013-2014; and as regional President, 2014-2015. she has created monthly analytical spreadsheets for Southwest membership standings, sent out all Past Due RVPSW post cards and communicated to units to increase membership for the region; attended nine Southwest Regional Conventions; served as a Credentials, Registration, and Audit Chairman; as well as served on various committees including, Youth Activities, Unit Reports, and Audit committees; and

WHEREAS, on the National level she is currently serving as LA FRA National Vice President 2018-2019. She served as LA FRA National Treasurer 2015-2018. As National Treasurer she has completed required reports and met all deadlines; revised all reporting processes to maintain full accountability for the National LA FRA and updated the National Treasurer Manual; currently mentoring new LA FRA National Treasurer 2018-2021; she has attended eight National Conventions; and

WHEREAS, she has over 40 years of work experience; 27 years in computer Technology, teaching and supporting corporate staff; over 10 years of accounting experience; one year served as an interim Chief Fiscal Officer for a Junior College; 5 years of Leadership Development training; two years served as Coach\Team Leader for various professionals. She participated as a volunteer with St Vincent DePaul, St Mary's Food Bank, Habitat for Humanity, Child Crisis Nursery, Maggie's Place and the Wounded Warrior Project; therefore be it

RESOLVED, the members of Unit 163, Valley of the Sun, at its regularly scheduled meeting on Saturday, January 12, 2019 a quorum being present, unanimously voted to place the name of Beatrice "Bea" Parco in nomination for the office of National President of the Ladies Auxiliary of the Fleet Reserve Association, for the Association year October 2019 through September 2020, and therefore be it further

RESOLVED, that Unit 163, Valley of the Sun, earnestly solicits the endorsement and support of each unit of the Ladies Auxiliary of the Fleet Reserve Association for the candidacy of Beatrice "Bea" Parco for the office of National President of the Ladies Auxiliary of the Fleet Reserve Association.


Claudia Goldner
President, Valley of the Sun Unit 163


Carole Curtis
Secretary, Valley of the Sun Unit 163

First Quarter Report

October-December 2018

RECEIPTS:	October	November	December	Total
PCT DUES -Unit	\$2,630.00	\$6,790.00	\$3,000.00	\$12,420.00
PCT DUES -MAL	\$260.00	\$900.00	\$380.00	\$1,540.00
Resale	\$264.25	\$ -	\$240.00	\$504.25
Triangle Subscription	\$70.00	\$ -	\$10.00	\$80.00
Convention Minutes	\$90.00	\$ -		\$90.00
Pilgrimage	\$25.00	\$ -		\$25.00
NP Project 18-19 (NP Christina)	\$1,418.00	\$ 100.00	\$1,200.00	\$2,718.00
NP Project 17-18 (Jr PNP Jean)	\$4,042.00	Closed out	Closed out	\$4,042.00
NP Scholarship	\$221.00	\$ -		\$221.00
LAFRA Scholarship	\$1,120.50	\$ -	\$5.00	\$1,125.50
Int. General Fund #8185	\$16.15	\$1.40	\$0.86	\$18.41
Int. PCT # 8193	\$2.75	\$0.61	\$0.56	\$3.92
NFCU START UP #1724	\$0.83	\$0.86	\$0.83	\$2.52
Int NP Project #1732	\$3.54	\$5.10	\$7.84	\$16.48
Int NP Scholarship #1740	\$10.22	\$12.23	\$11.95	\$34.40
Int. LAFRA Scholarship #1757	\$4.72	\$5.93	\$6.59	\$17.24
Int. Savings #2866	\$0.16			\$0.16
Int NFCU \$80,238 CD 24 mo #3307	\$104.05	\$107.66	\$104.33	\$316.04
Int NFCU \$3,000 CD 15 mo #3308	\$5.73	\$5.93	\$5.75	\$17.41
Return NT Working Fund	\$200.00	\$ -		\$200.00
Void Voucher 6202 check # 1679	\$534.24	\$0.00		\$534.24
Sub total receipts less welfare	\$11,023.14	\$7,929.72	\$4,973.71	\$23,926.57
Welfare Receipts:				
Int Welfare/Rehab NFCU # 3567	\$8.09	\$9.66	\$9.68	\$27.43
Welfare Donations	\$550.00	\$0.00	\$0.00	\$550.00
Total Welfare Receipts	\$558.09	\$9.66	\$9.68	\$577.43
Total all Receipts	\$11,581.23	\$7,939.38	\$4,983.39	\$24,504.00
Disbursements:				
National President				
Allowance	\$500.00	\$500.00	\$500.00	\$1,500.00
Postage/Supplies/Printing				\$0.00
National Vice-President				\$0.00
Allowance	\$600.00			\$600.00
P/S/P		\$133.41		\$133.41
National Executive Secretary				\$0.00
Allowance	\$300.00	\$300.00	\$300.00	\$900.00
Postage/Supplies/Printing (non triangle)	\$24.68	\$281.50		\$306.18
Triangle First Class postage	\$228.29	\$222.00		\$450.29
Triangle Printing	\$513.00	\$364.50		\$877.50
National Financial Secretary				
Allowance	\$300.00	\$300.00	\$300.00	\$900.00
Postage/Supplies/Printing Administrative	\$189.17	\$151.52		\$340.69
Resale Postage	\$20.20			\$20.20

