

SOUTHWEST REGION WEBSITE PAGE



Southwest - Geographic Boundaries

California, south of the east-west line drawn between Monterey, Kings, Tulare and Inyo Counties to the north, and San Luis Obispo, Kern and San Bernadino Counties to the south; Nevada, south of a line running east-west from the Arizona-Utah border; Arizona, New Mexico, and Texas, west of a line extending north-south from the eastern New Mexico-Texas border. **Units:** 61 Chula Vista, 70 Poway, 84, San Diego, 163 Valley of the Sun, 289 Imperial Beach, 302 Carson

REGIONAL OFFICERS 2022-2023

PRESIDENT

Marilyn Quesnel Unit 289
951 Thermal Avenue
San Diego CA 92514
619-428-3027
mnmque@aol.com

VICE PRESIDENT

Jo Anne Dougherty Unit 289
580 5th Street
Imperial Beach CA 91932-1236
619-426-0150
j.dougherty@cox.net

CHAPLAIN

Shirley Ferrill PNC Unit 61
2712 E 14th Street
National City CA 91950-5204
619-267-2516
shirleyazf36@gmail.com

2023 REGIONAL MID-YEAR

Dates:
Location:
Reservations:
Rates:
Contact:



2023 REGIONAL CONVENTION

Dates: August 14-15, 2023
Location: Plaza Hotell & Casino
1 Main Street, Las Vegas NV 89101
Reservations: 7-800-634-6575
Mention FRA "SFLEETR"
Rates: Sunday - Wednesday \$38.00 plus
13% Tax and Resort Fee \$20.00
Contact: Chairman PRPSW John Quesnel
Jr.Br 289, Phone: 619-399-9423,
fra289bulletinchair@gmail.com
Jon Way Branch 90, Phone 702-600-7289,
wayjonk@msn.com
Marilyn Quesnel RPSW 619-205-2875
mnmque@aol.com.
Roseanne Kramlich, 619-205-2875,
roseanne_kramlich@att.net

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PICTURES TELL THE STORY



Ladies Auxiliary of the Fleet Reserve Association Southwest Region

NEWS LETTER No. 1 - 2022-2023

Regional President Southwest Marilyn Quesnel

Date: December 19, 2022

Dear LAFRA Southwest Region Members,

Greetings to all and warm wishes for a wonderful Holiday Season. First and foremost, I would like to thank you all for electing me as your LAFRA Regional President Southwest for the ensuing year 2022-2023. It is an honor and a great privilege to serve as your President. As this is my first time, it will be a learning process for me, but I don't feel that it is my duty alone, each of you have a part to work together in this office, and I will do this job to the best of my abilities.

Unfortunately, our membership continues to decline. Please let's work together to win back those who have not renewed, and to recruit new members. We also need to let all members know how our Shipmates are fighting for our benefits on the Hill. Keep in mind that more members mean more numbers and numbers mean more power.

Please get involved with your city events and have a booth promoting FRA LAFRA as often as you can to help to recruit new members. You can contact National to received pamphlet, flyers, and old FRA Today Magazines as well as information regarding the FRA Scholarship program. All this can be included in the ditty bag that you can pass out to prospective members. Also make sure you have and information sheets that you fill out, so you have a way to contact them down the line.

❖ **Southwest Regional Business:**

The Southwest Active Units are Unit 61, Chula Vista; Unit 70, Poway; Unit 84, San Diego; Unit 289, Imperial Beach; Unit 302, Carson, and Unit 163, Valley of the Sun, Arizona

❖ Correspondence:

The Quarterly Regional President Newsletter will be sent by E-mail. Postal mail will be sent with minimum printing to Presidents that do not have computer access.

❖ Phone and Texting

You can text me and/or leave voice messages on my cell phone 619-830-9462. On both text and voice, be sure to mention your Name, Unit Number, phone number and a brief message of what you need.

