



**THE AUXILIARY of the
FLEET RESERVE ASSOCIATION**

TRIANGLE June 2011 Edition

From the desk of the National President

National President

Helen Courneya

PO Box 20512
Carson City, NV 89721
(775) 882-9201

Vpc-hac-patches@att.net

National Vice President

Gini Larson

2187 Capeheart Street
Ingleside, TX 78362-6222
(361) 776-3537

lovedduck@aol.com

National Executive Secretary

Doris C. Fri

PO Box 269
LaCygne, KS 66040
nesfri2010@aol.com
(913) 757-3489

National Fin Secretary

Diane Hoover

737 Dogwood Lane
Annapolis, MD 21409
(410)757-9325
Ladydihover@bigplanet.com

National Treasurer

Carolyn Whitaker

114 Panorama Drive
Palm Coast, FL 32164
(386) 447-5420
ntcarolynw@yahoo.com

Member Service Center

Ladies Auxiliary FRA

P.O. Box 1204
Easton, MA 02334
(508) 238-3607
laframsa@comcast.net

National Chaplain

Ofelia Bitanga

389 Pauls Court
Benicia, CA 94510-3908
(707) 745-9713
grammabitanga@earthlink.net

Website: www.la-fra.org

CONVENTION CALL
ATTENTION ALL UNITS



Pursuant to the requirements of the Constitution and Bylaws of the Fleet Reserve Association the National President hereby calls the 79th Annual Convention of the Ladies Auxiliary of the Fleet Reserve Association to be held in Kansas City, MO on October 23, to October 30, 2011 at the Hyatt Regency Crown Center to convene at 9:00 AM for the following purposes.

1. To hear annual reports of National Officers and National Chairman
2. To consider resolutions proposing amendments to the Constitution and Bylaws, Standing Rules, Rituals and General Policy.
3. To formulate plans for the Ladies Auxiliary of the Fleet Reserve Association
4. To elect National Officers for the ensuing year
5. To entertain suggestions for the Good of the Order

As I traveled to the North Central Region for their Mid Year Meeting I finally got a break; the weather was somewhat warm but windy. The North Central Region displayed their awesome hospitality by having a pig roast for their welcome aboard party. They welcomed new members who were attending their first function for the Auxiliary. I noted that we must all do our part in welcoming each new member who is willing to learn all about the Auxiliary and share information how each Unit works because of the enthusiasm that our Auxiliary members displayed when attending events.

It's that time of year where Units are planning their installation of officers. Please remember to mail the officer report form out as soon as you elect a slate of officers for the upcoming year. Thank you to all who are continuing to hold an office so the Unit may continue to flourish and remain as a viable part of the Auxiliary.

We finally have the Unit Procedural Manual at the printers and this is encouraging as we will be able to mail the manual out very soon. Please note that we will be sending one copy to the Unit and if anyone else would like a copy of the manual the cost is \$5.00. Please send your money to the NFS, Diane Hoover.

Our statistical reports have been published with a slight increase overall but retention and recruitment must be a high priority for the Auxiliary. Last year as the NVP, I reported that we had many members who had exceeded their membership goals for awards. Even with the high number of recruitment of members no Unit requested an award for these individuals. By reminding everyone now will hopefully have Units applying for these awards for their members within their Unit.

A review of Standing Rule 4 -- Membership Awards (a-g) should be addressed in the Units so that Auxiliary members who have exceeded recruitment and reinstatement gains within the Auxiliary may be presented with an award for their outstanding efforts in membership. Any member of the LA FRA or the FRA who obtains ten new or reinstated members for the LA FRA shall be presented with a Gold Membership Pin. The Unit secretary shall request an award by letter to the National Financial Secretary of the LA FRA. If you're Unit has an Auxiliary member who has attained these qualifications in recruitment do not hesitate to contact the NFS for verification that they are eligible to receive an award from the Auxiliary.

Auxiliary members we have notepads and note cards available for purchase. The note cards are \$3.75 for 10 cards and envelopes and the note pads are \$2.00 a piece. If you would like to purchase these items send in your order to the NFS, Diane Hoover.

As the Regional Conventions have been scheduled it is up to each region to disseminate information regarding the time and place of each convention so that all Auxiliary members may attend these conventions. It is a great place to renew friendships and keep up with all the charitable contributions each Unit has done through the past year.

Please remember our Veterans this Memorial Day and fly your flag in support of all those who have sacrificed for our freedom.