First Quarter Report
October-December 2018

Resale Items Purchased	\$0.00			\$0.00
National Treasurer				
Allowance	\$300.00	\$300.00	\$300.00	\$900.00
Bank Fee				\$0.00
Treasurer Printing/supplies/Postage	\$0.00	\$107.61		\$107.61
NT Working Fund	\$200.00	\$0.00	\$0.00	\$200.00
Sub-Total	\$3,175.34	\$2,660.54	\$1,400.00	\$7,235.88
Regional President's				
RPNE/NENG (Cindy Rodham-Tuck)	\$400.00	\$0.00	\$0.00	\$400.00
RPEC (Cristina Dixon)	\$400.00	\$0.00	\$0.00	\$400.00
RPSE(Carolyn Whittaker)	\$400.00	\$0.00	\$0.00	\$400.00
RPSC (Gini Larson)	\$400.00	\$0.00	\$0.00	\$400.00
RPNC (Barbara White)	\$400.00	\$0.00	\$0.00	\$400.00
RPNW (Rose Hall)	\$400.00	\$0.00	\$0.00	\$400.00
RPWC (Brenda Horton)	\$400.00	\$0.00	\$0.00	\$400.00
RPSW (Peggy Loa)	\$400.00	\$0.00	\$0.00	\$400.00
Regional President's P/S/P			\$119.22	\$119.22
RP Sub Total	\$3,200.00	\$0.00	\$119.22	\$3,319.22
National Chaplin				
Postage/Supplies and Printing	\$0.00	\$0.00	\$0.00	\$0.00
Membership Service Administrator				
Membership Service Administrator	\$500.00	\$500.00	\$500.00	\$1,500.00
Postage/Supplies/Printing			\$24.42	\$24.42
Bulk Mail Postage			\$500.00	\$500.00
Bulk Mail Renewal				\$0.00
1st Class Mail			\$527.42	\$527.42
Recruiter Year (Standing Rule)	\$200.00			\$200.00
National Officer Pins (E.A./Dion)				
Sub-Total	\$700.00	\$500.00	\$1,551.84	\$2,751.84
National Convention:				\$0.00
Postage/shipping/ Printing				\$0.00
Conven Minutes/Postage/Printing (NES)				\$0.00
Minutes Recorder Appearance Fee/Minutes		\$2,662.00		\$2,662.00
<u>OTHER EXPENDITURES</u>				
Shipping National Officers Equipment (Chap)	171.01			\$171.01
<u>CONTRACTS</u>				
Equipment Purchase	\$124.44			\$124.44
Misc.:				
2017-2018 Jean Smith Project		\$11,300.96		\$11,300.96
Sub-Total	\$295.45	\$13,962.96		\$14,258.41
2017-2018 General Fund TOTAL	\$7,370.79	\$17,123.50	\$3,071.06	\$27,565.35
Late Disbursements 2017-2018				\$0.00
Budget Chair-Carolyn Whitaker	\$56.29			\$56.29

