



The Triangle

Ladies Auxiliary of the Fleet Reserve Association

March 2017 Edition

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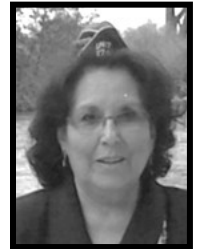
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From the Desk of the National President

Auxiliary Members,

As I traveled to the Recruiter of the Year Awards at the Navy Memorial located in Washington D.C. it is always advantageous when Auxiliary members are in full force supporting these fine young men and women of the Navy. Each year the Auxiliary supports this event with a donation to the FRA. Members attending the event were PNP Doreen Huylebroeck, Regional President East Coast Shirley Vatter, PNVP Karen Snee, National Parliamentarian Cindy Rodham-Tuck.



We traveled to the Hunt Valley Inn for the site inspection. The hotel is located right off the freeway with easy access to the hotel facility. Branch Chairman and the supporting Auxiliary members were very gracious during the inspection of the hotel. The rooms at the hotel are all very nice and the meeting space will do nicely for all of events during the convention we could not have asked for more. The convention committee is working and striving to make sure that all the attendees have a very great time. Those of you who have worked on a national convention knows the tremendous work that the committee must fulfill so that the attendees have a rewarding experience. Thank you to the committee for the tour and hospitality during the inspection of the site.

National Parliamentarian Cindy Rodham-Tuck and I spent time at FRA Headquarters and we went through the files of the Auxiliary. A friendly reminder that we do not want flag poles, flag stands or your minutes sent to the National Headquarters. Our space is limited.

Dedication to the Auxiliary is needed and what we are looking for the future. As we revolve around and around situations come to light and the Auxiliary is going to have to change the operations of the Auxiliary. Everyone should refer to the Constitution and By Laws and Standing Rules, but there are times we must make decisions that will benefit the Auxiliary and members who are in good standing but are having difficulties that we may have to resolve them without the benefit of citing the rules set forth in our Constitution and By-Laws.

We have members who are highly qualified for these positions and we must do everything to assist with our three principles, Loyalty, Protection, and Service. This is not written in our books but I for one feel that the change needs to be done in order that our Auxiliary will continue to be able to have our work go on for many years to come.

Resolutions are being written but the chain of command is not being followed. When a Unit writes a resolution, it should be sent to the Constitution and By Laws chairman, D. Loretta Roberts, so that she may read it, correct, and advise the Unit if the resolution is in order. No one likes to send the resolution back to

the Unit ruling that it is out of order.

The deadline for the applications for the LA FRA Scholarships is fast approaching and we ask that if you have children or and grandchildren to submit their application prior to April 15, 2017 so that their application will be judged on its merit. Chairman for this committee is PNP Gini Larsen.

Our condolences to our members in the loss of their loved ones, may you find peace. If you or a family member has been ill please accept our best wishes. Celebrating a Birthday – Happy Birthday! Wedding Anniversary – Congratulations! To All “Best Wishes” for continued good health.

I remain in
Loyalty, Protection, and Service,
Helen A. Courneya
National President

National President’s Travel Schedule

March: West Coast Region Mid-Year Meeting

In Loving Memory

We pay tribute to our departed members

William H. Reese FRA PRPNE	Anita Sadowski PRPSE	Ofelia R. Walker Unit 261
Nancy D. Myers Unit 124	Janet Porrill Unit 287	Annelle Caulfield Unit 208
Randa Christianson Unit 170	Ceferina Academia Unit 84	Shirley A. Roberson Unit 91



Margaret W. Lightfoot, 89, passed away October 11, 2016 in Virginia Beach, Virginia. Margaret became a member of the Ladies Auxiliary on March 1, 1978 and proudly served for many years as a dedicated Chaplain for Unit 166 until that Unit closed. She transferred to Unit 99 and remained a member of that Unit until their closing, after which she became a Member-at-Large until her passing. Margaret will be greatly missed by all who knew and loved her.

National Constitution & By-Laws

The only time amendments to the C & BL, Standing Rules, or Unit Instructions and Rituals is at the National Convention. The amendments must be pulmonated 120 days prior to the convening of our National Convention. Be sure to read Article 12, Section 1205 Resolution to Amend, Section 1205(a) for the amendment, and Section 1205 (b) regarding the restrictions for the amendment.

The best thing to do is e-mail a copy of any amendment to the National C & BL Chairman if you wish to have it gone over to see if any corrections or assistance is need prior to mailing it out so that it won't be rejected due to non-compliance. After all, the work and thoughts are important and should be brought up on the floor for the delegates to accept, amended or reject. Just remember all Resolutions and Amendments are important.

In Loyalty, Protection, and Service,
D. Loretta Roberts, PNP
National Constitution and Bylaws Chairman

billoretta1019@aol.com

LA FRA Scholarship Chairman's Message

The LA FRA Scholarship deadline: Postmarked no later than April 15, 2017. To ensure all Scholarships are judged please make sure that all forms are completed. You must have the

- Applicant Information
- Sponsor Information
- Financial Information
- Applicant's Financial Statement
- School, Community Extracurricular Activities, and Awards;
- Applicant's Education Information
- Applicant's Work Experience
- Recommendations
- Transcript Release and Request Form
- Transcripts and
- Essay

All of these must be completed and sent in to be judged. Please review all of the Rules and Instructions. The LA FRA Scholarships are awarded to male or female candidates chosen from members, spouses, sons, daughters, grandsons, and granddaughters of current or deceased members in good standing at the time of their death of LAFRA or FRA. The 2017 forms, applications, mailing address, and all information are online at www.la-fra.org .