If you have been ill may you have a speedy recovery and if you have lost a loved one our prayers and condolences go out to you and your family. Best Wishes, if you are celebrating a Birthday or an Anniversary

In Loyalty, Protection, and Service
Helen A Courneya
National President

"We should never permit ourselves to do anything that we are not willing to see our children do." B. Young

DONATIONS

NP Project (Homeless Veterans)

Unit 313
Unit 291
Unit 261
Unit 274
Unit 296
Unit 93
Unit 264

Marion Kinghorn in Memory of: Mary Uhles
Unit 161 in Memory of: Carlene Haggerty & Lillian Ryan

LA FRA Scholarship Fund

Unit 313

NP Scholarship Fund

Unit 313

Pilgrimage

Unit 291	Unit 47
Unit 202	Unit 313
Unit 261	Unit 290
Unit 67	

KEEPING UP WITH OUR MEMBERS

PRPSC Terry Farr: Shipmate Fran Farr wanted his ashes spread in the sea off the coast of Warwick, Rhode Island. A blessing of the ashes was held at 11:00 am on Saturday, May 14th at the First Congregation Church of Warwick. This is where he was baptized as an infant. The Fleet Reserve Association New England Region was on hand for a memorial ritual. After the services, Terry and family were taken by boat out to that special spot in the ocean for the spreading.

Auxiliary member Anne Olsen: Anne and husband Ralph celebrated their 68th Anniversary on March 15, 2011. Shipmate Ralph, a member of Branch 151, Eugene Oregon, is 94 years old and is the oldest surviving member of the USS Block Island Association. The USS Block Island, an aircraft carrier, was sunk in the North Atlantic during WWII, by a German Submarine, while on their way to give support during "D Day".

PRPSE Susan Cattell has been having problems with her eyes since October. She is now going to the Storm Eye Clinic for help. She is going in for biopsies on the veins in both her eyes. I know she could sure use some cards and prayers. Please send cards to her at: 7 Roselle Ave, Goose Creek, SC 29445.

DATES TO REMEMBER

June 14 – Flag Day

June 19 – Fathers Day

June 21 – First day of Summer

PEN AND INK CHANGES FOR THE 2010-2011 PRESIDENT/SECRETARY ROSTER

PNP Velda "Val" Larsen's email address should be: velda.larsen@gmail.com

2010/2011 National Board Resolutions

NBR 01/10-11
SUBJECT: Resignation of MSA
Vote: 12 Affirmative 4 No Response
EC Region (excused), NEng Region, NE Region, NC Region

NBR 04/10-11
SUBJECT: Use of LA FRA Logo by Unit 147
Vote: 15 Affirmative

NBR 02/10-11
SUBJECT: Appoint Interim MSA
Vote: 12 Affirmative - 4 No Response
EC Region (excused), NEng Region, NE Region, NC Region

NBR 05/10-11
SUBJECT: Bulk Mailing of the Triangle
Vote: 15 Affirmative

NBR 03/10-11
SUBJECT: Reduce Allowance of MSA (\$800.00)
Vote: 12 Affirmative – 4 No Response
EC Region (excused), NEng Region, NE Region, NC Region

FROM THE DESK OF THE SOUTH CENTRAL REGIONAL PRESIDENT



To coin a phrase, someone once said "Never have so few, done so much, with so little". I am not sure of whom they were speaking, but they could have had the LAFRA in mind. As I travel the South Central Region, I am truly amazed at what the Units are doing, some with limited membership and resources. The support Auxiliary Units provide to our military and local communities is an inspiration to others. I am half way through my term as Regional President and have visited many of the Units in the Region and really looking forward to the rest of my term. I wish to thank the members of LAFRA South Central Region for your support and friendship. I am sincerely honored to represent this Region and humbled by the trust you have placed in me.

I had the privilege of attending my first Annual Pilgrimage in April. Even the stormy weather could not take away the incredible emotion and feeling of pride in our service people that we honor with these ceremonies. It is a truly moving experience and I strongly encourage everyone to attend this event.

Remember, if God loves a happy giver, then the membership of the LAFRA is held close in God's heart. God bless you all and bless and watch over our troops in harm's way. Please remember to support the National President's Project, the Homeless Veterans Crisis Center.

Yours in Loyalty, Protection and Service,

Karen Smith

Regional President South Central

PILGRIMAGE 2011



The Auxiliary of the Fleet Reserve Association held its annual National Pilgrimage on Saturday, April 16, 2011 at Arlington Cemetery. Pilgrimage Chairman, Debra Washington, coordinated the preparations for this year's ceremony. Auxiliary members from various regions gathered in our Nation's Capital to commemorate the sacrifices of our brave shipmates.