**First Quarter Report
October-December 2018**

Delegate Vote for PNP Gail Doloway	\$400.00			\$400.00
				\$0.00
Welfare Distributions	\$0.00	\$0.00	\$1,500.00	\$1,500.00
Total Distributions All Accounts	\$7,827.08	\$17,123.50	\$4,571.06	\$29,521.64
* Computer ACH SCAM (under investigation)		\$4,850.00		\$4,850.00
	\$7,827.08	\$21,973.50	\$4,571.06	\$34,371.64

**THIS IS TO CERTIFY THAT THE BOOKS OF THE NATIONAL FINANCIAL SECRETARY WERE AUDITED,
AND FOUND TO BE IN ORDER AND ALL MONIES ACCOUNTED FOR AS OF 31 DEC 2018**

Gale Nathan 1-7-2019
NFS Audit
SEVP Gale Nathan Unit 269

Cacey Anderson 1-7-19
NFS Audit Committee Date
Cacey Anderson - Unit 269

Trish Clinton 1-7-2019
NFS Audit Committee Date
Trish Clinton - Unit 269

Pat Suckow 1-7-19
National Financial Secretary Date
Pat Suckow - Unit 269

National Delegate Sheet

The 2019 National Delegate Sheet that is on the Website or the one sent to the Unit Secretary is the only form that will be accepted. It will say “**2019 NATIONAL DELEGATE SHEET**” at the top of the form. Any other forms will be returned for corrections. We cannot accept forms that are generated by Secretaries or others. You must use the one provided to you by the Auxiliary. There is a process that is used, and we all are dependent on one another to follow the rules and meet the deadlines. The “National Delegate Sheet” is due no later than 45 days from the day Convention starts. (hopefully we will soon have those dates in hand). Count back 45 days from the Pre-Board and that will tell you when the due date is. Be sure the top is filled out correctly and list only Delegates and Alternate Delegates that are going to Convention so that the Convention Committee does time spend time and money making name badges for members who will not be attending. Make sure that names are spelled correctly, and the form is legible. At the bottom right hand corner where it asks for the Unit voting strength, Ref Article 6 Section 809(r) that is the Unit’s actual votes per the NFS report that comes out in June. **DO NOT** put the number of members in the Unit, you are only allowed 1 vote per 15 members, not 1 per member. **PLEASE** name a Proxy and Alternate Proxy even if you have members attending. Ref. Article 6, 606(f). Things happen and if your Unit’s Delegate is out of the room when a vote is called for, for whatever reason and you do not have a Proxy, your Unit’s votes are lost. Name someone you know is attending the Convention and does not belong to your Unit. RPs, RVPs, are the most available because they are most likely going to be there, but you may pick any member in good standing, even an MAL. Ref Article 3, Section 303.