❖ **2022-2023 Southwest Regional Officers:**

Regional President Southwest

Name: Marilyn Quesnel, Unit 289

Address: 951 Thermal Ave San Diego, Ca 92154

Phone: (619) 830 - 9462

Email: mnmque@aol.com

Regional Vice President Southwest

Name: Jo Anne Dougherty, Unit 289

Address: 560 5th St Imperial Beach, CA 91932

Phone: (619) 857 - 5939

Email: j.dougherty@cox.net



Ladies Auxiliary of the Fleet Reserve Association Southwest Region

NEWS LETTER No. 1 - 2022-2023

Regional President Southwest Marilyn Quesnel

❖ **Southwest Regional Officers continue:**

Regional Secretary Southwest

Name: Linda Mowry Unit 289

Address: 534 5th St Imperial Beach, CA 91932

Phone: (619) 429 - 6459

Email: ibindam@cox.net

Regional Chaplain Southwest

Name: Shirley Ferrill NC Unit 61

Address: 2712 E 14th St National City, CA 91950

Phone: (619) 267 - 2516

Email: shirleyazf36@gmail.com

Regional Parliamentarian Southwest

Gail Doloway, PNP, Unit 289

3897 San Andres Ave, Las Vegas, NV 89121-6122

Phone: (702) 451 3355

Email: gaildo@embarqmail.com

Regional Junior Past President Southwest

Georgina R Hermes, Unit 61

678 Floyd Ave Chula Vista, CA 91910-6427

Phone: (619) 421-7400

Email: ghermes3@cox.net

❖ **2021-2022 Unit Report Winners, August 23, 2022, Las Vegas NV Regional Convention**

Hospital - 1st Place Group III Unit 163

Welfare - 1st Place Group II Unit 302

Unit Reports - 1st Place Group 1 Unit 61, Group II Unit 302, Group III Unit 163, 2nd Place Grp1 Unit 289

Youth Activities 1st Place Group 1 Unit 289, Group III Unit 163

Unit Activities - 1st Place Group 1 Unit 289, Group II Unit 302, Group III Unit 163

Americanism - 1st Place Group 1 Unit 289, Group II Unit 302, Group III Unit 163

Publicity - 1st Place Group 1 Unit 289, Group II Unit 302

The 2023 Southwest Regional Convention location has not been determined at this time.

National Business:

- ❖ LA FRA (National) website is <http://la-fra.org>. This is where downloads are available for: Forms, National contact information, Unit Organization procedures, National Constitution and By Laws (C BL) and Standing Rules. To download the FRA Today Magazine, go to WWW.FRA.ORG.

❖ **Congratulations to 2022-2023 National Officers:**

National President: Nadine Fulton PNVP

National Vice President: Veralyn Thomas

National Executive Secretary: Laurie Starkey



Ladies Auxiliary of the Fleet Reserve Association Southwest Region

NEWS LETTER No. 1 - 2022-2023

Regional President Southwest Marilyn Quesnel

National Officers continue:

National Financial Secretary: Brenda Horton
National Treasurer: Carolyn Whitaker PNP
Jr. Past National President: Pat Suckow

Their contact information is on the LA-FRA Website, under FORMS: 2022-2023 Who, What, and Where

❖ The 2022-2023 National Presidents project is “Warrior Foundation Freedom Station”
– Assisting, honoring, and supporting those that have bravely served our country by supplying them with quality-of-life items, support services and transitional housing. For more information go to www.warriorfoundation.org

❖ The 2022-2023 National Vice President Membership Project is “Growing Our Membership”
– First, concentrate on maintaining the members that we have and then work to increase the membership one member at a time. Most Units know there is a problem with membership, we also know that this is an ongoing issue over many years.

❖ Awards, National: Congratulations to the following Southwest Region Units:

UNIT REPORTS WINNERS:

Group 1 – 3rd Place UNIT 61, Chula Vista

Group 2 – 3rd Place UNIT 302, Carson

❖ ALL STAR RECRUITER OF THE YEAR* CONGRATULATIONS TO:

UNIT	NAME	REINSTATES	NEW	TOTAL	AMOUNT
289	Imperial Beach	23	22	45	\$50.00
61	Chula Vista	11	18	29	\$25.00

❖ The 2023 National Convention will be held at Sparks, Nevada, Nugget Casino. September 24th-30th 2023, The hotel provides free shuttle service to and from the Reno/Tahoe Airport

❖ The 2023 Pilgrimage hotel location has changed to Westin Hotel Old Town Alexandria, 400 Courthouse Square, Alexandria, VA, Phone 703 253 8600 [Dates and contacts to follow](#)

Please share & read this important message from our National Parliamentarian at your meeting. Important to know about Mandated changes in membership.