Auxiliary Marshall Yvonne Hayes presided over the ceremony at the Mast of the USS Maine. Auxiliary National President Helen Courneya eulogized the 229 souls of the USS Maine who perished when the battleship exploded and sank in Havana Harbor, Cuba on February 15, 1898. This was followed by a

moving prayer offered by National Chaplain Ofelia Bitanga.

Prayer at the Mast of the USS Maine

Father, our Lord God of Hosts, before Thee this day, we remember in Gratitude, our Country, this, our native land and all who have given their lives to keep her true and right.

We thank Thee that when the Freedom of this land has been threatened, there have been those who have risen to defend her. We are grateful for all who have placed their Country's welfare above their private gain, and for all who have defended us.

Look with tenderness on all whose loved ones died that we might live in this good land. Keep us mindful of our obligation to all brave men who have on this great Ship, that we might increase in goodness and justice for all.

Amen.

The ceremony at the Mast of the Maine was followed by a short procession to the Tomb of the Unknowns where President Courneya laid a wreath to honor our fallen.



Recruit & Retain!!!! Carry LA FRA & FRA Applications with you at all times

From the NES: If any Unit needs replacements of any Report Form, Delegate Sheet, etc... give me a call and I will get them to you. All the forms are in Word or Excel and can be sent by email if you have Office 2003 or Office 2007 or they can be sent in PDF form. All you have to do is ask. (The packets are being mailed out this month)

MEMBERS HELPING MEMBERS

In light of all the devastating weather we have had all over the country these past few months, we the members of the Auxiliary, need to let the National Officers know of any member who has suffered a loss of any kind. In accordance with our Preamble we, the members, do band together to "aid, assist, and promote in all matters pertaining to Welfare, Social, and Patriotic works for the benefit of the Fleet Reserve Association, its members and their families". If anyone knows of a member of the FRA or the LA FRA who has been affected by Tornados, Floods, Fire, or any other disaster please bring it to the attention of the Regional Presidents, FRA and LAFRA in your area, who will in turn notify the National Officers. National Welfare and Rehabilitation Committee Section 826(a). This committee aids and assists in promotion of welfare work for the benefit of the FRA, its members and their families. When the need for rehabilitation assistance is requested by members who become victims of disaster, Acts of God, or emergencies of extreme nature, and when assistance is beyond the capacity of local units, the committee chairman makes a report to the National President.

Being good is commendable, but only when it is combined with doing good is it useful. ~Author Unknown

REMINDER FROM NFS DIANE HOOVER TO ALL REGIONAL PRESIDENTS:

Please let Diane know ASAP how many "Award of Merit" certificates you will need for judging reports at your Regional Convention. You may send your request by email at: Ladydihover@bigplanet.com or you may call 410-757-9325. If you leave a message be sure it is detailed and speak slowly and clearly so that she can mail them to you in a timely manner prior to your Regional Convention.

CANDIDATES FOR NATIONAL OFFICERS:

National President: Gini Larson Unit 94, Endorsed by Unit 203

National Vice President: Diane Hoover Unit 24, Endorsed by Unit 203, Unit 259, Unit 41, Unit 274, Unit 361, Unit 137, Unit 93. Unit 241, Unit 127, Unit 182, Unit 50, Unit 202

National Financial Secretary: Ronalee Klase Unit 291

Southwest Region RP: Deanna L. Lewandowski Unit 289

North Central Region RP: Teresa Norton Unit 161

West Coast Region RP: Marion Pava Unit 101

Southeast Region RVP: Primitiva "Babe" Kilgore Unit 22

South Central Region RP: Carol McAtee Unit 201

Northwest Region: Sharon Holloway Unit 382

Southeast Region RP: Nelva Clemans Unit 186

NES says: Name a Proxy & Alternate Proxy on the National Delegate Sheet. (be sure to let them know how to cast your Unit vote)

IN LOVING MEMORY, LEST WE FORGET

MAL

Anna G. Butler
Mildred C. Eggleston
Maureen J. Finks
Elizabeth A. Fox
Anna J. Fried
Lauretta J. Gepner
Rena C. Gettman
Margaret F. Hoffsetz
Lois L. Huff
Lillian Miller
Anna M. Tanquay
Julia P. Warren

EC

Unit 24 Elizabeth W. Windland
Unit 60 Helma Masuzzo

NE

Unit 124 Mary Jane Tilton
Unit 124 Martha M. Placek

NEng

Unit 20 Margaret E. Longran
Unit 42 Genevieve A. Brazil
Unit 42 Mary L. Schweitzer

NW

Unit 46 Ella G. Jenkins
SC
Unit 11 Pearl D. Browne
Unit 11 Mildred E. Jack
Unit 162 Carlene K. Haggerty