1st Quarter 2018-2019
National Treasurer

<u>RECEIPTS & DISBURSEMENTS</u>	<u>Oct</u>	<u>Nov</u>	<u>Dec</u>	<u>TOTAL</u>
<u>2018-2019</u>				
PCT Dues - Unit Members	\$ 2,630.00	\$ 6,790.00	\$ 3,000.00	\$ 12,420.00
PCT Dues - MAL	\$ 260.00	\$ 900.00	\$ 380.00	\$ 1,540.00
Resale	\$ 264.25	\$ -	\$ 240.00	\$ 504.25
Triangle Subscripitons	\$ 70.00	\$ -	\$ 10.00	\$ 80.00
Convention Minutes	\$ 90.00	\$ -	\$ -	\$ 90.00
Pilgrimage	\$ 25.00	\$ -	\$ -	\$ 25.00
National President Project 2018-2019	\$ 1,418.00	\$ 100.00	\$ 1,200.00	\$ 2,718.00
National President Project 2017-2018	\$ 4,042.00	\$ -	\$ -	\$ 4,042.00
National President Scholarship Fund	\$ 221.00	\$ -	\$ -	\$ 221.00
LA FRA Scholarship Fund	\$ 1,120.50	\$ -	\$ 5.00	\$ 1,125.50
Welfare\Rehab Fund	\$ 550.00	\$ -	\$ -	\$ 550.00
Interest General Fund	\$ 16.15	\$ 1.40	\$ 0.86	\$ 18.41
Interest PCT	\$ 2.75	\$ 0.61	\$ 0.56	\$ 3.92
Interest NFCU Savings Escrow	\$ 0.83	\$ 0.86	\$ 0.83	\$ 2.52
Interest NP Project	\$ 3.54	\$ 5.10	\$ 7.84	\$ 16.48
Interest NP Scholarship Fund	\$ 10.22	\$ 12.23	\$ 11.95	\$ 34.40
Interest LA FRA Scholarship Fund	\$ 4.72	\$ 5.93	\$ 6.59	\$ 17.24
Interest Savings #2866	\$ 0.16	\$ -	\$ -	\$ 0.16
Interest Welfare\Rehab WF	\$ 8.09	\$ 9.66	\$ 9.68	\$ 27.43
Interest NFCU CD #3307	\$ 104.05	\$ 107.66	\$ 104.33	\$ 316.04
Interest NFCU CD #3308	\$ 5.73	\$ 5.93	\$ 5.75	\$ 17.41
TOTAL RECEIPTS Subtotal	\$ 10,846.99	\$ 7,939.38	\$ 4,983.39	\$ 23,769.76
Voided Checks	\$ 534.24	\$ -	\$ -	\$ 534.24
NT Ending Sep 20178 Working Fund Rtrn	\$ 200.00	\$ -	\$ -	\$ 200.00
TOTAL Adjusted RECEIPTS	\$ 11,581.23	\$ 7,939.38	\$ 4,983.39	\$ 24,504.00
Welfare Rehab Distribution	\$ -	\$ -	\$ (1,500.00)	\$ (1,500.00)
National President Project 2017-2018	\$ -	\$ (11,300.96)	\$ -	\$ (11,300.96)
General Fund	\$ (7,827.08)	\$ (5,822.54)	\$ (3,071.06)	\$ (16,720.68)
TOTAL DISBURSEMENTS	\$ (7,827.08)	\$ (17,123.50)	\$ (4,571.06)	\$ (29,521.64)

SUMMARY OF ALL ACCOUNTS

NATIONAL PRESIDENT PROJECT	9/30/2018	\$ 7,250.32
Donations NP Project 2017-2018		\$ 4,042.00
Donations NP Project 2018-2019		\$ 2,718.00
Alzheimer's Foundation		\$ (11,300.96)
Interest		\$ 16.48
Balance	12/31/2018	\$ 2,725.84
NATIONAL PRESIDENT SCHOLARSHIP FUND	9/30/2018	\$ 19,138.48
Donations		\$ 221.00
Interest		\$ 34.40
Balance	12/31/2018	\$ 19,393.88
LA FRA SCHOLARSHIP FUND	9/30/2018	\$ 9,566.88
Donations		\$ 1,125.50
Interest		\$ 17.24
Balance	12/31/2018	\$ 10,709.62
Savings #2866	9/30/2018	\$ -
Interest		\$ 0.16
Balance	12/31/2018	\$ 0.16
WELFARE/REHABILITATION FUND	9/30/2018	\$ 15,143.16
Donations		\$ 550.00
Welfare-Rehab Check Distribution		\$ (1,500.00)
Interest		\$ 27.43
Balance	12/31/2018	\$ 14,220.59
24MO CD - NFCU #3307 Rate 1.55% Mature 11/2/2019	9/30/2018	\$ 82,157.58
Interest		\$ 316.04
Ending Balance	12/31/2018	\$ 82,473.62

1st Quarter 2018-2019
National Treasurer

CD - NFCU #3308	9/30/2018	\$	3,122.23
Interest		\$	17.41
Ending Balance	12/31/2018	\$	<u>3,139.64</u>

PCT Interest	9/30/2018	\$	118.92
Interest		\$	3.92
Balance	12/31/2018	\$	<u>122.84</u>

CHECKING ACCOUNT - GENERAL FUND

Balance	9/30/2018	\$	27,486.36
Receipts = Resale, Triangle, Pilgrimage, Bake Sale, Book Mem, Conv Min.		\$	699.25
PCT - General Membership		\$	12,420.00
PCT - MAL		\$	1,540.00
Interest		\$	18.41
NT Working Fund Transfer to New NT		\$	200.00
Voided Checks		\$	534.24
Cyber Fraud		\$	(4,850.00)
Disbursements		\$	(16,720.68)
Balance	12/31/2018	\$	<u>21,327.58</u>