From the Desk of the National Parliamentarian:

At the Convention in Birmingham this past October 16-22, the FRA National Board of Directors and subsequently, the delegates voted to make changes to the Auxiliary C&BL, Article 3 Section 301 (a). This is a Mandate which took effect immediately at the close of the Convention (10/22/2022). The letter from the FRA reads:

“The FRA National Board of Directors have proposed, debated, and approved the following directives for the National Auxiliary action:

(1) FRA membership eligibility from the Charter of the Organization had to meet the following requirements:

- 1925 – USN, USMC Enlisted Male personnel that were transferred to the Fleet Reserve
- 1970 – Career designated Enlisted USCG and USN, USMC and USCG women personnel
- 1975 – All Active Duty Enlisted Sea Service (USN, USMC, USCG) personnel from 1st day of enlistment
- 2005 – Former Enlisted USN, USMC and USCG personnel not discharged with a Bad Conduct Discharge or Dishonorable Discharge



Ladies Auxiliary of the Fleet Reserve Association Southwest Region

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Regional President Southwest Marilyn Quesnel

(Nat,l Parliamentarian Message Cont,d)

(2) Sponsorship as it pertains to eligibility in the LA FRA must meet one of the criteria listed in paragraph (1) and the information must be verified to be after the listed dates on the proposed Sponsor's DD214." Therefore, C&BL Article 3 Section 301(a) will now read: Section 301(a). **Membership in the LA FRA shall be limited to spouses, parents, grandparents, sisters, brothers, children, stepchildren, and grandchildren not less than sixteen years of age of members of the FRA and widows, widowers, parents, grandparents, sisters, brothers, children, stepchildren, and grandchildren not less than sixteen years of age of persons who were members at the time of death or eligible to be members of the FRA at the time of death after**

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1925 – USN, USMC Enlisted Male personnel that were transferred to the Fleet Reserve
- 1970 – Career designated Enlisted USCG and USN, USMC and USCG women personnel
- 1975 – All Active Duty Enlisted Sea Service (USN, USMC, USCG) personnel from 1st day of enlistment
- 2005 – Former Enlisted USN, USMC and USCG personnel not discharged with a Bad Conduct Discharge or Dishonorable Discharge If the sponsor is still alive, they **MUST** be current members of the FRA. If the sponsor is deceased, the dates above **MUST** be verified using his/her DD214 (you **CANNOT** keep or copy the DD214).
Applications **MUST** be signed by the person in the Unit responsible signifying that the applicant AND sponsor have been vetted.

The NFS will return any forms that do not meet ALL the above criteria. If you have any questions, please feel free to contact me: 328cmrt@gmail.com or (508) 238-3607.

In Loyalty Protection and Service,

PNP Cindy Rodham Tuck National Parliamentarian 2022-23

❖ **Regional Vice President Message:**

Thank you to the members of the Southwest Region who elected me as Regional Vice President at our August Convention. My duties as Regional VP include contacting members whose dues have lapsed. It has been a pleasure speaking with several members and their responses have been positive. Maintaining our members and recruiting new members is vital to our organization. The rules for eligibility have changed and clarification is in the process. Our National President Nadine Fulton and National Parliamentarian Cindy Rodham-Tuck will address this issue with the FRA and will bring that information to us. Remember it's been said many times, many ways: keep your membership current. Throughout our Region LAFRA members are volunteering hundreds of hours to support the FRA and other causes. This time of year many Units are hosting Christmas parties for children, donating to Toys for Tots, and serving meals for those in need. All these activities are so worthwhile and appreciated by the community. Wishing all Happy Holidays and Happy New Year!
Jo Anne Dougherty
Regional VP Southwest

❖ **Southwest Unit and Member Recognitions:**

Keep the region up to date on Unit activities and Member recognition by emailing or phone call to LA FRA Regional President Southwest and Vice President Southwest, take pictures to be included in future Southwest newsletters. Also, to inform our Regional Chaplain on members who need prayers or member had passed away.



Ladies Auxiliary of the Fleet Reserve Association Southwest Region

NEWS LETTER No. 1 - 2022-2023

Regional President Southwest Marilyn Quesnel

❖ LAFRA RPSW (TENTATIVE) VISITS SCHEDULE:

UNIT	DATE	MEETING	TIME	PLACE
61	2/8/2023	2 nd Wednesday	5:00	288 Third Ave C.V. 91910
84	2/11/2023	2 nd Saturday	1:00	2926 Market St S. D. 92102 FAVA HALL
163	3/11/2023	2 nd Saturday	1100	804 E. Purdue Av Phoenix, AZ. 85020 VFW 9400
70	4/5/2023	1 st Wednesday	7:00	14231 Garden Rd Poway 92064
302	6/4/2023	1st Sunday	1:00	22400 Moneta Av Carson 90745 VETS Park
289	6/14/2023	2 nd Wednesday	7:00	659 Silver Strand Blvd 91932 I.B. CA 91932

❖ Join us as we bring in the New Year 2023!! At Club 289 659 Silver Strand Blvd. Imperial Beach CA 91932 PH 619 429 3485

\$45.00 Per person if purchased before Dec. 15

\$50.00 Per person if purchased after Dec. 15

Ticket Purchased Includes:

Dinner, Champagne toast at midnight, Party Favors, and Light Breakfast.