Respectfully submitted,
Gini C. Larson, PNP
2017 Scholarship Chairman

2017 Pilgrimage for the Ladies Auxiliary of the Fleet Reserve Association APRIL 22, 2017



9:00 A.M. National President's Tea
Westin Tysons Corner Hotel
7801 Leesburg Pike, Falls Church, VA 22043
Phone: 703-893-1340

11:00 A.M. Depart from the Hotel to Arlington Cemetery

We will carpool so please bring your Arlington Passes if you have one!!!!

12:15 P.M. Laying of the Wreath at the Tomb of the Unknown Soldier

1:00 P.M. Ceremony at the USS Maine Mast Memorial

Southeast Region



Hello from the Southeast, where we cannot decide if it is winter or spring. I hope those regions that are actually experiencing a “real” winter are safe and having fun. It is an honor and a privilege to serve as the Regional President for the Southeast Region (SER), and I am grateful for the opportunity to serve. One of the things I have learned in my travels is where some great cooks live.

One asset every unit should have and use is the LA FRA Unit Procedure Manual. It is the source for running unit meetings, provides “job descriptions,” responsibilities for the unit’s officers, as well as information for filling out forms. It should be shared with all members as a way to acquaint them with the offices and maybe start them thinking of volunteering for an office. If your unit cannot find theirs, order one from the NFS, it is on the Price list.

Unit 183 - Bass Capital, Interlachen, FL - received notification from the IRS, that they have been assigned an EIN (Employer Identification Number). The members of the Southeast units were busy over the holidays, including Thanksgiving and Christmas food baskets, having children’s parties, cookouts at VA hospitals and domiciles, supporting Toys for Tots, visiting residents at nursing home and helping to host Christmas parties - including gift bags. Help to support the homeless by collecting plastic bags to be crocheted into ground mats.

During the SER’s Midyear meeting (hosted by Branch and Unit 290) a PowerPoint presentation was made on proper filling out of forms. The Annual Alabama-Tennessee Caucus, hosted by Branch 86, Millington, TN will be March 16-18, 2017. The Southeast Regional convention will be August 24-27, 2017 in North Charleston, South Carolina, hosted by Br - Unit 269, Goose Creek, SC.

In Loyalty, Protection & Service,
Verilyn C. Thomas RPSE

Southwest Region

As Regional President for the Southwest region, I receive helpful tips from past LAFRA Regional and National Presidents about how to be a successful leader. One piece of advice made more sense to me than all the others, **communication**. By communicating with fellow members, it allows others to share what great things we all do for our communities. Facebook is a great way to share information, not only within our own region but also with those who live across the country or the other side of the Pacific Ocean. If you have an opportunity, view and “friend” the following Facebook pages: [LAFRA Southwest](#), [Fleet Reserve Association Branch 163](#), [FRA Branch 61](#) and [FRA Branch 289](#). Pages are shared with the Units.



I’m proud to announce that PNC Shirley Ferrill, president of Unit 61 (Chula Vista), was honored by Mayor Mary Casillas Salas of the City of Chula Vista, CA as “Veteran of the Year” on November 1, 2016. Recognition for her service to the veteran’s community for over 40 years is well deserved. In another ceremony this year, she was presented with a lifetime achievement award for her work with the veteran’s community of National City. Shirley was honorably discharged from the Navy in 1958. When she joined the FRA in 1973, she was denied the opportunity to be a shipmate because of her gender. Fortunately for the LAFRA, she became a unit member. We are pleased to have Shirley (pictured right) as a leader and an inspiration!

Another inspiration is member Marion Cortland of Unit 163 (Valley of the Sun), who is an actively involved photographer for Veteran’s organization activities in Phoenix, AZ. Marion was awarded “Photographer Extraordinaire” from the Phoenix Veterans Parade Committee 2016 along with many other recognitions from Veteran’s organizations throughout the valley. Pictured from left front row: Marion Cortland and Carol Curtis Back row: Geneva Bland, Virginia Ginter, Joanie Katzenberg and Sandy Linkey.



Other accomplishments in the region include members of Unit 47 (San Diego) feeding the homeless in downtown San Diego. Of the estimated 8,900 homeless veterans nationwide, 60 percent are thought to be on the streets of San Diego. Unit 84 (San Diego) is supporting their aging and frail members by paying for their continued membership and visiting them often. Unit 289 (Imperial Beach) generously give monetary donations to Children’s Hospital of San Diego, Navy Relief, Warrior Foundation and others. Marilyn Quesnel of Unit 289 was chosen by our National President to represent the LAFRA while visiting units in the Philippines. Unit 163 (Valley of the Sun) donates boxes of coupons sometimes valued at \$200 per month in food. Many of the Southwest Units are now participating in Veterans Affairs Voluntary Service Program.

There is so much good and rewarding volunteering done in the name of the LAFRA Southwest Region that all could not be recognized in this article. No doubt that our region is making a difference and fulfilling our obligations to our communities.

Yours in Loyalty, Protection and Service,
Nadine Braudaway,
Regional President Southwest

TRIANGLE

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5515-C Patrick Circle SW
Bolling AFB, DC 20032

NON-PROFIT ORG
US POSTAGE PAID
WASHINGTON, DC
PERMIT #1029

ADDRESS SERVICE REQUESTED

REPORT OF CHANGE OF ADDRESS FOR TRIANGLE

Date: _____

Name: _____ Member No: _____

OLD ADDRESS

Street: _____

City, State, ZIP: _____

NEW ADDRESS

Street: _____

City, State, ZIP: _____

MAIL TO: DORIS FRI, NES, 510 N Silver St. Apt 2, Paola KS 66071

ALSO REMEMBER TO NOTIFY THE **MSA** OF ANY CHANGE OF ADDRESS

LAFRA, PO BOX 2086, SHINGLE SPRINGS, CA 95682-2086