NC

Unit 324 Mary C. Knoblick
Unit 238 Elizabeth Gades
Unit 216 Annie G. Griffin

SE

Unit 91 Betty J. Downs
Unit 186 Freida K. Wilson
Unit 202 Louise E. Middleton
Unit 215 Irene J. Kulawinski
Unit 269 Marsha K. Crosby

SW

Unit 47 Josephine E. Helmbach
Unit 61 Irene W. Ricamore
Unit 61 Helen K. Kamperschroer
Unit 84 Inez Aruta
Unit 120 Bertha M. Baldwin
Unit 120 Vesta L. Ingram

Membership Services Administrator

ATTENTION! PLEASE NOTE THE CHANGE OF EMAIL ADDRESS FOR MSA CINDY ON THE FRONT OF THIS TRIANGLE!

New email address: laframsa@comcast.net

All membership issues, new/reinstated members, PCT reports, Changes of Address, Changes of Member Status and Newly Elected Unit Officers List shall be sent to the MSA at:

LA FRA
PO Box 1204
Easton, MA 02334

Secretaries and Regional Officers, please go over the reports that you receive monthly and report any discrepancies to the MSA as soon as possible.

**From the NES: Please discard any previous Who, What, Where Information forms you may have
Make sure all forms are mailed to the appropriate person before the deadlines listed on the form.**

2011 Who, What, and Where Information

MEMBERSHIP

Payments, Applications,
Membership Changes (Status-Address-
Phone)
PCT A or B

ADDRESS

Auxiliary FRA
PO Box 1204
Easton, MA 02334
Phone: 508-238-3607

DECEASED MEMBERS INFO

Report To:
Membership Services Administrator
Cindy Rodham-Tuck MSA
PO Box 1204
Easton, MA 02334

National Chaplain

Ofelia Bitanga
389 Pauls Court
Benicia, CA 94510-3908

Regional Chaplain

Check with your Regional President

MONIES/DONATIONS

*(All monies/donations, with the exception
of membership dues, are sent direct to
the NFS for posting and processing. **DO
NOT SEND MONIES TO THE NES.**)*

National Financial Secretary

Diane Hoover
737 Dogwood Lane
Annapolis, MD 21409
Make checks out to **LA FRA** denote in the
Memo section where to be posted.
Resale Items Pilgrimage
NP Scholarship Subscription(s)
Scholarship Fund Triangle
National President's Project Convention
Minutes
Welfare and Rehab

UNIT OFFICERS LIST (2011/2012)

Send immediately after election, do not wait
till installation!

National Executive Secretary (1 copy)

Doris C. Fri NES
PO Box 269
LACYGNE, KS 66040

Membership Services Administrator (1 copy)

Auxiliary FRA
PO Box 1204
Easton, MA 02334

Regional President (2 copies)
(Retain one (1) copy for Unit Records)

NATIONAL DELEGATE SHEET
(SEND TO ALL PERSONS LISTED
BELOW)

NATIONAL PRESIDENT

Helen Courneya NVP
PO Box 20512
Carson City, NV 89721-0512

NATIONAL VICE PRESIDENT

Gini Larson NVP
2187 Capeheart Street
Ingleside, TX 78362-6222

NATIONAL EXECUTIVE SECRETARY

Doris C. Fri NES
PO Box 269
LaCygne, KS 66040

NATL CONVENTION CO-CHAIRMAN

Teresa Norton
9109 Renner Blvd #1110
Lenexa, KS 66219

NATL CREDENTIALS CHAIRMAN

DyAnne Tryon RPNW
5122 NE 187th St.
Seattle, WA 98155

NATL REGISTRATION CHAIRMAN

Emma Ivins PRPNW
PO Box 202
Naples, ID 83847

TRIANGLE
AUXILIARY OF THE FLEET RESERVE ASSOCIATION
PO Box 269
LaCygne, KS 66040

NON-PROFIT ORG
US POSTAGE PAID
LaCygne, KS
PERMIT #33

ADDRESS SERVICE REQUESTED

REPORT OF CHANGE OF ADDRESS FOR TRIANGLE

Date: _____

Name: _____ Member No: _____

OLD ADDRESS

Street: _____

City, State, ZIP: _____

NEW ADDRESS

Street: _____

City, State, ZIP: _____

MAIL TO: DORIS C. FRI NES, PO BOX 269, LACYGNE, KS 66040

ALSO REMEMBER TO NOTIFY THE MSA OF ANY CHANGE OF ADDRESS

LAFRA, PO BOX 1204, EASTON, MA 02334