Entertainment: COPYCATS BAND

Happy Holidays, wishing you all Health, Happiness, and Prosperity this Holiday Season and in the Year to Come.

Yours in Loyalty, Protection and Service,
Marilyn Quesnel RPSW



Pearl Harbor Remembrance Ceremony 12/7/2022

L-R : Roseanne Kramlich Unit 289 Pres. Marilyn Quesnel RPSW, John Quesnel PRP, Kathy Bourke FRA lifetime member, Joyce Semenza



Unit 289 Annual Kids Christmas Party. Kitchen volunteer L-R: Cathy Clamp, Maureen Demby, Joanne Dougherty RVPSW, Linda Mowry, NP Nadine Fulton, PNP Mick Fulton (no Pics) Rebecca, Marilyn Quesnel RPSW, Geena Bauza, Deanna Lewandowski, Richard Mowry (Santa Clause) Joyce Zemenza, Diane Long (Mrs Clause) Pics by Cricket Clowry 12/22



FLEET RESERVE ASSOCIATION
67TH Annual REGIONAL Convention
August 12 & 13, 2024, Las Vegas, Nv

NEWSLETTER #1 (Feb 2024)

NOTES OF INTEREST

Registration:

Monday Aug 12th 2024
 Sierra Foyer 8AM – 3PM

Opening Ceremonies:

Monday, Aug 12th 2024
 Sierra Ballroom 8 & 9 @ 1600

Meet n Greet:

Hospitality Room
 Monday Aug 12th 2024

Business Sessions:

Tuesday, Aug 13, 2024

LA FRA Business Session

Sierra Ballroom 11
 9:00AM - 4:00PM.

FRA Business Session

Sierra Ballroom 8 & 9
 8:00AM - 4:00PM

Joint Installations:

Tuesday, Aug 13, 2024
 Sierra Ballroom 8 & 9 @ 1700
 5:00PM

President’s Banquet Dinner:

Tuesday, Aug 13, 2024
 Sierra Ballroom 8 & 9 @ 1800 - 2200

Greetings Shipmates and Auxiliary members of the Southwest Region. This is the 1st Newsletter for the 67th Annual Southwest Region Convention. Your Convention Committee hosting Branch/Auxiliary will be Imperial Beach Branch/Unit 289 and Las Vegas Branch 90. Attach is the Meals Form.

In this issue per the Reservations Room Coordinator, below are the breakdowns for the rooms that have been blocked for us:

Deluxe King	5 rooms	Deluxe 2 Queens	2 rooms
Mini Suite	3 rooms(currently all reserved!)		
1BR Bed suite	1 room (currently reserved)		
Luxe King	25 Rooms	Luxe 2 Queen	13 rooms

Once the totals room for each area are booked, then you will have to choose another type of room.

Remember....If you need a handicap accessible room, it will not be from this list, and all handicap accessible rooms are still in the South Tower. You can ask what blocked rooms are still available and book one of those instead.

Convention dates: August 12 & 13, 2024, and the room cutoff date is July 11, 2024. Contracted Rates are from Sunday, 11 Aug – Wednesday, 14 Aug 2024. The contracted rates vary based on the type of room reserved so make sure to ask what your rate is plus sales tax and resort fee of \$20.00. Room reservations will be for the North Tower, and you must mention that tower when you call.

For room reservations, please call 1-800-634-6575 and tell the desk clerk you are making reservation for the Fleet Reserve Association Convention group and give them the **Group Reservation Code of “SFLEETA.”** If you want to be in the South Tower, you may request that one. Room reservations, Meet n Greet and the President’s Banquet: All have the same cutoff date of July 11, 2024. ALL BRANCHES AND UNITS are very strongly encouraged to disseminate this Newsletter to ALL of your membership

Southwest Regional 2024 Convention Committee

FRA REGIONAL PRESIDENT Chris Chapman

FRA Convention Chairman

PRPSW John F. Quesnel Jr.
 Branch 289
 Tel: 619-399-9423
 Email: fra289bulletinchair@gmail.com