NFCU Savings Escrow Account	9/30/2018	\$	4,028.75
Transfer from PCT Units Non Pays or Long Term Holds		\$	-
Interest		\$	2.52
	12/31/2018	\$	<u>4,031.27</u>

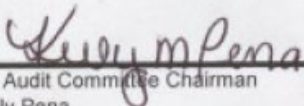
INVESTMENTS

American Funds (Capital Group)		\$	50,000.00
American Funds (Capital Group)			
Original Cash Investment	10/22/2002	\$50,000.00	
Portfolio Value (Actual on 9/30/2018 Statement)	9/30/2018	\$	155,036.33
Portfolio Value \$20.58 PerShare-Total Shares 7,048.389	12/31/2018	\$	145,055.85
Total Portfolio Gain/(Loss)		\$	<u>(9,980.48)</u>

Total All Accounts	SUBTOTAL	\$	<u>208,145.04</u>
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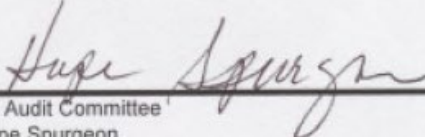
Beginning Balance	9/30/2018	\$	4,852.97
MSA Deposits Sep-Nov 2018		\$	26,385.00
Minus PCT Paid to Units		\$	(12,170.00)
Minus PCT to General Fund - Members; MAL		\$	(13,960.00)
Minus Members Donations LA FRA Scholarship		\$	(5.00)
PCT Quarter Adjustments		\$	(250.00)
Subtotal		\$	4,852.97
PCT Interest		\$	3.92
PCT Subtotal		\$	4,856.89
PCT Adjustments Accumulative		\$	(15.00)
PCT Ending Balance		\$	4,841.89
Reverse PCT Interest Reported		\$	(3.92)
	12/31/2018	\$	<u>4,837.97</u>
GRAND TOTAL		\$	<u>212,983.01</u>

THIS IS TO CERTIFY THAT THE BOOKS OF THE NATIONAL TREASURER WERE AUDITED,
AND FOUND TO BE IN ORDER AND ALL MONIES ACCOUNTED FOR AS OF 01/07/2019



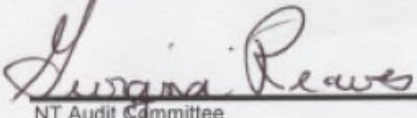
NT Audit Committee Chairman
Kelly Pena

1-7-19
Date



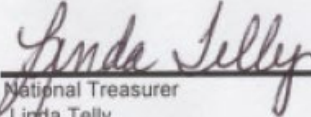
NT Audit Committee
Hope Spurgeon

1-7-19
Date



NT Audit Committee
Georgina Reaves

1-7-19
Date



National Treasurer
Linda Telly

1-7-19
Date

A Picture is worth a Thousand Words



Unit 42 Members celebrating Ida Green's 100th Birthday. L-R Mary Johnson, Cindy Rodham-Tuck, Pat Price, Unit VP Audrey Schwab, front row Ida Green, And Donna Holcombe.



Unit 289 Cathy Luken reads to the children.



Unit 367 Members preparing candy for the children.



Members of Unit 269 works at "Wreaths Across America"

"Welcome 2019"



Happy 2019 from Branch & Unit 289



Happy 2019 from Branch and Unit 302



Happy 2019 from Branch and Unit 61



Happy 2019 from Branch and Unit 127 Pilippines

Send pictures of your Branch and Unit Events so we can share them with others.

We will post them as long as we have the space.

Dates to remember



Ground Hog Day February 2



Valentine's Day February 14



President's Day February 22

TRIANGLE

LADIES AUXILIARY OF THE FLEET RESERVE ASSOCIATION

139 W Peoria St Apt 202

Paola KS 66071

ADDRESS SERVICE REQUESTED

REPORT OF CHANGE OF ADDRESS FOR TRIANGLE

Date: _____

Name: _____ Member No: _____

OLD ADDRESS

Street: _____

City, State, ZIP: _____

NEW ADDRESS

Street: _____

City, State, ZIP: _____

MAIL TO: DORIS FRINES. 139 W Peoria St Apt 202. Paola KS 66071

ALSO REMEMBER TO NOTIFY THE **MSA** OF ANY CHANGE OF ADDRESS

LAFRA. PO BOX 1154. Easton MA 02334-1154