FRA Convention Vice Chairman

Jon Way
 Branch 90 Secretary
 Tel: 702-600-7289
 Email: wayjonk@msn.com

LA FRA REGIONAL PRESIDENT Marilyn Quesnel

LA FRA Convention Chairman

Shirley Ferrill
 Unit 61 LA FRA President
 Tel: 619-267-2519
 Email: ShirleyAZF36@gmail.com

LA FRA Convention Vice Chairman

Myrna Sales
 Unit 302 Treasurer
 Tel: 310-483-8832
 Email: MyrnaSales88@gmail.com



FLEET RESERVE ASSOCIATION
67TH Annual REGIONAL Convention
August 12 & 13, 2024, Las Vegas, Nv



NEWSLETTER #1 (Feb 2024) – Page 2

REMINDERS:

- DEADLINE FOR THE HOTEL RESERVATIONS AT THE CONTRACTED RATES IS JULY 11, 2024.
- DEADLINE AND PAYMENTS FOR THE MEET N GREET AND PRESIDENT'S BANQUET IS JULY 11 2024.
 - PRESIDENT'S BANQUET DINNER - \$50.00 PER PERSON BY July 11, 2024. AFTER THAT DATE \$55.00 PER PERSON

FRA SW REGIONAL CONVENTION 2024 FUNDRAISER VENUES

The traditional Fundraising season is ongoing until the start of the Convention. Please keep doing fundraising through your Branches/Units, and we will still be having 3-2-1 tickets, 50/50 boards, raffle baskets and prizes while at the Convention. Shipmate Regional President CHRIS CHAPMAN will be delivering 3/2/1/ Ticket Books to Branches while they conduct their Branch Visits. Shipmate Past Regional President John Quesnel is once again challenging ALL Branches/Units to sell AT LEAST 20 3/2/1 booklets per Branch/Unit. Let's see if we can meet this challenge.

We would like to thank everyone who has donated TIME, MONIES AND FOR PARTICIPATING in all of the Fundraising activities. Without your support, the Convention could not happen, so THANK YOU ALL very much.

All Reservations will be for the North Tower. South Tower will need to be requested. Standard Check-In at 4PM, Early Check in is based on availability at 12PM. Check Out 11AM. Complimentary wireless internet access. Bathrooms have complimentary toiletries and hair dryers. Iron/Board, combination safes and desks. Phones local calls free. Complimentary earplugs for North Tower rooms Coffee Pots only available for suites, Studios, and Penthouses. No Microwaves. Wheelchairs and Scooters are \$45.00 per day. If you need the handicap bathroom rooms, you need to signify that when you make reservations as well. There will be a \$100.00 charge for amenities added to your bill on check in, it will be released on checkout if nothing to be charged. If you are going to go down the strip, use UBER or LYFT.

MENU'S

Business Sessions rooms will have regular Coffee (with coffee condiments) and Water

Meet and Greet Menu: To be determined next issue \$15.00 Per Person, \$20 after July 11 2024.

President Banquet All American Menu Buffet: To be promulgated with the next newsletter. Will be - \$50.00 Per Person, \$55.00 after July 11 2024.



FLEET RESERVE ASSOCIATION
67TH Annual REGIONAL Convention
August 12 & 13, 2024, Las Vegas, Nv



Meet & Greet	
*Cost will increase to \$20 if reserved after July 11, 2024	
Monday August 12 th 2024 @ 1730 (5:30PM) Number of Meals:	X \$15.00 Total ->>

Cheese Platter, Vegetable Platter, Sliced Fruit Platter, Chicken Wings

Presidents Banquet	
*Cost will increase to \$55 if reserved after July 11, 2024	
Tuesday August 13 th 2024 @ 1800 (6:00PM) Number of Meals:	X \$50.00 Total ->>

DINNER BUFFET

Shipmate / Unit Member Name:		Name(s) of other Party:			
Branch / Unit Number:		Total Amount Enclosed by cash or check:			
For credit card payments (MasterCard or Visa) complete the information below. Note: The credit card transaction will show up on your statement as a charge from "BEACCAUS"					
Credit Card Number					
Name on Credit Card					
Full Billing Address on Credit Card	Street	City		State	Zip Code
Card Expiration Date	Month	Year	3-Digit CVV code on back of card		
DEADLINE: Payment must be received no later than July 11, 2024; prices increase after. Make checks payable to: FRA Branch 289 Regional Convention Account					

UPDATED NL2

Mar 2024

Mail form and Payment to:

SWR CONVENTION TREASURER/FRA BRANCH 289
ATTN: JOHN QUESNEL
659 SILVER STRAND BLVD
IMPERIAL BEACH, CA 91932

